



Athletics Canada/Run Canada
Measurement Certificate

Name of the course Pinery Provincial Park 10 km Run Distance 10 km
Location (city) Pinery Provincial Park (province) ON
Type of course: road race calibration track Configuration: Out/Back
Type of surface: paved 100 % dirt % gravel % grass % track %
Elevation (meters above sea level) Start 180 m Finish 180 m Highest 183 m Lowest 179 m
Straight line distance between start & finish 0 m Drop 0 m/km Separation 0 %
Measured by (name, address, phone & e-mail) Bernard Conway 67 Southwood Crescent
London, ON, N6J 1S8 519-641-6889 and Martin Thuss
Race contact (name, address & phone) Marty Thuss 9945 Riverview Road
Grand Bend, ON, N0M 1T0 519-238-1656
Measuring Methods: bicycle steel tape electronic distance meter
Number of measurements of entire course: 2 Date(s) when course measured: June 13/2013
Race date: Oct. 20/2013 Course paperwork submission date: June 20/2013
Replaces: (if applicable) Certification code: ON-2013-065-BDC

Notice to Race Director
Use this Certification Code in *all* public
announcements relating to your race.

Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If *any* changes are made to the course, this certification becomes void, and the course must then be recertified.

Validation of Course — In the event a National Open Record is set on this course, or at the discretion of Athletics Canada/Run Canada, a validation remeasurement may be required to be performed by a qualified measurer. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

This certification expires on December 31 in the year 2022

AS NATIONALLY CERTIFIED BY:

Date: June 22/2013

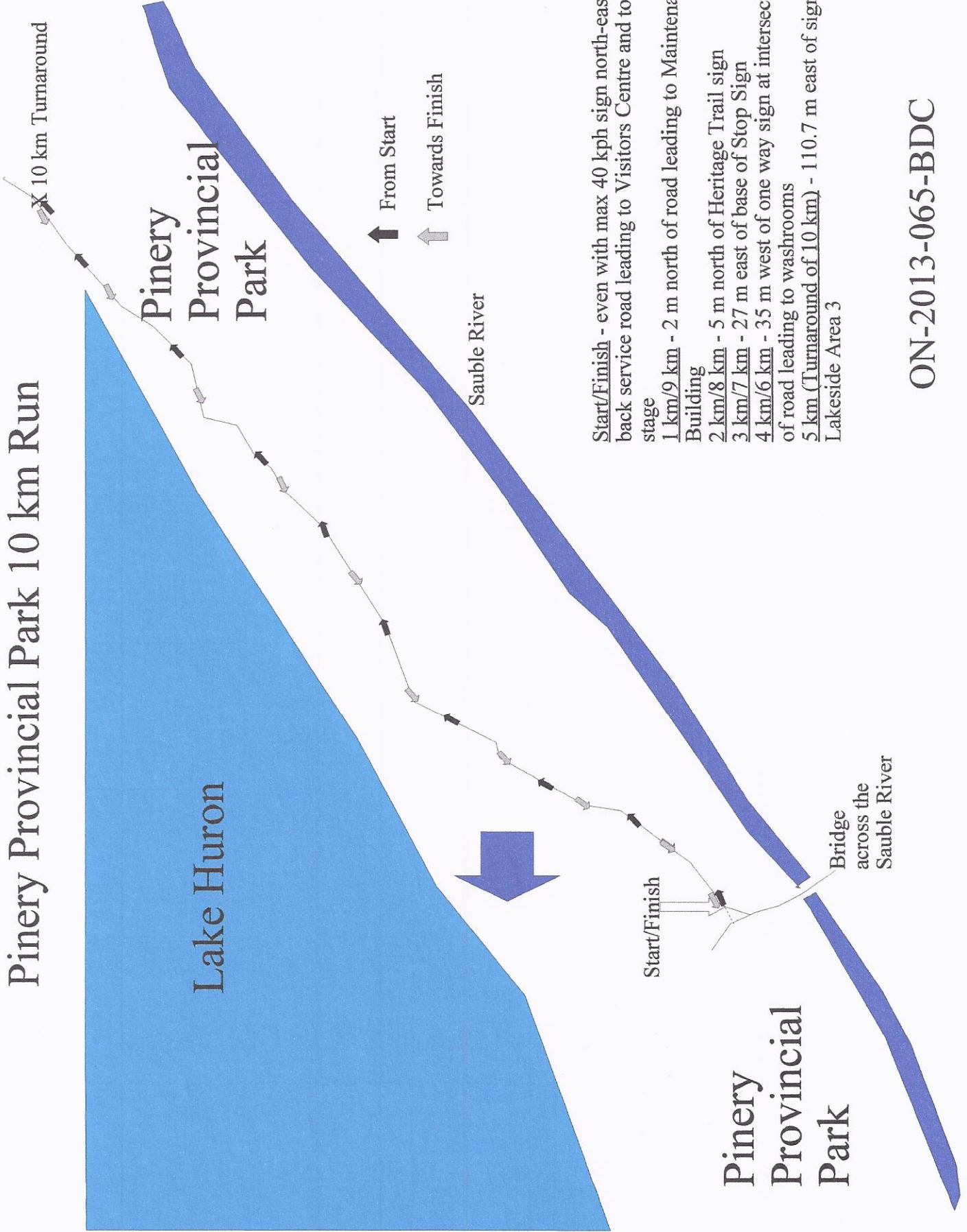
Bernard Conway - Athletics Canada/Run Canada National Certifier

- IAAF/AIMS Grade A Measurer
- USATF/RRTC Final Signatory

67 Southwood Crescent, London, Ontario, Canada, N6J 1S8

Phone: 519-641-6889 (H) Fax: 519-641-6889 E-mail: measurer@rogers.com

Pinery Provincial Park 10 km Run



- Start/Finish - even with max 40 kph sign north-east of back service road leading to Visitors Centre and to stage
- 1 km/9 km - 2 m north of road leading to Maintenance Building
 - 2 km/8 km - 5 m north of Heritage Trail sign
 - 3 km/7 km - 27 m east of base of Stop Sign
 - 4 km/6 km - 35 m west of one way sign at intersection of road leading to washrooms
 - 5 km (Turnaround of 10 km) - 110.7 m east of sign for Lakeside Area 3

ON-2013-065-BDC