



Athletics Canada/Run Canada
Measurement Certificate

Name of the course Humber Valley Marathon Event 10 km Distance 10 km
Location (city) Corner Brook (province) NL
Type of course: road race calibration track Configuration: _____
Type of surface: paved 100 % dirt _____ % gravel _____ % grass _____ % track _____ %
Elevation (meters above sea level) Start 21 m Finish 21 m Highest 21 m Lowest 21 m
Straight line distance between start & finish 0 m Drop 0 m/km Separation 0 %
Measured by (name, address, phone & e-mail) Steve Howlett

Race contact (name, address & phone) Mervyn Dean 95 Corner Brook, NL, A2H 2R5
Or Patrick Brewer 43 Raymond Heights, Corner Brook, NL, A2H 2S2

Measuring Methods: bicycle steel tape electronic distance meter
Number of measurements of entire course: 2 Date(s) when course measured: Oct. 2&3, 2009
Race date: Oct. 5/2014 Course paperwork submission date: Sept. 5/2014
Expires: Dec. 31/2018 (if applicable) Certification code: NL-2009-166-BDC

Notice to Race Director
Use this Certification Code in *all* public
announcements relating to your race.

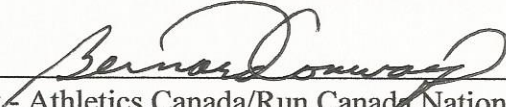
Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If *any* changes are made to the course, this certification becomes void, and the course must then be recertified.

Validation of Course — In the event a National Open Record is set on this course, or at the discretion of Athletics Canada/Run Canada, a validation remeasurement may be required to be performed by a qualified measurer. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

This certification expires on December 31 in the year 2018

AS NATIONALLY CERTIFIED BY:



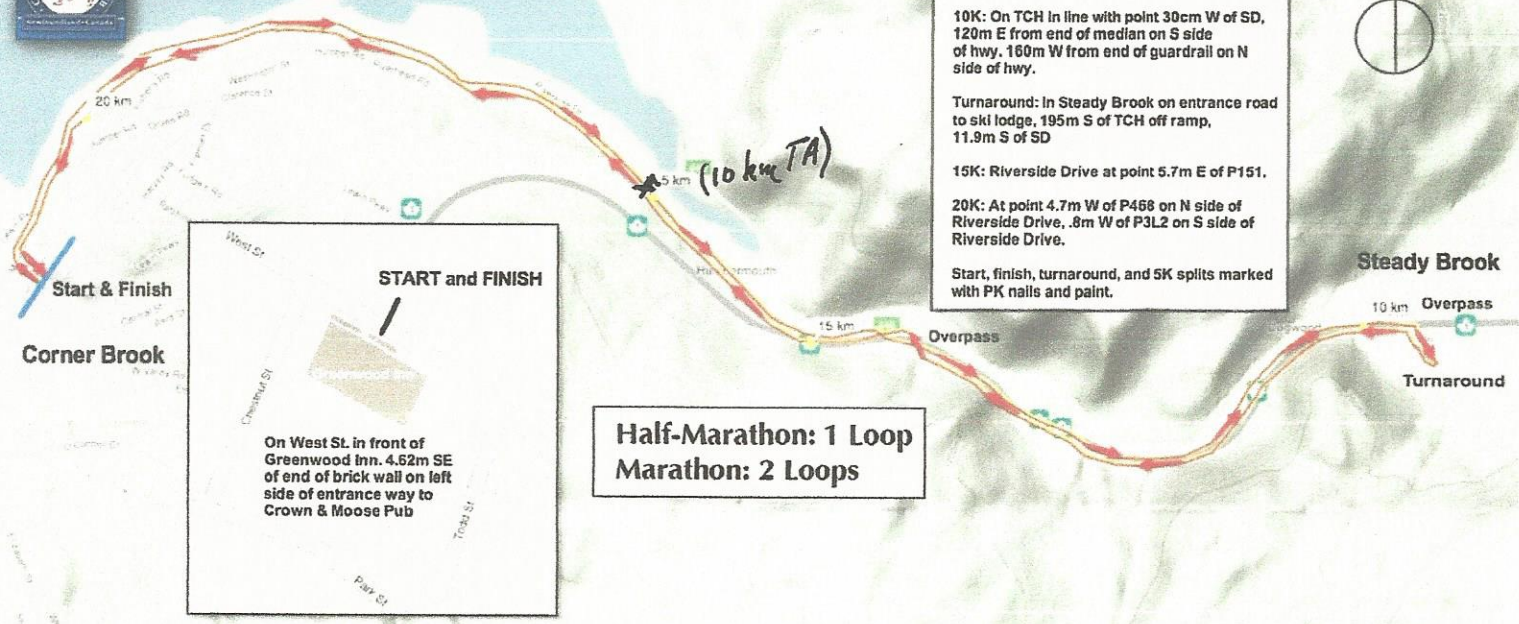
Bernard Conway - Athletics Canada/Run Canada National Certifier
- IAAF/AIMS Grade A Measurer
- USATF/RRTC Final Signatory

Date: Sept. 27/2014

67 Southwood Crescent, London, Ontario, Canada, N6J 1S8
Phone: 519-641-6889 (H) Fax: 519-641-6889 E-mail: measurer@rogers.com



Humber Valley Marathon & Half-Marathon



START and FINISH

On West St. in front of Greenwood Inn. 4.52m SE of end of brick wall on left side of entrance way to Crown & Moose Pub

**Half-Marathon: 1 Loop
Marathon: 2 Loops**

SPLITS

5K: S side of Riverside Drive at P116, 8.4m E of SD. 10.4m W of SD near P117.

10K: On TCH in line with point 30cm W of SD, 120m E from end of median on S side of hwy. 160m W from end of guardrail on N side of hwy.

Turnaround: In Steady Brook on entrance road to ski lodge, 195m S of TCH off ramp, 11.9m S of SD

15K: Riverside Drive at point 5.7m E of P151.

20K: At point 4.7m W of P456 on N side of Riverside Drive, .8m W of P3L2 on S side of Riverside Drive.

Start, finish, turnaround, and 5K splits marked with PK nails and paint.

Athletics Canada Certified

NL-2009-166-BDC

Certification Expires Dec. 31/2023