



# Athletics Canada/Run Canada Measurement Certificate

Name of the course Emilie's Run Distance 5 km  
Location (city) Ottawa (province) Ontario  
Type of course: road race ☒ calibration track Configuration: Loop  
Type of surface: paved 100 % dirt \_\_\_\_\_ % gravel \_\_\_\_\_ % grass \_\_\_\_\_ % track \_\_\_\_\_ %  
Elevation (meters above sea level) Start 65 m Finish 61 m Highest 65 m Lowest 48 m  
Straight line distance between start & finish 220 m Drop 0.8 m/km Separation 4.4 %  
Measured by (name, address, phone & e-mail) Dave Yaeger 1254 Albany Drive  
Ottawa, Ontario, K2C 2L5 613-738-4160 x5287  
Race contact (name, address & phone) Terry McKinty 411 Lefebvre Way  
Ottawa, Ontario, K1E 2W5 613-834-0656  
Measuring Methods: bicycle ☒ steel tape electronic distance meter  
Number of measurements of entire course: 2 Date(s) when course measured: June 15/2014  
Race date: June 21/2014 Course paperwork submission date: June 19/2014  
Expires: Dec. 31/2023 (if applicable) Certification code: ON-2014-053-BDC

Notice to Race Director  
Use this Certification Code in *all* public  
announcements relating to your race.

## Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If *any* changes are made to the course, this certification becomes void, and the course must then be recertified.

**Validation of Course** — In the event a National Open Record is set on this course, or at the discretion of Athletics Canada/Run Canada, a validation remeasurement may be required to be performed by a qualified measurer. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

*This certification expires on December 31 in the year 2023*

AS NATIONALLY CERTIFIED BY:

Bernard Conway Date: June 22/2014  
Bernard Conway - Athletics Canada/Run Canada National Certifier  
- IAAF/AIMS Grade A Measurer  
- USATF/RRTC Final Signatory

67 Southwood Crescent, London, Ontario, Canada, N6J 1S8  
Phone: 519-641-6889 (H) Fax: 519-641-6889 E-mail: [measurer@rogers.com](mailto:measurer@rogers.com)

# EMILIE'S RUN - 5KM - OTTAWA, ONTARIO

Start West end of Rockcliffe Parkway Bridge over the Aviation Parkway. See detail.

1 km Rockcliffe Parkway - S side 115m E of Marina Dr signpost on N side.

2 km Rockcliffe Parkway - S side 76m E paved path to Blair Rd..

Turn Rockcliffe Parkway - S side 10.7m E of E side of paved path to Rebecca Cres. PK Nail 0.3m from edge of pavement.

2.5 km Rockcliffe Parkway - N side 67 W of Turn.

3 km Rockcliffe Parkway - N side 32m E of E end of Railing on Bridge W of Blair Rd.

4 km Rockcliffe Parkway - N side 1m W of paved path beside Marina Drive.

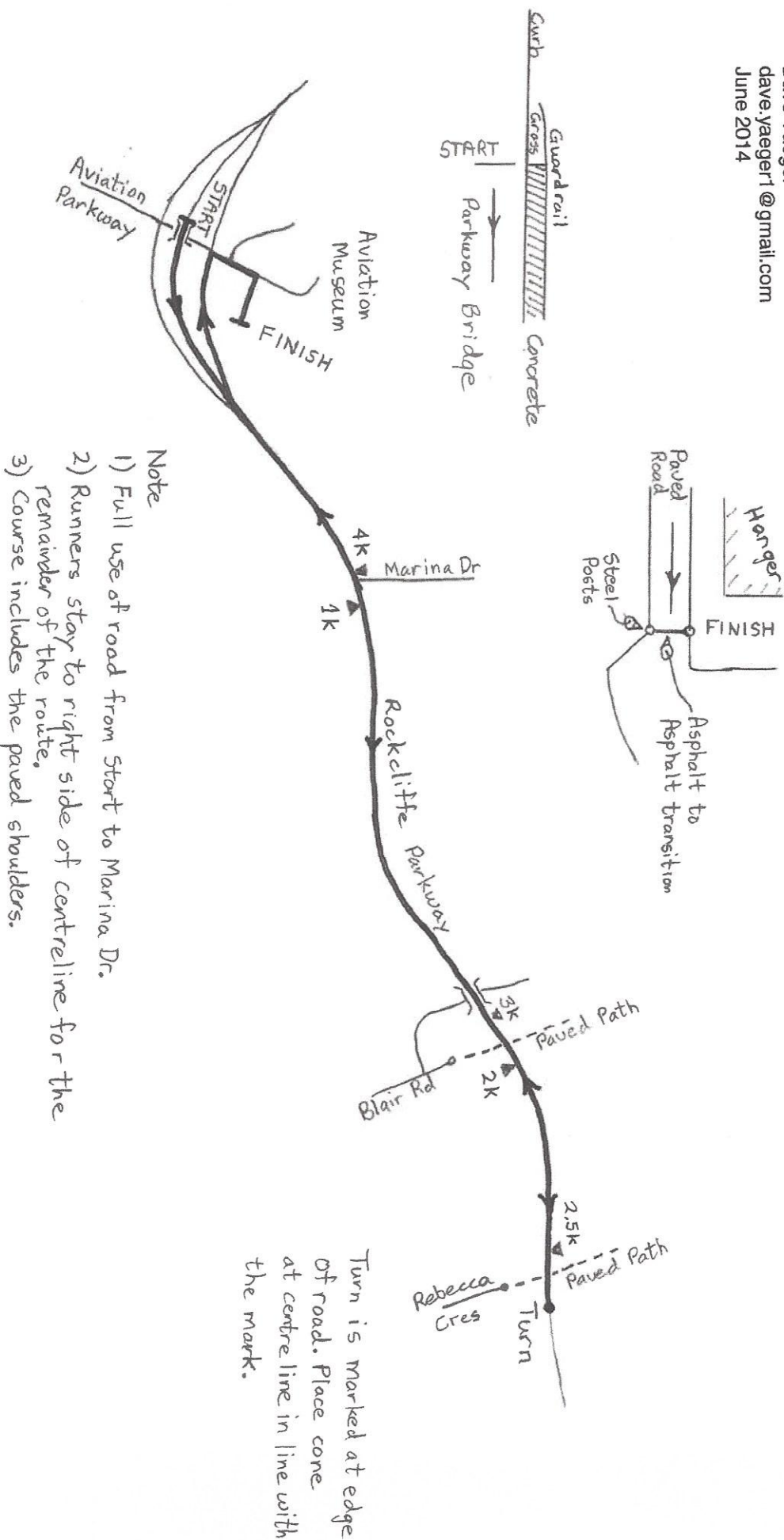
5 km On paved road in front of Aviation Museum Hanger. See detail.

## Measurement and Map

Dave Yaeger

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June 2014



Athletics Canada Certified  
ON-2014-053-BDC

Certification Expires Dec. 31/2023