



Athletics Canada/Run Canada Measurement Certificate

Name of the course Commander Gander 5K Distance 5 km
Location (city) Gander (province) NL
Type of course: road race ☒ calibration track Configuration: Out/Back
Type of surface: paved 100 % dirt % gravel % grass % track %
Elevation (meters above sea level) Start 132 m Finish 132 m Highest 134 m Lowest 131 m
Straight line distance between start & finish 0 m Drop 0 m/km Separation 0 %
Measured by (name, address, phone & e-mail) Barry Hicks 108 Morgan Drive
Gander, NL, A1V 2H9 709-651-2722
Race contact (name, address & phone) Barry Hicks 108 Morgan Drive
Gander, NL, A1V 2H9 709-651-2722
Measuring Methods: bicycle ☒ steel tape electronic distance meter
Number of measurements of entire course: 2 Date(s) when course measured: June 12 & 15/2012
Race date: August 5/2012 Course paperwork submission date: July 3/2012
Replaces: (if applicable) Certification code: NL-2012-068-BDC

Notice to Race Director
Use this Certification Code in *all* public
announcements relating to your race.

Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If *any* changes are made to the course, this certification becomes void, and the course must then be recertified.

Validation of Course — In the event a National Open Record is set on this course, or at the discretion of Athletics Canada/Run Canada, a validation remeasurement may be required to be performed by a qualified measurer. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

This certification expires on December 31 in the year 2021

AS NATIONALLY CERTIFIED BY:

Bernard Conway Date: July 5/2012
Bernard Conway - Athletics Canada/Run Canada National Certifier
- IAAF/AIMS Grade A Measurer
- USATF/RRTC Final Signatory

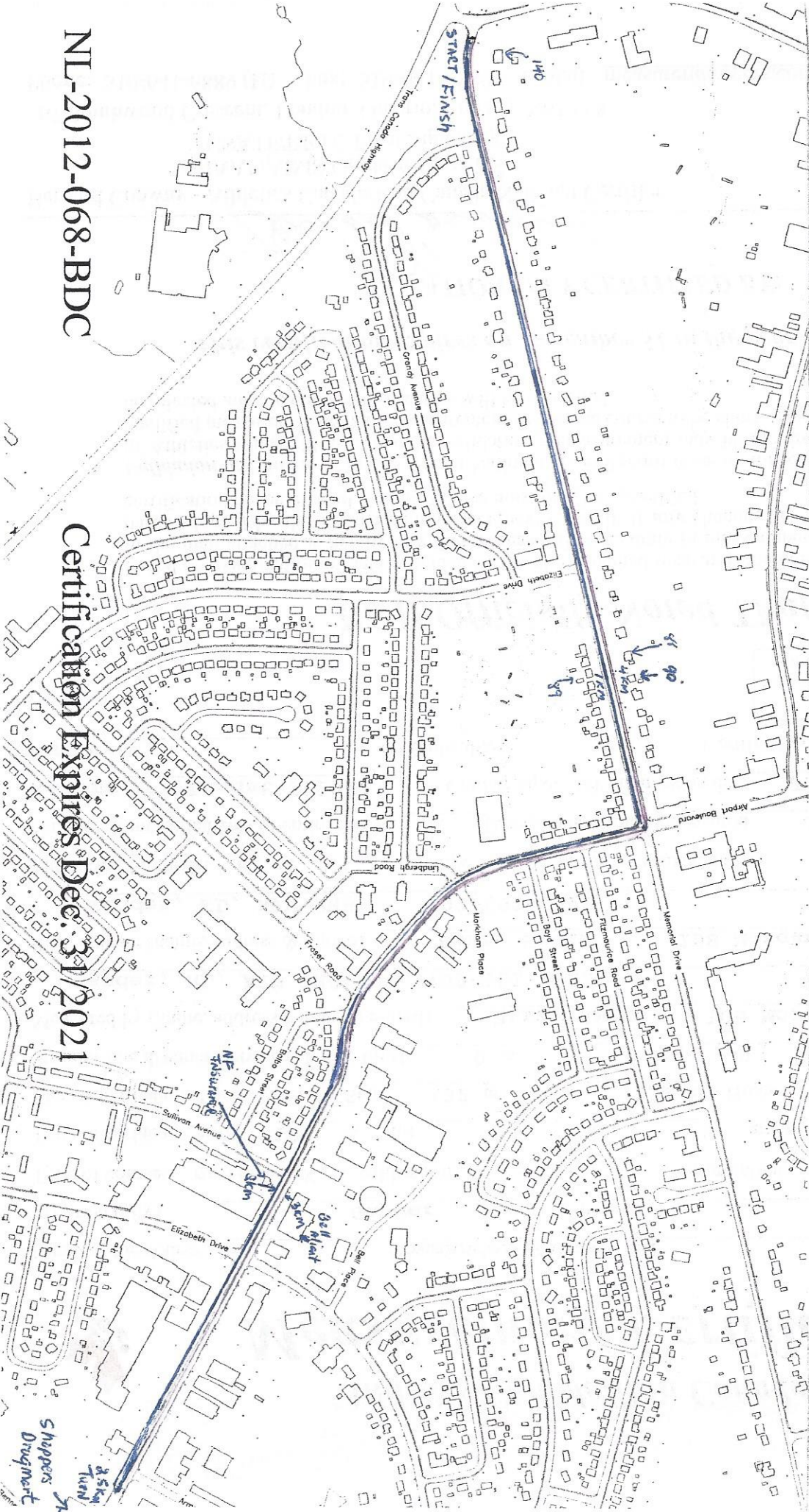
67 Southwood Crescent, London, Ontario, Canada, N6J 1S8

Phone: 519-641-6889 (H) Fax: 519-641-6889 E-mail: measurer@rogers.com

Commander Gander 5km



- START/Finish - Adjacent to permanent crosswalk sign at West End of Memorial Drive
- 1 km - 2.01 m East of storm drain, Adjacent to #89 Memorial Drive
 - 2 km - 8.69 m West of storm drain, Adjacent to NF Insurance Building
 - 2.5 km - turn 2.91 m West of storm drain, Near Shoppers Drugmart West Entrance (includes final course adjustment)
 - 3 km - 6.81 m East of Pole #7738412, Adjacent to Bell Alliant Building
 - 4 km - 6.86 m East of storm drain, Adjacent to pole #6343016 between 88 and 90 Memorial Drive



NL-2012-068-BDC

Certification Expires Dec 31/2021

Shoppers Drugmart