



*Athletics Canada/Run Canada*  
**Measurement Certificate**

Name of the course Chilly Chase Distance 5 km  
Location (city) Vancouver (province) BC  
Type of course: road race  calibration track Configuration: Out/Back  
Type of surface: paved 100 % dirt \_\_\_\_\_ % gravel \_\_\_\_\_ % grass \_\_\_\_\_ % track \_\_\_\_\_ %  
Elevation (meters above sea level) Start 2 m Finish 2 m Highest 8 m Lowest 1 m  
Straight line distance between start & finish 0 m Drop 0 m/km Separation 0 %  
Measured by (name, address, phone & e-mail) Paul Adams 55-678 Citadel Drive  
Port Coquitlam, BC, V3C 6M7 604-945-4604 and Mitchell Hudson  
Race contact (name, address & phone) Mitchell Hudson 1750 Ridgeway Av.  
North Vancouver, BC, V7L 3S4 778-908-4321  
Measuring Methods: bicycle  steel tape electronic distance meter  
Number of measurements of entire course: 2 Date(s) when course measured: Nov. 5/2012  
Race date: Jan. 27/2013 Course paperwork submission date: Jan. 19/2013  
Replaces: \_\_\_\_\_ (if applicable) Certification code: BC-2013-001-BDC

Notice to Race Director  
Use this Certification Code in *all* public  
announcements relating to your race.

***Be It Officially Noted That***

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If *any* changes are made to the course, this certification becomes void, and the course must then be recertified.

**Validation of Course** — In the event a National Open Record is set on this course, or at the discretion of Athletics Canada/Run Canada, a validation remeasurement may be required to be performed by a qualified measurer. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

*This certification expires on December 31 in the year 2021*

**AS NATIONALLY CERTIFIED BY:**

Bernard Conway Date: Jan. 20/2013  
Bernard Conway - Athletics Canada/Run Canada National Certifier  
- IAAF/AIMS Grade A Measurer  
- USATF/RRTC Final Signatory

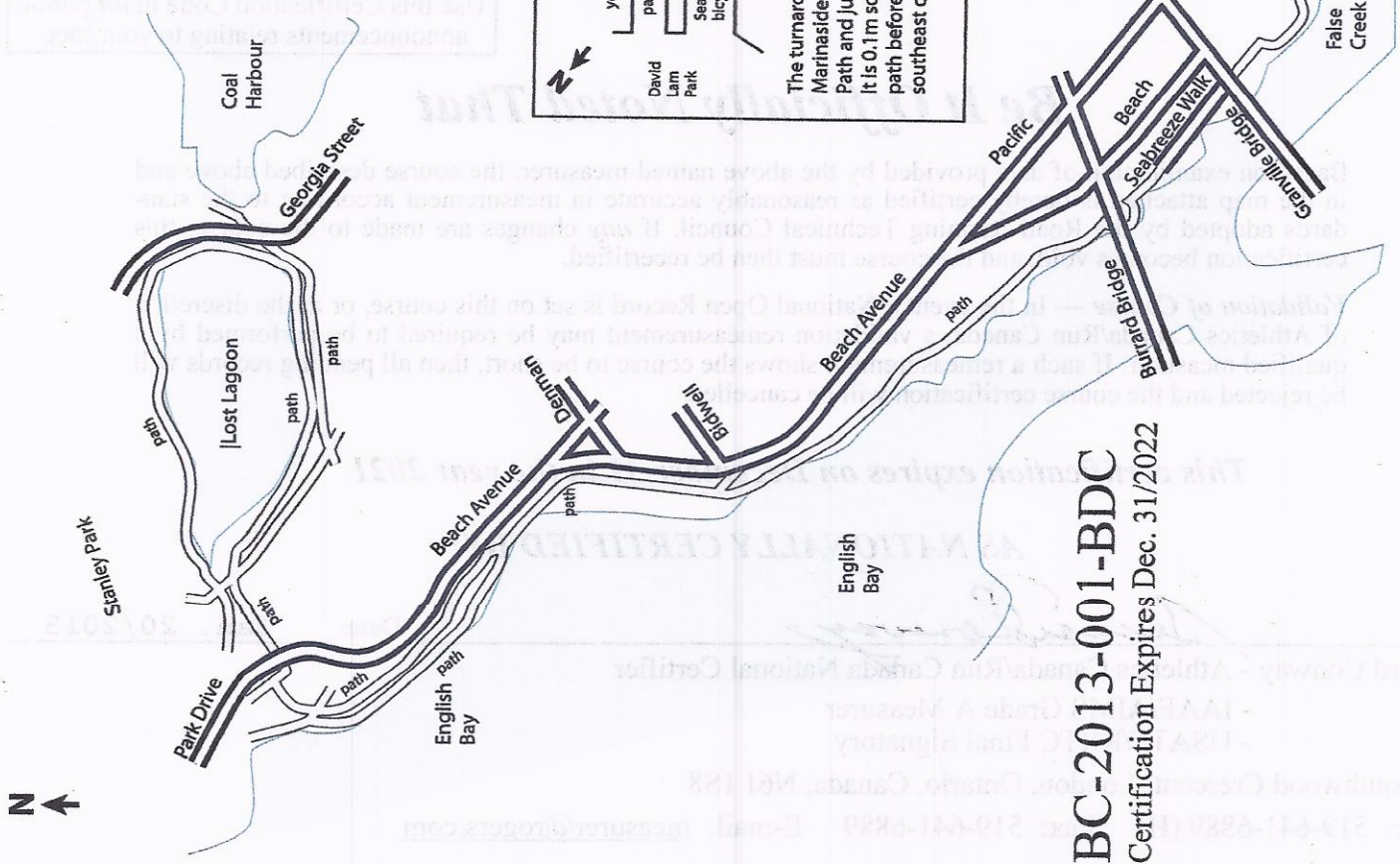
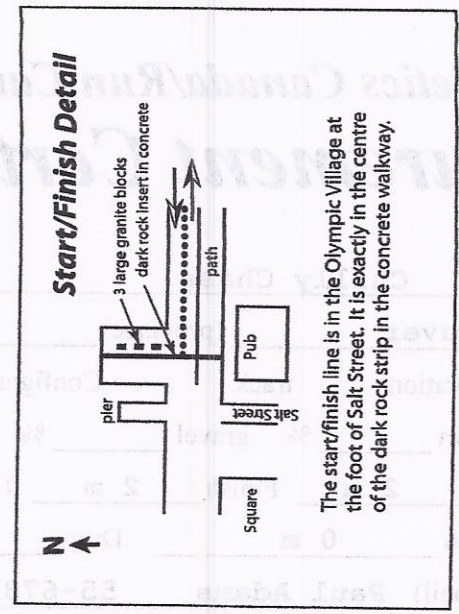
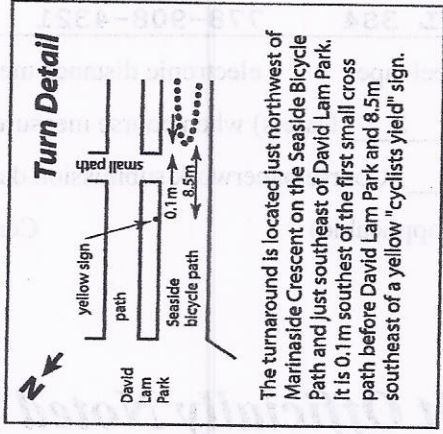
67 Southwood Crescent, London, Ontario, Canada, N6J 1S8  
Phone: 519-641-6889 (H) Fax: 519-641-6889 E-mail: [measurer@rogers.com](mailto:measurer@rogers.com)

# Chilly Chase - Vancouver, BC

## 5 km Run

**Notes:**

1. For the certification to be valid the course must be laid out as described on this map and runners must be restricted as noted in point 2.
2. From the start to the turnaround or to Stanley Park the route is on the seawall path. In many areas there are two paths in parallel, a pedestrian path and a cycle path. The route follows the pedestrian path and runners must be restricted to the pedestrian path and where the cycle path would provide a shorter distance the runners must be restricted to the pedestrian path by a positive means; for example, through the use of barriers or traffic cones.



**BC-2013-001-BDC**  
 Certification Expires Dec. 31/2022