To the same of the

Athletics Canada/Run Canada Measurement Certificate

| Name of the course | Trot To T | he Beach 5 k | m | Distance | 5 km | | |
|---|-------------------------|-----------------|-----------------|--------------------------|----------|--------|--|
| Location (city) | Erieau | (provin | ce) | Ontario | | | |
| Type of course: road race | X calibration | track | Configuration | guration: Point to Point | | | |
| Type of surface: paved 10 | 0% dirt | % gravel | % gra | ss% | track | % | |
| Elevation (meters above sea lev | vel) Start 174 m | Finish174 | 4 m Highe | est 174_m | _Lowest | 174 m | |
| Straight line distance between s | start & finish | 4.5 km | Drop 0 | m/km Sep | paration | 90% | |
| Measured by (name, address, phone & e-mail) Bernard Conway 67 Southwood Crescent | | | | | | | |
| London, Ontario, N6J 1S8 519-641-6889 measurer@rogers.com | | | | | | | |
| Race contact (name, address & phone) John Te Sligte 19560 Erieau Rd. | | | | | | | |
| Blenheim, ON, NOP 1A0 519-676-8211 | | | | | | | |
| Measuring Methods: bicycle X steel tape electronic distance meter | | | | | | | |
| Number of measurements of entire course: 2 Date(s) when course measured: May 8/2014 | | | | | | | |
| Race date: June 1/ | 2014 Cours | e paperwork sub | omission date:1 | May 11/201 | 4 | | |
| Expires: Dec. 31/20 | (if applicable |) | Certifica | tion code: ON | -2014-02 | 22-BDC | |

Notice to Race Director
Use this Certification Code in *all* public announcements relating to your race.

Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If *any* changes are made to the course, this certification becomes void, and the course must then be recertified.

Validation of Course — In the event a National Open Record is set on this course, or at the discretion of Athletics Canada/Run Canada, a validation remeasurement may be required to be performed by a qualified measurer. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

This certification expires on December 31 in the year 2023

| Bernar Donway? | Date: | May 11/2014 |
|----------------|-------|-------------|
| | | |

AS NATIONALLY CERTIFIED BY:

Bernard Conway - Athletics Canada/Run Canada National Certifier

- IAAF/AIMS Grade A Measurer

- USATF/RRTC Final Signatory

67 Southwood Crescent, London, Ontario, Canada, N6J 1S8

Phone: 519-641-6889 (H) Fax: 519-641-6889 E-mail: measurer@rogers.com

frot To The Beach 5 km

START - 28.75 m east of sign for 18032 Erie Shore Dr.

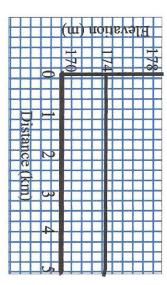
km - 1 m west of hydropole AJZFHT, 10 m west of 50 kph sign, by the black muck farm with the hydro box & hydropoles going into the field on Erieau Rd.

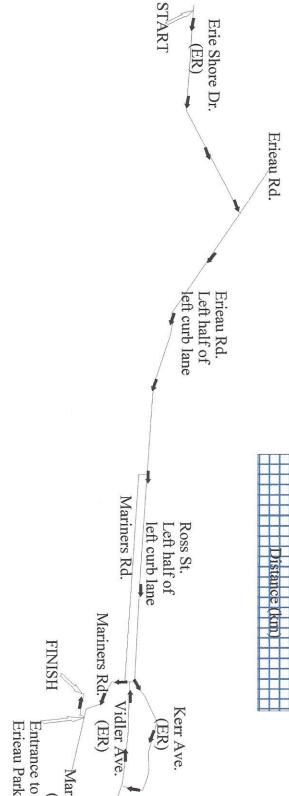


3 km - middle of driveway of 750 Mariners Rd.

4 km - even with east side of white fence at 1450 Vidler Ave.

5 km Finish - runners enter gate into park from Mariners Rd., turn right and run across parking lot and go through widest gap of concrete posts onto grass. Finish is even with the front of the house (minus veranda) at 20 Trojek Ave.





Mariners Rd.

Athletics Canada Certified ON-2014- 022-BDC

Certification expires Dec. 31/2023