



Athletics Canada/Run Canada Measurement Certificate

Name of the course Spring Run-Off Vancouver Distance 8 km
Location (city) Vancouver (province) BC
Type of course: road race ☒ calibration ☐ track ☐ Configuration: Loop
Type of surface: paved 100 % dirt % gravel % grass % track %
Elevation (meters above sea level) Start 23 m Finish 23 m Highest 23 m Lowest 1 m
Straight line distance between start & finish 16 m Drop 0 m/km Separation 0.2 %
Measured by (name, address, phone & e-mail) Tom Skinner 1241 E 13th Ave.
Vancouver, BC, V5T 2M2 and Geoffrey Buttner Vancouver, BC
Race contact (name, address & phone) Clifton Cunningham 176-1917 West 4th Ave
Vancouver, BC, V6J 1M7
Measuring Methods: bicycle ☒ steel tape ☐ electronic distance meter ☐
Number of measurements of entire course: 2 Date(s) when course measured: Feb. 17/2013
Race date: Mar. 24/2013 Course paperwork submission date: Mar. 4/2013
Replaces: (if applicable) Certification code: BC-2013-014-BDC

Notice to Race Director
Use this Certification Code in *all* public
announcements relating to your race.

Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If *any* changes are made to the course, this certification becomes void, and the course must then be recertified.

Validation of Course — In the event a National Open Record is set on this course, or at the discretion of Athletics Canada/Run Canada, a validation remeasurement may be required to be performed by a qualified measurer. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

This certification expires on December 31 in the year 2022

AS NATIONALLY CERTIFIED BY:

Bernard Conway Date: Mar. 5/2013
Bernard Conway - Athletics Canada/Run Canada National Certifier
- IAAF/AIMS Grade A Measurer
- USATF/RRTC Final Signatory

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Phone: 519-641-6889 (H) Fax: 519-641-6889 E-mail: measurer@rogers.com

Starting in front of the Stanley Park Pavilion, runners will head north, then take a right turn down towards the Vancouver Aquarium. Taking the path south, runners will pass through Painters' Circle, continuing on past the Lord Stanley Statue over the pedestrian bridge and under Georgia Street. Here, they will follow the path clockwise around Lost Lagoon, Seawall at Second Beach. Travelling clockwise around the Seawall until Lumbermen's Arch, runners will turn right up the hill, passing through the Japanese Canadian War Memorial and Painters' Circle before turning right at the Lord Stanley Statue and heading to the Finish Line.

