

Athletics Canada/Run Canada Measurement Certificate

Name of the course	Re-Fri	dgerator 8k	s yland	Distance _	8 km
Location (city)	Waterloo	(provin	ce)	Ontari	0
Type of course: road race	X calibration	track	Configuration:	98 Ap 745	Loop
Type of surface: paved 1	00 % dirt	% gravel	% grass	% tı	rack%
Elevation (meters above sea le	evel) Start 331	m Finish 3:	31 m Highest	336 m	Lowest 312 m
Straight line distance between	start & finish	0 m	Drop 0	m/km Sepa	aration0 %
Measured by (name, address,	phone & e-mail)	Keith Seco	r 32 Cal	vert Close	•
Kitchener, Onta	rio, N2R 1A2	519-748-	5489		
Race contact (name, address &	& phone)L	Loyd Schmid	t 2 Web	erllyn Cre	scent
Conestogo, Onta	ario, NOB 1NO	519-664	-1331		
Measuring Methods: bicycl	e X steel tape	electronic o	distance meter		
Number of measurements of e	entire course:2	Date(s) when cou	rse measured:	Jan. 10/2	:013
Race date: Feb. 17	7/2013 Cour	rse paperwork sub	omission date:	Jan. 28/20	13
Replaces:ON-2008-09	6-BDC (if applicabl	e)	Certification	on code: ON-	2013-009-BDC
				this Certification	Race Director on Code in <i>all</i> public

Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If any changes are made to the course, this certification becomes void, and the course must then be recertified.

Validation of Course — In the event a National Open Record is set on this course, or at the discretion of Athletics Canada/Run Canada, a validation remeasurement may be required to be performed by a qualified measurer. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

This certification expires on December 31 in the year 2021

AS NATIONALLY CERTIFIED BY:

5 SUB years	Serne Tonevay	Date:	Jan.	30/2013	
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Bernard Conway - Athletics Canada/Run Canada National Certifier

- IAAF/AIMS Grade A Measurer

- USATF/RRTC Final Signatory

67 Southwood Crescent, London, Ontario, Canada, N6J 1S8

Phone: 519-641-6889 (H) Fax: 519-641-6889 E-mail: measurer@rogers.com

Re-fridgerator 8k Course turn left on north side of Median and proceed on left side (next to median) of crosswalk Cross north of lest No. PKJ SIGN be fore Croswak BC-Breathing Crackin Curb. Runners proceed from the left BL (Bike Lane) past the right side of left s'proceed Millennium Blud. to bike lane (BL) on University Ave Ave. E North Field Dr.E. proceed to the Bike Lane (BL) on the lft side of University AUR.E (north side) Runners use bike lanes (BL) on University Ave. E ON-2013-009-BDC Bridge St. W