Athletics Canada/Run Canada
Measurement Certificate

Name of the course   **Galloping Goose – Atkins Trail 300 m Cal**   Distance   **300 m**

Location (city)   **Victoria**   (province)   **BC**

Type of course: road race ____   calibration **X**   track ____   Configuration: **Point to Point**

Type of surface: paved **X**   dirt ____   gravel ____   grass ____   track ____

Elevation (meters above sea level)   **18m**   **21 m** ____   ____

Straight line distance between start & finish   **300 m**   Drop   **0**   m/km   Separation   **100** %

Measured by (name, address, phone & e-mail)   **Gary Duncan**   **3860 Ascot Drive**

Victoria, BC, V8P 3S1   and   **Bob Reid**

Contact (name, address & phone) ____

Measuring Methods: steel tape **X**   electronic distance meter ____

Number of measurements of entire course: **two**   Date(s) when course measured: **March 23/2013**

Course paperwork submission date: **April 10/2013**

Replaces: ____ (if applicable)   Certification code: ____

BC-2013-029-BDC

Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If *any* changes are made to the course, this certification becomes void, and the course must then be recertified.

Validation of Course — In the event a National Open Record is set on this course, or at the discretion of Athletics Canada/Run Canada, a validation remeasurement may be required to be performed by a qualified measurer. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.
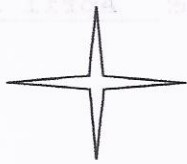
AS NATIONALLY CERTIFIED BY:

Date: **April 29/2013**

Bernard Conway - Athletics Canada/Run Canada National Certifier
- IAAF/AIMS Grade A Measurer
- USATF/RRTC Final Signatory

67 Southwood Crescent, London, Ontario, Canada, N6J 1S8

Phone: 519-641-6889 (H)   Fax: 519-641-6889   E-mail: measurer@rogers.com

**Galloping Goose - Atkins
300m Calibration**

East Endpoint

marked on centre line with nail & washer
0.11m west of 6th dash west of (11.9m) solid centre line
through curve west of rest area;
~1.1m east of centre of larger boulders on either side;
~13.0m west of pavement change;
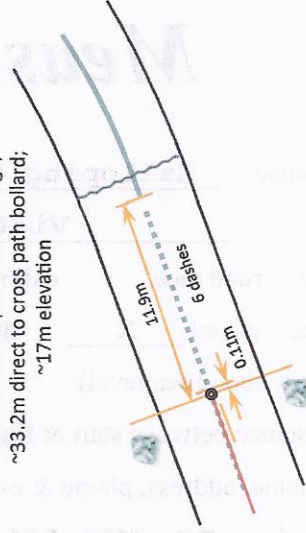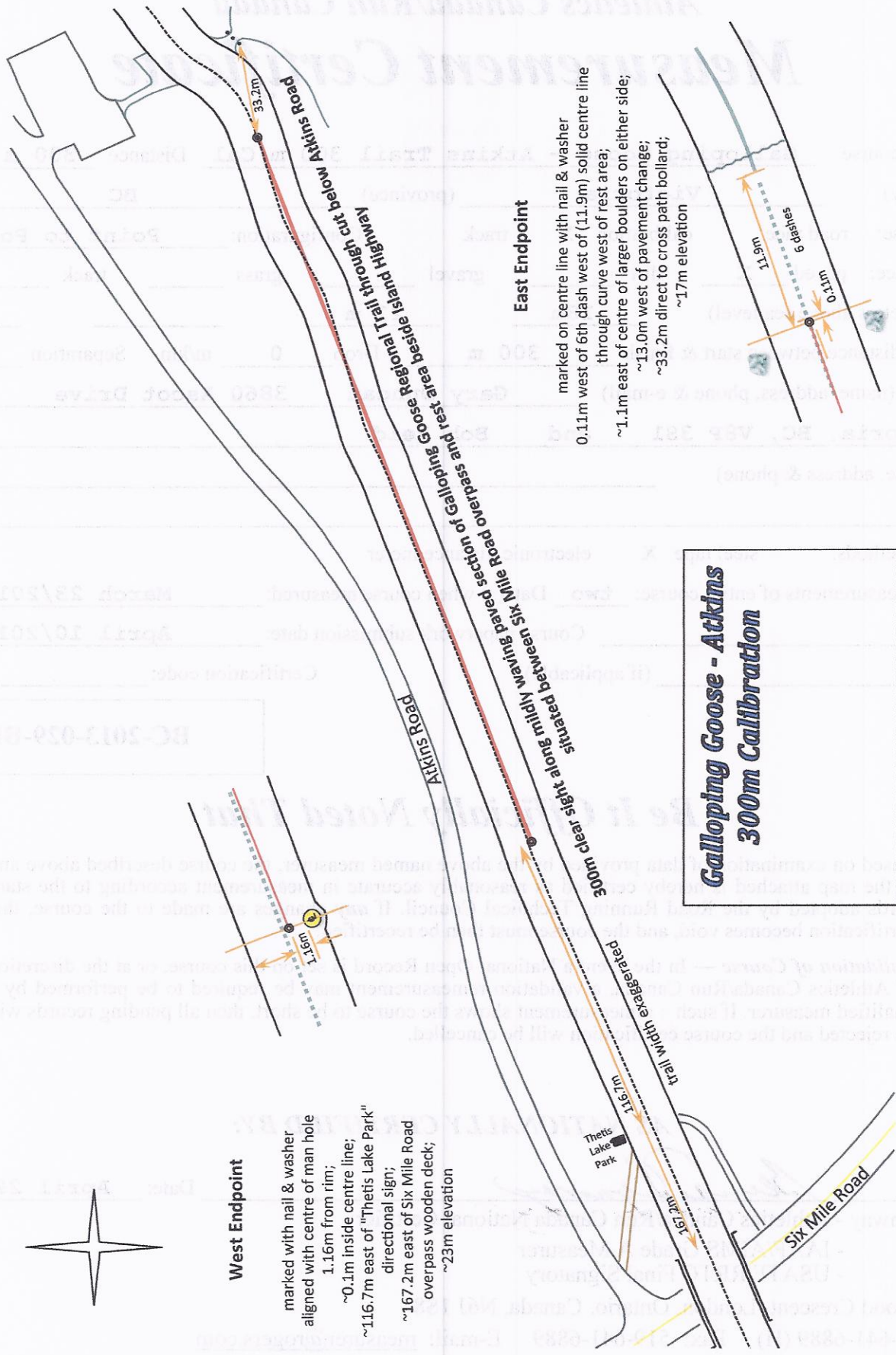~33.2m direct to cross path bollard;
~17m elevation

West Endpoint

marked with nail & washer
aligned with centre of man hole
1.16m from rim;
~0.1m inside centre line;
~116.7m east of "Thetis Lake Park" directional sign;
~167.2m east of Six Mile Road overpass wooden deck;
~23m elevation

Atkins Road

300m clear sight along mildly waving paved section of Galloping Goose Regional Trail through cut below Atkins Road situated between Six Mile Road overpass and rest area beside Galloping Goose

trail width exaggerated

Thetis Lake Park

Six Mile Road

116.7m

167.2m

33.2m

1.16m

11.9m

0.11m

6 dashes