



Athletics Canada/Run Canada
Measurement Certificate

Name of the course Carved by the Sea 10k Distance 10 km
Location (city) Bay Roberts (province) NL
Type of course: road race calibration track Configuration: Loop
Type of surface: paved 100 % dirt % gravel % grass % track %
Elevation (meters above sea level) Start 17 m Finish 17 m Highest 36 m Lowest 0 m
Straight line distance between start & finish 80 m Drop 0 m/km Separation 0.8 %
Measured by (name, address, phone & e-mail) Steve Delaney 126 Topsail Road
St. John's, NL, A1E 2A8 709-579-2342
Race contact (name, address & phone) Keith Day 26 Glenview Terrace
St. John's, NL, A1E 3H7 709-685-3726
Measuring Methods: bicycle steel tape electronic distance meter
Number of measurements of entire course: 2 Date(s) when course measured: July 6/2014
Race date: July 20/2014 Course paperwork submission date: July 21/2014
Expires: Dec. 31/2023 (if applicable) Certification code: NL-2014-081-BDC

Notice to Race Director
Use this Certification Code in *all* public
announcements relating to your race.

Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If *any* changes are made to the course, this certification becomes void, and the course must then be recertified.

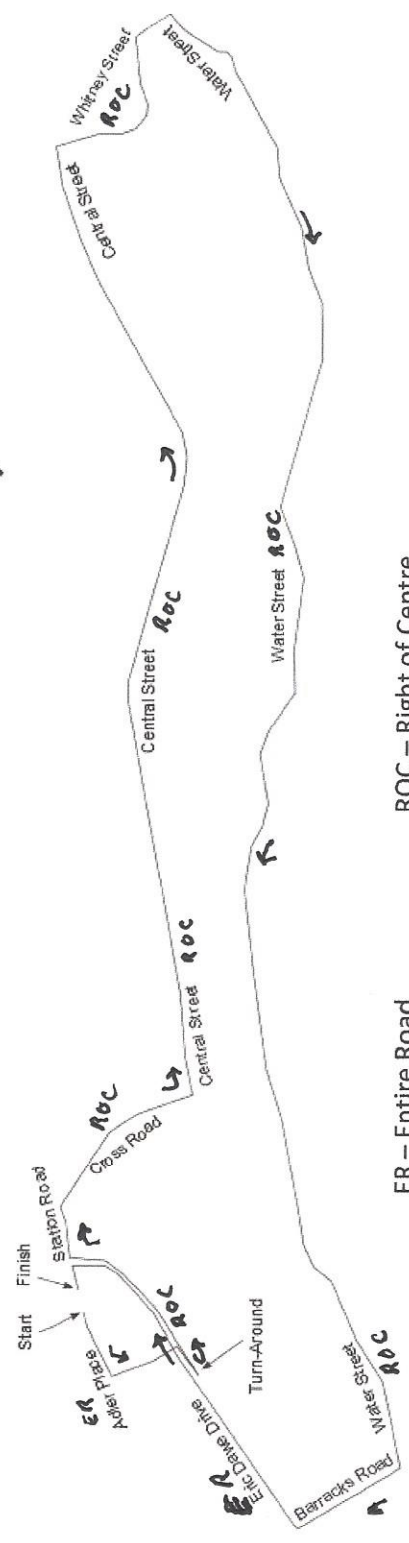
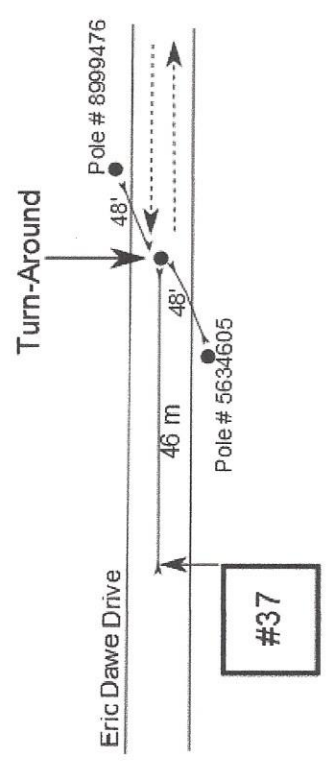
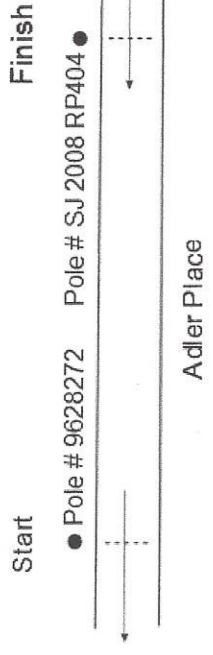
Validation of Course — In the event a National Open Record is set on this course, or at the discretion of Athletics Canada/Run Canada, a validation remeasurement may be required to be performed by a qualified measurer. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

This certification expires on December 31 in the year 2023

AS NATIONALLY CERTIFIED BY:

Bernard Conway Date: Aug. 5/2014
Bernard Conway Athletics Canada/Run Canada National Certifier
- IAAF/AIMS Grade A Measurer
- USATF/RRTC Final Signatory

67 Southwood Crescent, London, Ontario, Canada, N6J 1S8
Phone: 519-641-6889 (H) Fax: 519-641-6889 E-mail: measurer@rogers.com



ER - Entire Road

ROC - Right of Centre

Athletics Canada Certified

Certification Expires Dec. 31/2023

NL-2014-081-BDC