



# Athletics Canada/Run Canada Measurement Certificate

Name of the course London Lady's Half Marathon & Relay Distance 21.0975 km  
Location (city) London (province) Ontario  
Type of course: road race ☒ calibration ☐ track ☐ Configuration: Loop  
Type of surface: paved 100 % dirt      % gravel      % grass      % track      %  
Elevation (meters above sea level) Start 232 m Finish 232 m Highest 243 m Lowest 232 m  
Straight line distance between start & finish 0 m Drop 0 m/km Separation 0 %  
Measured by (name, address, phone & e-mail) Bernard Conway 67 Southwood Crescent  
London, Ontario, N6J 1S8 519-641-6889  
Race contact (name, address & phone) Clifford A. Cadogan 352 Talbot St.  
London, Ontario, N6A 2R6 226-237-0172  
Measuring Methods: bicycle ☒ steel tape ☐ electronic distance meter ☐  
Number of measurements of entire course: 2 Date(s) when course measured: Aug. 19/2013  
Race date: Nov. 3/2013 Course paperwork submission date: Aug. 28/2013  
Expires: Dec. 31/2022 (if applicable) Certification code: ON-2013-098-BDC

Notice to Race Director  
Use this Certification Code in *all* public  
announcements relating to your race.

## Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If *any* changes are made to the course, this certification becomes void, and the course must then be recertified.

**Validation of Course** — In the event a National Open Record is set on this course, or at the discretion of Athletics Canada/Run Canada, a validation remeasurement may be required to be performed by a qualified measurer. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

*This certification expires on December 31 in the year 2022*

AS NATIONALLY CERTIFIED BY:

Bernard Conway Date: Aug. 28/2013  
Bernard Conway - Athletics Canada/Run Canada National Certifier  
- IAAF/AIMS Grade A Measurer  
- USATF/RRTC Final Signatory  
67 Southwood Crescent, London, Ontario, Canada, N6J 1S8  
Phone: 519-641-6889 (H) Fax: 519-641-6889 E-mail: [measurer@rogers.com](mailto:measurer@rogers.com)

## London Lady's Half Marathon & Half Marathon Relay

Start - is on the bikepath leading to the John Labatt Stage, even with the second lamppost (counting from the John Labatt Stage).

1 km - on bikepath between Gibbons Park and Harris Park, 58 m north of small bridge, south of the Ann St entrance to bikepath.

2 km - 26 m east of the east side of the blue metal sign at the east end of Gibbons Park pool.

**Tumaround** - on bikepath 30.14 m west of the blue metal sign at the east end of Gibbons Park pool.  
2 km. 22 m south of the entrance to the bikepath from Hwy St.

4 km - 22 m south of the first lamppost north of Queen St. Bridge

4 km - 22 m south of the first lamppost north of Queen St. Bridge on the bikepath by the playground equipment in Harris Park.

5 km - 42 m west of the west side of the Wharmcliffe St. Bridge on bikepath by the Children's Museum.

6 km - 15 km - see SW Section of map.

16 km - 48 m west of the caution sign in the triangular area at intersection of the two bikepaths south of Springbank Gardens.

17 km - 17 m west of the east end of the concrete breakwater by Woodland Cemetery on the bikepath at the

west end of Greenway Park.

18 km - on the bikepath, 8 m west of the east side of the Sewage

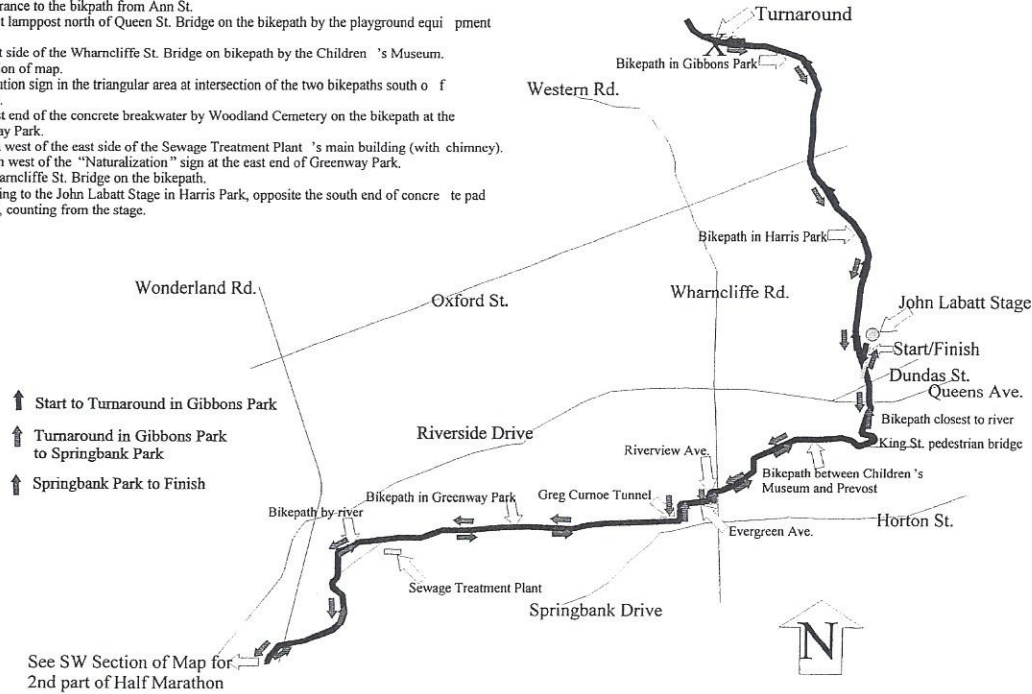
20 km - 54 m east of the Wharncliffe St. Bridge on the bikepath.

**21 km** - on the bikepath leading to the John Labatt Sta

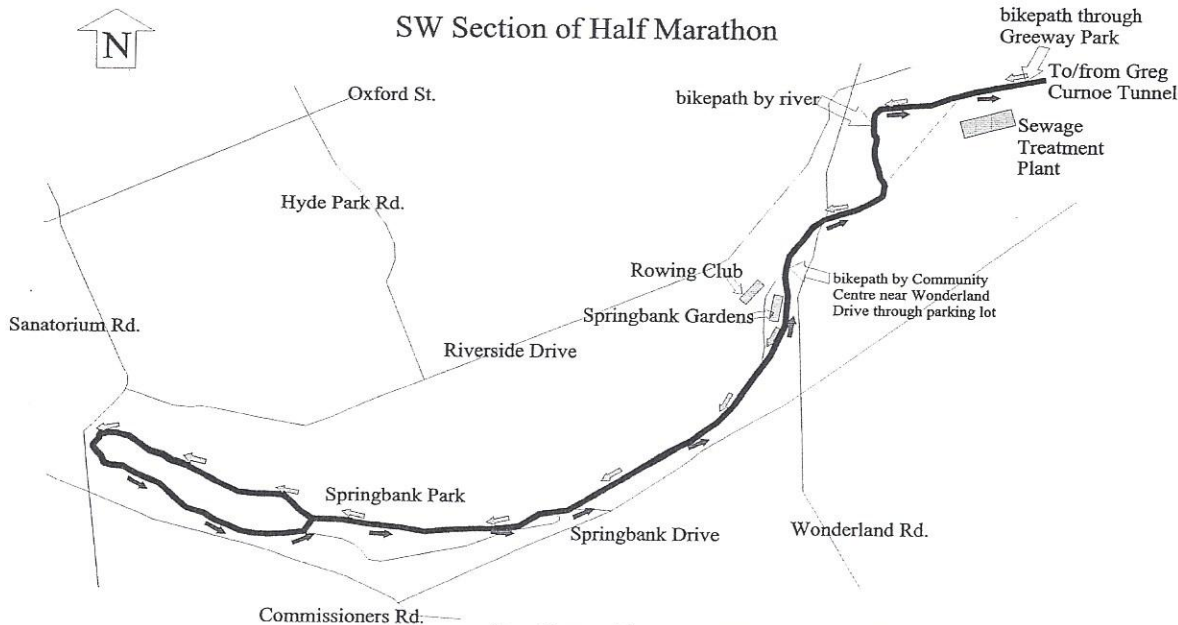
by the 5th lamppost, counting from the stage.

Finish - same as the start.

\* NE Section of Half Marathon is done first



## SW Section of Half Marathon



6 km - 17 m west of the east soccer goalpost, 24 m west of where the Coves Trail joins the bikepath at the east end of Greenway Park.

7 km - 111 m west of the west side of the main building at the Sewage Treatment Plant (with chimney)

8 km - 52 m west of the west end of the concrete breakwater by Woodland Cemetery on the road west of Greenway Park.

9 km - on the bikepath 73 m east of the wooden fences east of bridge to PUC golf course.

10 km - opposite the north end of the first bench (south side of bikepath) east of Springbank Park west of the two gnarled willow trees.

11 km - 68 m west of the front entrance to Storybook Gardens, 84 m east of the train station on the bike path.

12 km - on lower road in Springbank Park, 28 m west of the west end of the parking lot west of the dam.  
13 km - on upper road in Springbank Park, 26 m east of the west side of St. Georges Parish Community Hall.  
14 km - 42 m east of the main entrance to Storybook Gardens, on the lower road in Springbank Park, 7 m west of the side gate.

15 km - 11 m east of the bench between the 2 gnarled willows on the bikepath east of Springbank Park.

↑ Toward west end of Springbank Park

↑ From Springbank Park to Finish in Harris Park