



Athletics Canada/Run Canada Measurement Certificate

Name of the course That Dam Hill 100 mile Race Distance 100 mile
Location (city) London (province) Ontario
Type of course: road race ☒ calibration track Configuration: Loop (44+ laps)
Type of surface: paved 100 % dirt _____ % gravel _____ % grass _____ % track _____ %
Elevation (meters above sea level) Start 230 m Finish 226 m Highest 230 m Lowest 226 m
Straight line distance between start & finish 350 m Drop 0.025 m/km Separation 0.2 %
Measured by (name, address, phone & e-mail) Bernard Conway 67 Southwood Crescent
London, Ontario, N6J 1S8 519-641-6889
Race contact (name, address & phone) Dave Carver c/o Carver Sheetmetal
7A-954 Leathorn St., London, ON, N5Z 3M5 519-617-1379
Measuring Methods: bicycle ☒ steel tape electronic distance meter
Number of measurements of entire course: 2 Date(s) when course measured: June 1/2013
Race date: Sept. 21/2013 Course paperwork submission date: June 5/2013
Replaces: _____ (if applicable) Certification code: ON-2013-057-BDC

Notice to Race Director
Use this Certification Code in *all* public
announcements relating to your race.

Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If *any* changes are made to the course, this certification becomes void, and the course must then be recertified.

Validation of Course — In the event a National Open Record is set on this course, or at the discretion of Athletics Canada/Run Canada, a validation remeasurement may be required to be performed by a qualified measurer. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

This certification expires on December 31 in the year 2022

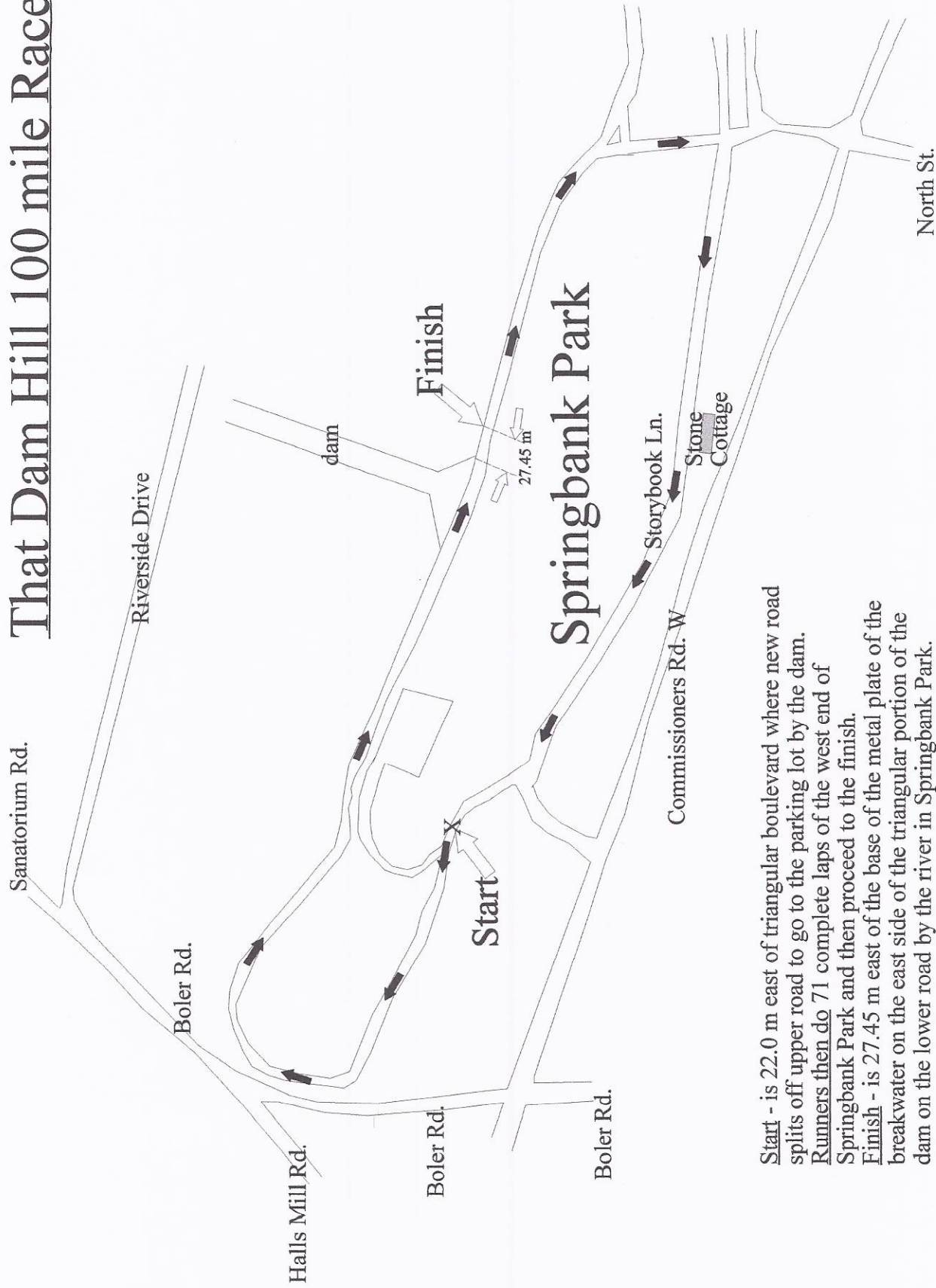
AS NATIONALLY CERTIFIED BY:

Bernard Conway Date: June 6/2013
Bernard Conway - Athletics Canada/Run Canada National Certifier
- IAAF/AIMS Grade A Measurer
- USATF/RRTC Final Signatory

67 Southwood Crescent, London, Ontario, Canada, N6J 1S8

Phone: 519-641-6889 (H) Fax: 519-641-6889 E-mail: measurer@rogers.com

That Dam Hill 100 mile Race



Start - is 22.0 m east of triangular boulevard where new road splits off upper road to go to the parking lot by the dam. Runners then do 71 complete laps of the west end of Springbank Park and then proceed to the finish.
Finish - is 27.45 m east of the base of the metal plate of the breakwater on the east side of the triangular portion of the dam on the lower road by the river in Springbank Park.

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