



Athletics Canada/Run Canada
Measurement Certificate

Name of the course Humane Society - Run for the Animals Distance 10 km
Location (city) Ottawa (province) Ontario
Type of course: road race calibration track Configuration: Loop (2 laps)
Type of surface: paved 100 % dirt % gravel % grass % track %
Elevation (meters above sea level) Start 65 m Finish 65 m Highest 68 m Lowest 64 m
Straight line distance between start & finish 34 m Drop 0 m/km Separation 0.34 %
Measured by (name, address, phone & e-mail) Dave Yaeger 1254 Albany Drive
Ottawa, ON, K2C 2L5 613-738-4160 [5287]
Race contact (name, address & phone) Terry McKinty 411 Lefebvrve Way
Ottawa, ON, K1E 2W5 613-834-0656
Measuring Methods: bicycle steel tape electronic distance meter
Number of measurements of entire course: 2 Date(s) when course measured: Sept. 1/2013
Race date: Sept. 8/2013 Course paperwork submission date: Sept. 5/2013
Expires: Dec. 31/2022 (if applicable) Certification code: ON-2013-121-BDC

Notice to Race Director
Use this Certification Code in *all* public
announcements relating to your race.

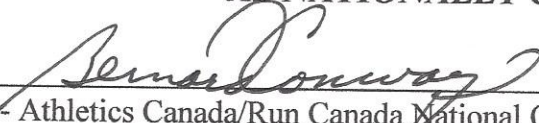
Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If *any* changes are made to the course, this certification becomes void, and the course must then be recertified.

Validation of Course — In the event a National Open Record is set on this course, or at the discretion of Athletics Canada/Run Canada, a validation remeasurement may be required to be performed by a qualified measurer. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

This certification expires on December 31 in the year 2022

AS NATIONALLY CERTIFIED BY:

 Date: Sept. 19/2013
Bernard Conway - Athletics Canada/Run Canada National Certifier
- IAAF/AIMS Grade A Measurer
- USATF/RRTC Final Signatory

67 Southwood Crescent, London, Ontario, Canada, N6J 1S8
Phone: 519-641-6889 (H) Fax: 519-641-6889 E-mail: measurer@rogers.com

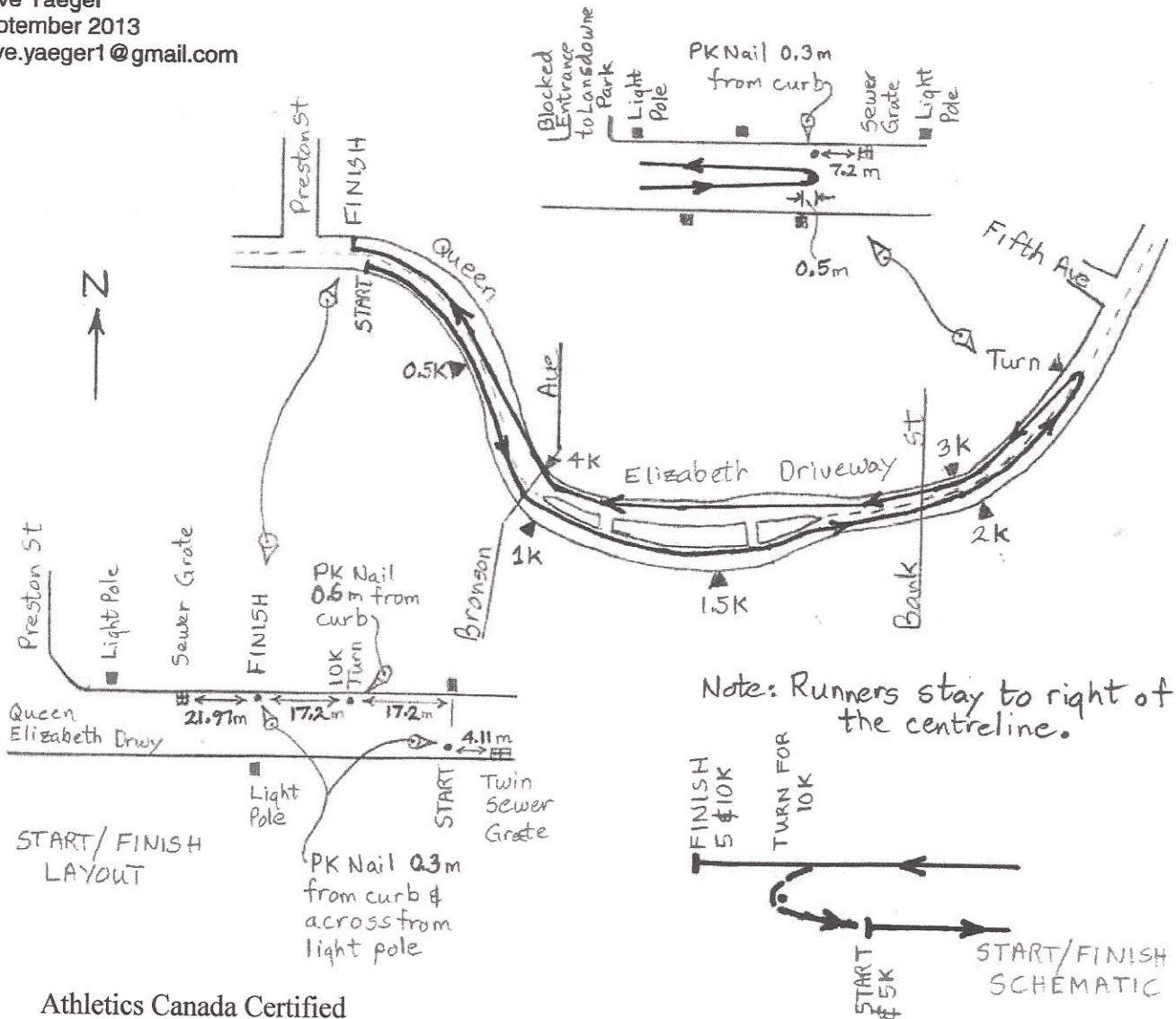
Humane Society - Run for the Animals

5 km and 10 km

- Start Queen Elizabeth Driveway – S side E of Preston St. See detail.
- 0.5 km Queen Elizabeth Driveway – S side 4.0m W of Sewer Grate W of “Bronson Street South” sign.
- 1.0 km Queen Elizabeth Driveway – S side 16.8m E of twin Sewer Grate E of Bronson St Bridge.
- 1.5 km Queen Elizabeth Driveway – S side 5.5m W of 2nd Light Pole on N side W of easterly connection to the Westbound roadway. Pole is 63.8m W of easterly connection to Westbound roadway.
- 2.0 km Queen Elizabeth Driveway – S side 3.4m E of 2nd Light Pole E of Bank St Bridge.
- Turn Queen Elizabeth Driveway – N side E of blocked entrance to Lansdowne Park. GPS +45.399809,-75.679929. See detail.
- 3.0 km Queen Elizabeth Driveway – N side in line with end of concrete/cobblestone median E of Bank St Bridge
- 4.0 km Queen Elizabeth Driveway – N side under Bronson St Bridge. 3.2m W of the E edge of the concrete bridge abutment.
- 5.0 km Queen Elizabeth Driveway – N side 34.4m W of the Start. See detail.

- Notes: 1) The above directions assume Queen Elizabeth Driveway is oriented West to East.
 2) Turn for 10 km race is located 17.2m E of the Finish. The 5 km mark for the 10 km race is at the Start Line.
 3) GPS coordinates from iPhone app. Accuracy +/- 10m.

Measurement and Map
 Dave Yaeger
 September 2013
 dave.yaeger1@gmail.com



Athletics Canada Certified
ON-2013-121-BDC
 Certification Expires Dec. 31/2022