



# Athletics Canada/Run Canada Measurement Certificate

Name of the course Run For Mom 10 km Distance 10 km  
Location (city) Steinbach (province) MB  
Type of course: road race  calibration  track  Configuration: Loop (2 laps)  
Type of surface: paved 100 % dirt      % gravel      % grass      % track      %  
Elevation (meters above sea level) Start 250 m Finish 250 m Highest 250 m Lowest 250 m  
Straight line distance between start & finish 60 m Drop 0 m/km Separation 0.6 %  
Measured by (name, address, phone & e-mail) Murray Rose 308-290 Beliveau Road  
Winnipeg, MB, R2M 1T4 204-253-1934  
Race contact (name, address & phone) Greg Penner 21 Quail Ridge Place  
Steinbach, MB, R5G 2H3 204-346-3626  
Measuring Methods: bicycle  steel tape  electronic distance meter   
Number of measurements of entire course: 2 Date(s) when course measured: April 27/2013  
Race date: May 12/2013 Course paperwork submission date: May 6/2013  
Replaces: \_\_\_\_\_ (if applicable) Certification code: MB-2013-035-BDC

Notice to Race Director  
Use this Certification Code in *all* public  
announcements relating to your race.

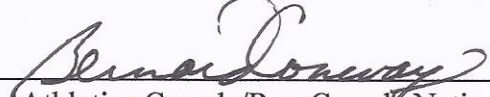
## Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If *any* changes are made to the course, this certification becomes void, and the course must then be recertified.

**Validation of Course** — In the event a National Open Record is set on this course, or at the discretion of Athletics Canada/Run Canada, a validation remeasurement may be required to be performed by a qualified measurer. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

*This certification expires on December 31 in the year 2021*

AS NATIONALLY CERTIFIED BY:

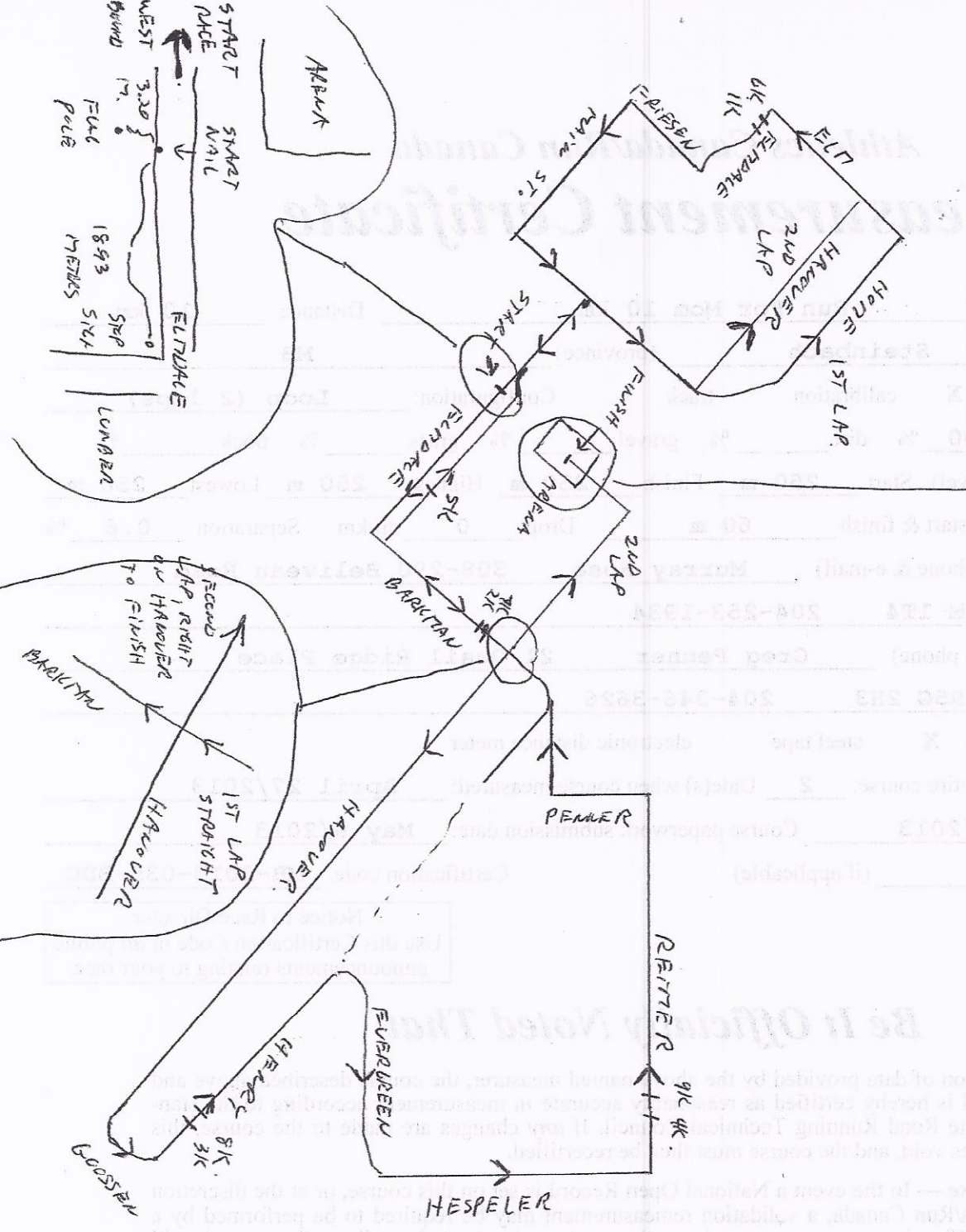
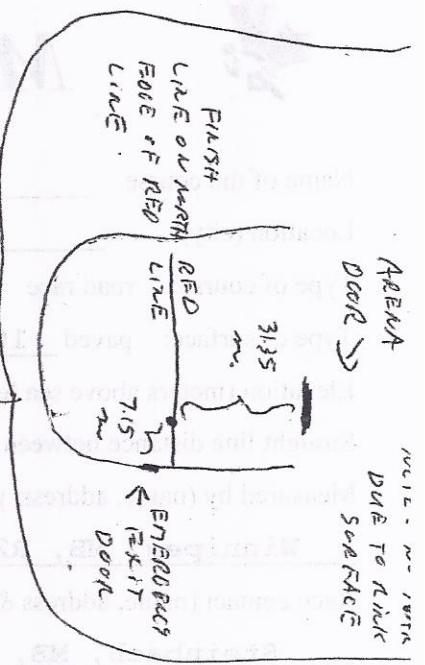
  
Bernard Conway - Athletics Canada/Run Canada National Certifier Date: May 9/2013  
- IAAF/AIMS Grade A Measurer  
- USATF/RRTC Final Signatory

67 Southwood Crescent, London, Ontario, Canada, N6J 1S8

Phone: 519-641-6889 (H) Fax: 519-641-6889 E-mail: [measurer@rogers.com](mailto:measurer@rogers.com)

RUN FOR 1207 (10:00 AM - 11:00 AM)

MB-2013-035-BDC



NOTE:  
 10 km course is 2  
 LAPS OF COURSE  
 EXCEPT WHERE INDICATED

