

Athletics Canada/Run Canada Measurement Certificate

| Name of the course Rock and Roll - Vancouver 10K | | | | | tance 10 |) km |
|--|---|--|--|--|---|--|
| cation (city) Vancouver | | (province) | | | BC | |
| | | | | 9% | | |
| paved 100 | % dirt | % gravel | % g | rass | % track | % |
| | | | | | | |
| | | | | | | |
| , address, phone | e & e-mail) | Quinton J | ansen 12 | 5 Mary S | St. | |
| y, BC, V3E | 2N9 604 | -831-2471 | and Mar | k Willian | ms | |
| , address & pho | ne) J o | ordan Myers | 305-252 | 0 Manito | oba St. | |
| , BC, V5Y | 3A6 6 | 04-733-5444 | 4 | | | |
| : bicycle X | steel tape | electroni | c distance meter | | | |
| ments of entire | course: 2 | Date(s) when c | ourse measured: | Oct. 2 | 2&14, 2014 | |
| | | | | | | |
| 31/2023 | (if applica | ble) | Certif | ication code: | BC-2014- | L22-BDC |
| | bove sea level) the between start to, address, phone to, address & phone to, address & phone to, BC, V5Y to bicycle X toments of entire to cat. 26/20 | Vancouver road race X calibration roaved 100 % dirt bove sea level) Start 37 re between start & finish r, address, phone & e-mail) y, BC, V3H 2N9 604 r, address & phone) Jo r, BC, V5Y 3A6 6 re bicycle X steel tape rements of entire course: 2 Oct. 26/2014 Co | Vancouver (provocad race X calibration track baved 100 % dirt % gravel bove sea level) Start 37 m Finish 630 m e between start & finish 630 m quinton 3 y, BC, V3H 2N9 604-831-2471 gaddress & phone Jordan Myers BC, V5Y 3A6 604-733-5444 sie bicycle X steel tape electronic ments of entire course: 2 Date(s) when course course paperwork steel and paperwork steel start and paperwork steel start and paperwork steel start and paperwork steel start and paperwork start an | Vancouver (province) road race X calibration track Configurate baved 100 % dirt % gravel % g bove sea level) Start 37 m Finish 4 m Hig re between start & finish 630 m Drop 3.3 re, address, phone & e-mail) Quinton Jansen 12 re, BC, V3H 2N9 604-831-2471 and Mark start & finish 604-831-2471 and Mark re, address & phone) Jordan Myers 305-252 red, BC, V5Y 3A6 | Vancouver (province) road race X calibration track Configuration: roaved 100 % dirt | Vancouver (province) BC road race X calibration track Configuration: Loop roaved 100 % dirt % gravel % grass % track bove sea level) Start 37 m Finish 4 m Highest m Lowest re between start & finish 630 m Drop 3.3 m/km Separation re, address, phone & e-mail) Quinton Jansen 125 Mary St. ry, BC, V3H 2N9 604-831-2471 and Mark Williams r, address & phone) Jordan Myers 305-2520 Manitoba St. red, Configuration: Loop red, Mark Williams red, Wart Separation red, Wart Separation |

Notice to Race Director Use this Certification Code in all public announcements relating to your race.

Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If any changes are made to the course, this certification becomes void, and the course must then be recertified.

Validation of Course — In the event a National Open Record is set on this course, or at the discretion of Athletics Canada/Run Canada, a validation remeasurement may be required to be performed by a qualified measurer. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

| This certifi | cation expires on December 31 in the | year 2023 | | | |
|-------------------------------|--------------------------------------|-----------|------|---------|--|
| | AS NATIONALLY CERTIFIED | BY: | | | |
| Berni | anada/Run Canada National Certifier | Date: | Oct. | 18/2014 | |
| Bernard Conway - Athletics Ca | anada/Run Canada National Certifier | | | | |
| | Grade A Measurer | | | | |

SATF/RRTC Final Signatory

67 Southwood Crescent, London, Ontario, Canada, N6J 1S8

Phone: 519-641-6889 (H) Fax: 519-641-6889 E-mail: measurer@rogers.com

