



*Athletics Canada/Run Canada*  
**Measurement Certificate**

Name of the course Rock the House 10 K Distance 10 km  
Location (city) Calgary (province) Alberta  
Type of course: road race  calibration  track  Configuration: Loop  
Type of surface: paved 100 % dirt      % gravel      % grass      % track      %  
Elevation (feet above sea level) Start 3611 ft Finish 3611 ft Highest 3662 ft Lowest 3592 ft  
Straight line distance between start & finish 0 m Drop 0 m/km Separation 0 %  
Measured by (name, address, phone & e-mail) Jim Clampett 24 Scenic Glen Cres. NW  
Calgary, AB, T3L 1K7 403-242-2267  
Race contact (name, address & phone) Kelly Dinning 111West Campus Pl NW  
Calgary, AB, T3B 2R6 403-240-3000  
Measuring Methods: bicycle  steel tape  electronic distance meter   
Number of measurements of entire course: 2 Date(s) when course measured: Aug. 4/2013  
Race date: Sept. 23/2013 Course paperwork submission date: Aug. 8/2013  
Expires: Dec. 31/2022 (if applicable) Certification code: AB-2013-097-BDC

Notice to Race Director  
Use this Certification Code in *all* public  
announcements relating to your race.


***Be It Officially Noted That***

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If *any* changes are made to the course, this certification becomes void, and the course must then be recertified.

**Validation of Course** — In the event a National Open Record is set on this course, or at the discretion of Athletics Canada/Run Canada, a validation remeasurement may be required to be performed by a qualified measurer. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

*This certification expires on December 31 in the year 2022*

**AS NATIONALLY CERTIFIED BY:**

 Date: Aug. 14/2013  
Bernard Conway - Athletics Canada/Run Canada National Certifier  
- IAAF/AIMS Grade A Measurer  
- USATF/RRTC Final Signatory

67 Southwood Crescent, London, Ontario, Canada, N6J 1S8  
Phone: 519-641-6889 (H) Fax: 519-641-6889 E-mail: [measurer@rogers.com](mailto:measurer@rogers.com)

**ROCK THE HOUSE 10 Km Intermediate Descriptions**

- 1 Km** On 48<sup>th</sup> St N of Varsity Dr - Opposite first Snow Route sign
- 2 Km** On 48<sup>th</sup> St 94 ft S of Vienna Dr S curb line
- 3 Km** On Varsity Dr opposite house #522 front walk
- 4 Km** On 40<sup>th</sup> Ave 47 ft east of first lamp post off Varsity Rd
- 5 Km** NE corner 40<sup>th</sup> Ave and 49<sup>th</sup> St
- 6 Km** On 48<sup>th</sup> St N of Viceroy Dr - opposite first lamp post
- 7 Km** On 48<sup>th</sup> St opposite house #5019 front walk
- 8 Km** On Varsity Dr 37 ft east of Varsity Green east curb line
- 9 Km** On 40<sup>th</sup> Ave 142 ft west of Varsity Rd west curb line

All marked with orange paint, red tape and PK(Mag) Nail

