



Athletics Canada/Run Canada
Measurement Certificate

Name of the course Manotick 10 Miler Distance 10 miles
Location (city) Manotick (province) Ontario
Type of course: road race calibration track Configuration: Loop
Type of surface: paved 100 % dirt % gravel % grass % track %
Elevation (meters above sea level) Start 90 m Finish 95 m Highest 97 m Lowest 85 m
Straight line distance between start & finish 190 m Drop -0.3 m/km Separation 1.2 %
Measured by (name, address, phone & e-mail) Dave Yaeger 1254 Albany Drive
Ottawa, ON, K2C 2L5 and Brendan Lhuiginn
Race contact (name, address & phone) Laura Glasper 5512 Woodeden Drive
Unit #44, Manotick, ON, K4M 1B4
Measuring Methods: bicycle steel tape electronic distance meter
Number of measurements of entire course: 2 Date(s) when course measured: April 6/2014
Race date: April 27/2014 Course paperwork submission date: April 10/2014
Expires: Dec. 31/2023 (if applicable) Certification code: ON-2014-005-BDC

Notice to Race Director
Use this Certification Code in *all* public
announcements relating to your race.

Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If *any* changes are made to the course, this certification becomes void, and the course must then be recertified.

Validation of Course — In the event a National Open Record is set on this course, or at the discretion of Athletics Canada/Run Canada, a validation remeasurement may be required to be performed by a qualified measurer. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

This certification expires on December 31 in the year 2022

AS NATIONALLY CERTIFIED BY:

Bernard Conway
Bernard Conway - Athletics Canada/Run Canada National Certifier
- IAAF/AIMS Grade A Measurer
- USATF/RRTC Final Signatory

Date: April 16/2014

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