



# Athletics Canada/Run Canada Measurement Certificate

Name of the course St. Marys 3 km River Road Run Distance 3 km  
Location (city) St. Marys (province) Ontario  
Type of course: road race ☒ calibration ☐ track ☐ Configuration: Loop  
Type of surface: paved 90 % dirt 10 % gravel        % grass        % track        %  
Elevation (meters above sea level) Start 300 m Finish 297 m Highest 305 m Lowest 297 m  
Straight line distance between start & finish 66 m Drop 0.6 m/km Separation 1.4 %  
Measured by (name, address, phone & e-mail) Bernard Conway 67 Southwood Crescent  
London, Ontario, N6J 1S8 519-641-6889  
Race contact (name, address & phone) MaryJane Littlejohn  
962814 Road 96, Lakeside, Ontario, N0M 2G0 519-349-2895  
Measuring Methods: bicycle ☒ steel tape ☐ electronic distance meter ☐  
Number of measurements of entire course: 2 Date(s) when course measured: June 8/2012  
Race date: Sept. 23/2012 Course paperwork submission date: June 15/2012  
Replaces:        (if applicable) Certification code: ON-2012-056-BDC

Notice to Race Director  
Use this Certification Code in *all* public  
announcements relating to your race.

## Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If *any* changes are made to the course, this certification becomes void, and the course must then be recertified.

**Validation of Course** — In the event a National Open Record is set on this course, or at the discretion of Athletics Canada/Run Canada, a validation remeasurement may be required to be performed by a qualified measurer. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

*This certification expires on December 31 in the year 2021*

AS NATIONALLY CERTIFIED BY:

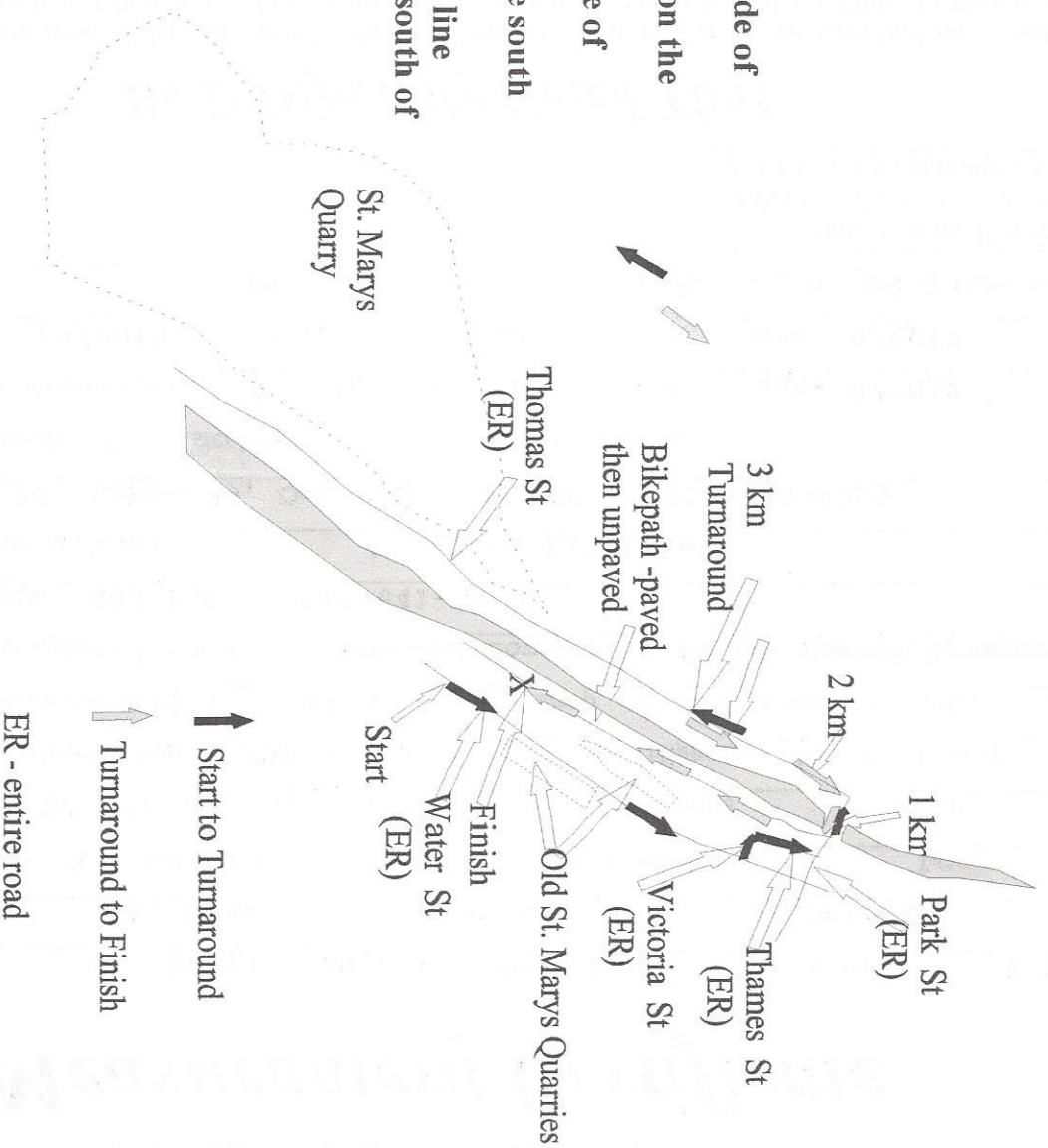
Bernard Conway Date: June 16/2012  
Bernard Conway - Athletics Canada/Run Canada National Certifier  
- IAAF/AIMS Grade A Measurer  
- USATF/RRTC Final Signatory

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Phone: 519-641-6889 (H) Fax: 519-641-6889 E-mail: [measurer@rogers.com](mailto:measurer@rogers.com)

# St. Marys 3 km River Road Run



Start - even with fence on the north side of 462 Water St. S  
1 km - 10 m south of expansion joint on the north side of the bridge on Park St  
Turnaround - 1.85 m west of west side of garage at 289 Thomas St.  
2 km - 5 m south of second hydro pole south of Park St. on Thomas St.  
3 km Finish - on bike path (gravel) in line with the south side of the parking lot south of the tennis courts.



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