## To Control of the Con

# Athletics Canada/Run Canada Measurement Certificate

Name of the cour	se <b>Que</b>	en City Man	rathon - Ha	lf Maratho	n Distance	21 00	75 lem	
Name of the course  Location (city)  Queen City Mark  Regina		(province)		Saskato	Saskatchewan			
Type of course:	road race X	calibration	track	Configurati	ion.			
Type of surface:	paved 100	_% dirt	% gravel	% 91	rass %	track	0/	
Elevation (meters	above sea level)	Start 574	m Finish	574 m High	hest 593 m	Lowest	%	
Elevation (meters above sea level) Start 574 m Finish 574 m Highest 593 m Lowest 560 m  Straight line distance between start & finish 0 m Drop 0 m/km Separation 0 %								
Measured by (name, address, phone & e-mail) Darryl Mailander 29 Merlin Crescent N								
Regina,	Saskatchew	an, S4R 3E	1 306-7	775-3992		- 0100001	ic n	
Race contact (name, address & phone) Doug Russell Box 37039								
Regina, Saskatchewan, S4S 7K3 866-278-6726								
Measuring Methods: bicycle X steel tape electronic distance meter								
Number of measurements of entire course:2 Date(s) when course measured: June 2/2013								
Race date:	Sept. 8/20	<b>013</b> Co	urse paperwork s	ubmission date:	July 23/2	2013		
Expires: De	ec. 31/2022	(if applica	ble)	Certific	cation code: SK	C-2013-08	9-BDC	
						Race Directo		

Notice to Race Director
Use this Certification Code in *all* public announcements relating to your race.

### Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If *any* changes are made to the course, this certification becomes void, and the course must then be recertified.

Validation of Course — In the event a National Open Record is set on this course, or at the discretion of Athletics Canada/Run Canada, a validation remeasurement may be required to be performed by a qualified measurer. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

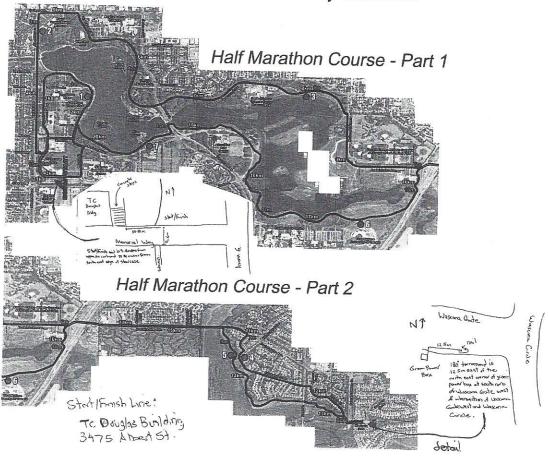
This certification expires on December 31 in the year 2022

AS NATIONALLY CERTIFIED BY:  Sernard Conway - Athletics Canada/Run Canada National Certifier  - IAAF/AIMS Grade A Measurer  - USATF/RRTC Final Signatory	Date:	July 31/2013

67 Southwood Crescent, London, Ontario, Canada, N6J 1S8

Phone: 519-641-6889 (H) Fax: 519-641-6889 E-mail: measurer@rogers.com

#### 2013 Credit Union Queen City Marathon



#### HALF Course Narrative PART 1.

- START on Memorial Way, south of TC Douglas Building, facing WEST towards Albert Street.
- Follow Memorial Way as it curves right (north) and all the way up and around, past the flower gardens until it curves right (south) onto Lakeshore Drive
- South on Lakeshore Drive, then turn right onto the pedestrian pathway at Avenue G. (where the posts are).
- Turn right onto Memorial Way, south of the TC Douglas Bldg, passing through the Starting area again.
- Run up Memorial Drive for the second time.
- Turn at FIRST LEFT (Avenue K) towards Albert Street, then turn RIGHT onto Albert.
- Turn right, heading north up east-side curb lane of Albert Street, all the way to College Avenue.
- Turn right onto College Avenue, heading east. Stay in curb lane.
- Turn right onto Wascana Drive, heading south all the way to Broad Street.
- Cross Broad Street, heading east on Wascana Drive, past Science Centre & Kramer IMAX Theatre
- Turn right (south) onto McDonald Street. STAY TO RIGHT CURB.
   McDonald St. curves to left (east) becoming Assiniboine Ave, going past Douglas Park Track.
- · Veer off road and up path to pedestrian overpass bridge.
- KEEP LEFT & SINGLE FILE ON OVERPASS BRIDGE. Yes, we said "LEFT."
- Come off overpass. KEEP LEFT and cross at Pedestrian Crossing into LEFT-HAND running lane on the south side of Assiniboine Avenue.
- · Turn right (south) onto Baneberry Drive.
- Turn right onto Edinburgh Drive.
- · Turn right onto Wetmore Crescent (your first right past Fleet Street)
- · Turn right onto Dorsey Place

#### HALF Course Narrative PART 2.

- Enter pathway between houses at south end of Dorsey Place (marked by yellow post).
- Once you emerge from between the houses, immediately TURN LEFT and follow pathway east, crossing Prince of Wales Drive and onto south lane of Wascana Gate.
- At the 2nd concrete fence post east of the big green metal SaskPower box, make a 180-DEGREE TURNAROUND around a marked point.
- Head back on same path and now stay on that path heading all the way back west toward Assiniboine Avenue.
- Turn left (west) off path onto Assiniboine Avenue. Stay in LEFT-HAND running lane, closest to curb.
- Turn right and cross at Pedestrian Crossing. KEEP LEFT on sidewalk leading to pedestrian overpass.
- KEEP LEFT & SINGLE FILE ON OVERPASS BRIDGE.
- Take left-hand path down off overpass, heading towards University.
- · Follow path closest to Wascana Lake.
- Just past the Conexus Arts Centre, veer right down path towards Broad Street pedestrian underpass.
- Turn left immediately after underpass and follow gravel path close to lake, going past Pine Island.
- Come up little hill and veer right off gravel path onto paved pathway
- Follow paved path along Wascana Lake to the Spruce Island Overlook.
   (It's a little building with a blue metal roof and the path splits off there on your left towards the intersection of Lakeshore Drive and Avenue C.)
- At the Spruce Island Overlook, you will make a 180-DEGREE LEFT TURN, going off of the path and immediately into the left-hand curb lane of Lakeshore Drive, heading south.
- Turn right (west) into the far (south) curb lane of Hill Boulevard.
- · Turn left (south) onto Memorial Way.
- ${}^{\bullet}$  Run up "Heartbreak Hump" and follow Memorial Way as it curves to the left, towards the finish line.
- Cross both sets of timing mats at the FINISH LINE!