



Athletics Canada/Run Canada
Measurement Certificate

Name of the course Really Chilly 1 km Run Distance 1 km
Location (city) London (province) Ontario
Type of course: road race calibration track Configuration: Loop
Type of surface: paved 100 % dirt % gravel % grass % track %
Elevation (meters above sea level) Start 250 m Finish 250 m Highest 250 m Lowest 250 m
Straight line distance between start & finish 50 m Drop 0 m/km Separation 5 %
Measured by (name, address, phone & e-mail) Bernard Conway 67 Southwood Crescent
London, Ontario, N6J 1S8 519-641-6889
Race contact (name, address & phone) Paul Roberts c/o Runners' Choice
207 Dundas St., London, Ontario, N6J 1G4 519-672-5928
Measuring Methods: bicycle steel tape electronic distance meter
Number of measurements of entire course: 3 Date(s) when course measured: Oct. 22/2012
Race date: _____ Course paperwork submission date: Oct. 25/2012
Replaces: _____ (if applicable) Certification code: ON-2012-146-BDC

Notice to Race Director
Use this Certification Code in **all** public
announcements relating to your race.

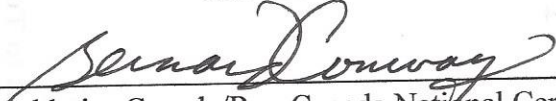
Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If **any** changes are made to the course, this certification becomes void, and the course must then be recertified.

Validation of Course — In the event a National Open Record is set on this course, or at the discretion of Athletics Canada/Run Canada, a validation remeasurement may be required to be performed by a qualified measurer. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

This certification expires on December 31 in the year 2021

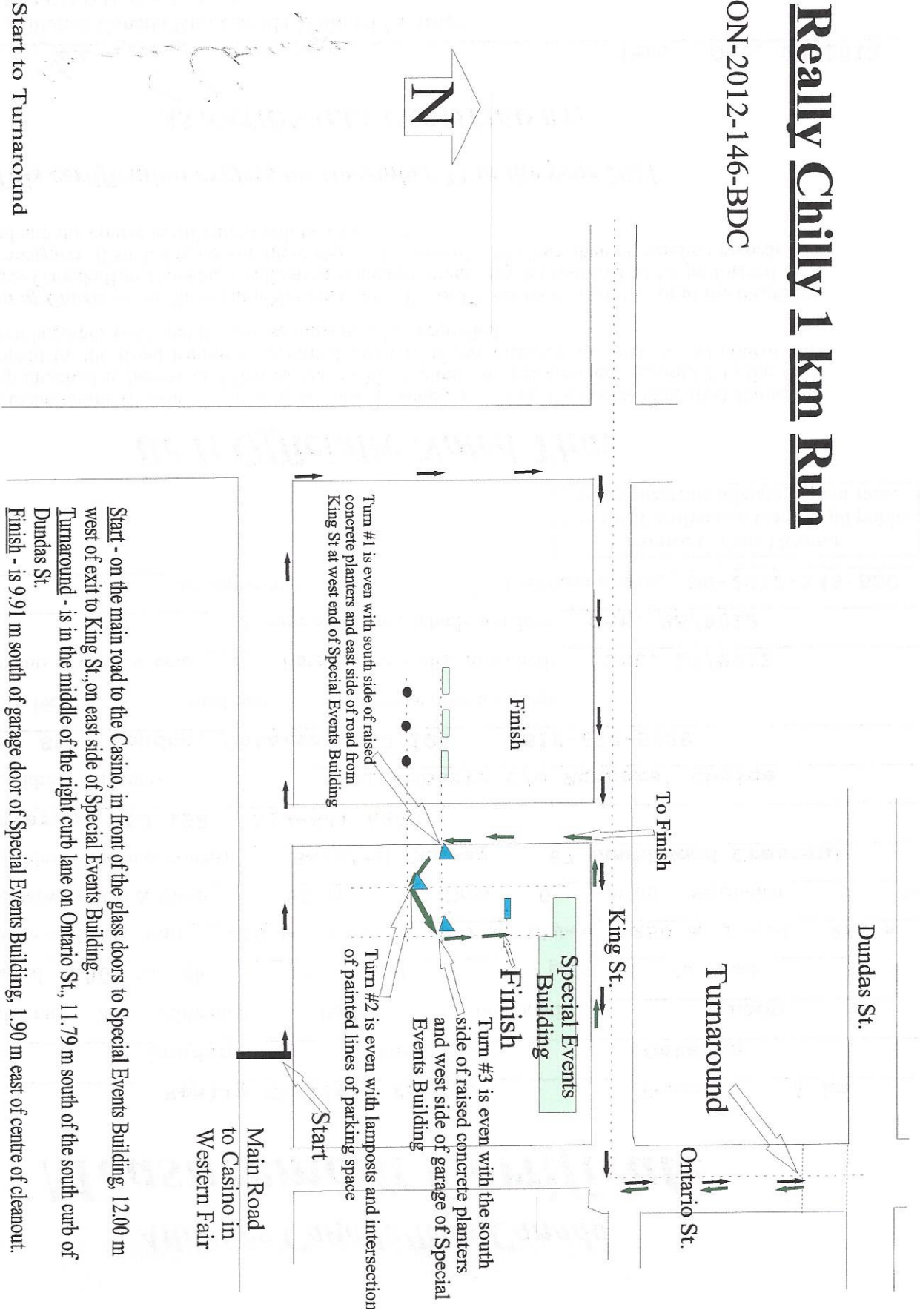
AS NATIONALLY CERTIFIED BY:

 Date: Oct. 25/2012
Bernard Conway - Athletics Canada/Run Canada National Certifier
- IAAF/AIMS Grade A Measurer
- USATF/RRTC Final Signatory

67 Southwood Crescent, London, Ontario, Canada, N6J 1S8
Phone: 519-641-6889 (H) Fax: 519-641-6889 E-mail: measurer@rogers.com

Really Chilly 1 km Run

ON-2012-146-BDC



Start - on the main road to the Casino, in front of the glass doors to Special Events Building, 12.00 m west of exit to King St., on east side of Special Events Building.
Turnaround - is in the middle of the right curb lane on Ontario St., 11.79 m south of the south curb of Dundas St.
Finish - is 9.91 m south of garage door of Special Events Building, 1.90 m east of centre of cleanout.

- ↗ From Start to Turnaround
- ↘ From Turnaround to Finish
- ▭ Concrete Planters
- Lampposts
- ▲ Cones