



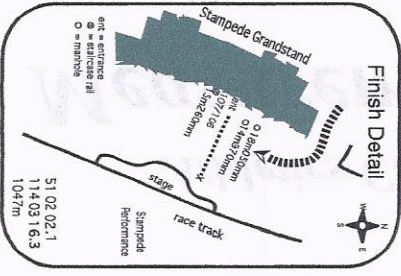
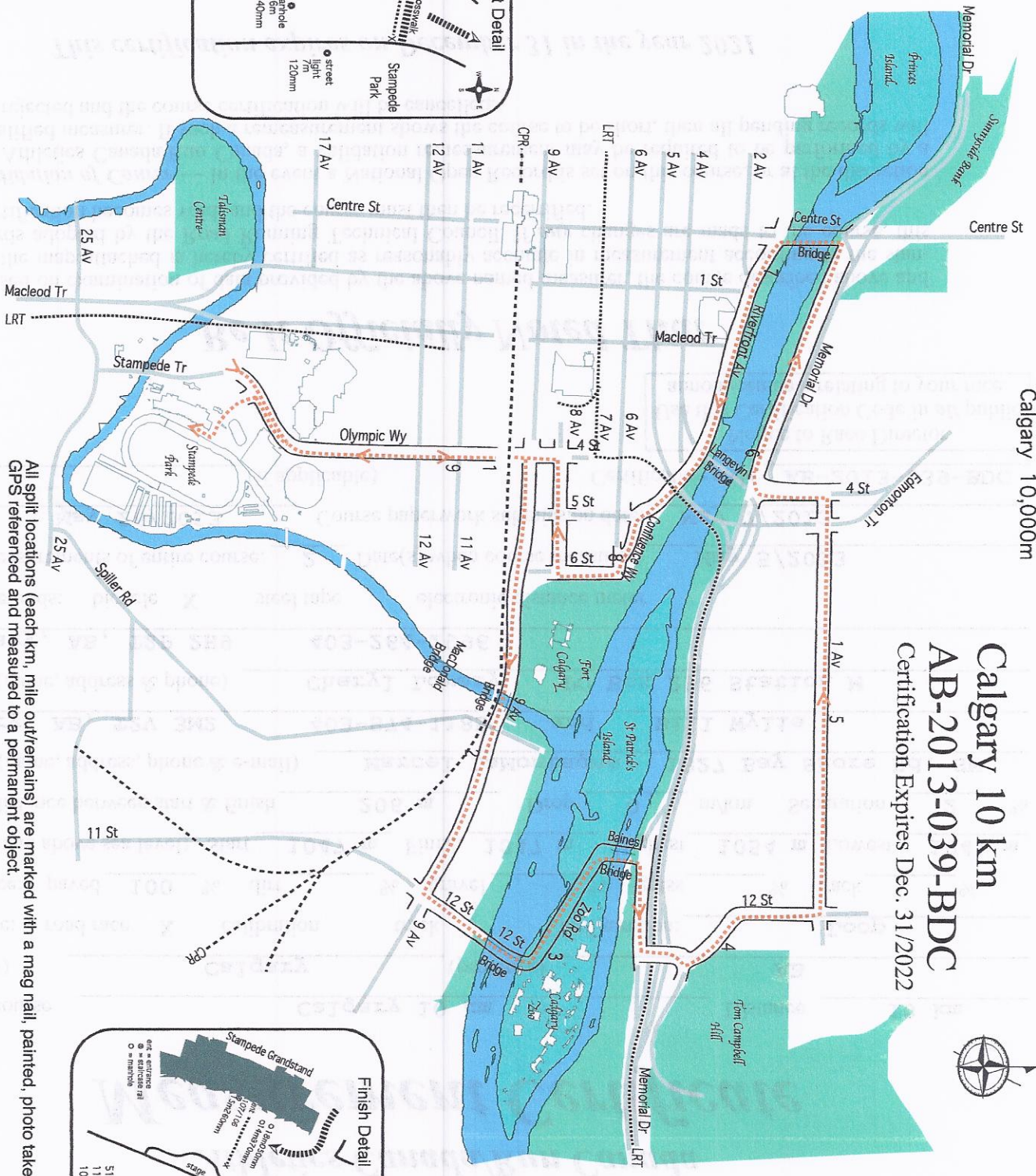
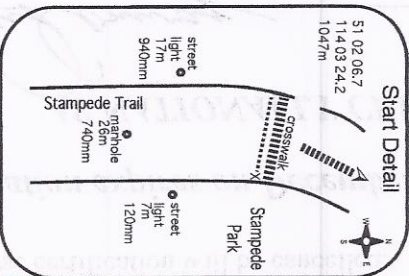
Calgary 10,000m

**Calgary 10 km**  
**AB-2013-039-BDC**  
 Certification Expires Dec. 31/2022



- start
- Stampede Tr - ER
- Olympic Wy - ROC
- tunnel - ROC
- 9 Av - ER
- 12 St - ER
- Zoo Rd - ER
- Memorial Dr access - ER
- 12 St - ROC
- 1 Av - ROC
- 4 St - LCL
- Memorial Dr - LOC
- Centre St Bridge - ER
- Riverfront Av - LOC
- 5 Street - LOC
- Confluence Wy - LOC
- 6 Av - LOC
- 6 Street - LCL
- 8 Av - LOC
- 4 Street - LOC
- tunnel - LOC
- Olympic Wy - LOC
- Stampede Tr - LCL
- Grandstand Access - ER
- finish

- ER - Entire Road
- ROC - Right of Centre
- RCL - Right Curb Lane
- LOC - Left of Centre
- LCL - Left Curb Lane



- start Stampede Tr \* Mid Point
- 51 02 06.7 114 03 24.2 1047m
- 1 km 51 02 36.1 114 03 11.9 1045m
- 1 mi 51 02 37.7 114 02 44.4 1046m
- 2 km 51 02 35.2 114 02 25.1 1047m
- 3 km 51 02 42.4 114 01 59.6 1041m
- 4 km 51 03 00.3 114 01 56.2 1052m
- 5 km 51 03 12.1 114 02 38.0 1054m
- 6 km 51 03 03.9 114 03 10.3 1045m
- 7 km 51 03 05.9 114 03 40.3 1047m
- 8 km 51 02 51.4 114 02 57.9 1045m
- 1 mi 51 02 42.6 114 02 58.3 1046m
- 9 km 51 02 31.2 114 03 12.4 1047m
- finish Stampede Park \* Grandstand
- 51 02 02.1 114 03 16.3 1047m

All split locations (each km, mile out/remain) are marked with a mag nail, painted, photo taken, GPS referenced and measured to a permanent object.

From start line on Stampede Trail to the finish line at Stampede Grandstand all corners are to be coned and marshalled.

This course is measured to the guidelines defined by governing bodies Athletics Canada, AIMS and IAAF.

Course Measurers: Marcel LaMontagne 403.874.1185, Bill Wylie 403-542-8010

Course Measured: May 5, 2013