



Athletics Canada/Run Canada Measurement Certificate

Name of the course BC Senior Games Central Park 10 km Run Race Distance 10 km
Location (city) Burnaby (province) BC
Type of course: road race ☒ calibration ☐ track ☐ Configuration: Loop (2 laps)
Type of surface: paved 15 % dirt 75 % gravel % grass % track 10 %
Elevation (meters above sea level) Start 75 m Finish 75 m Highest 77 m Lowest 65 m
Straight line distance between start & finish 120 m Drop 0 m/km Separation 0.8 %
Measured by (name, address, phone & e-mail) Mark Smith 2109 London St.
New Westminster, BC, V3M 3E8 604-526-6011
Race contact (name, address & phone) Pat Hargreaves 203-2453 Beacon Ave.
Sidney, BC, V8L 1X7 778-426-2940
Measuring Methods: bicycle ☒ steel tape ☐ electronic distance meter ☐
Number of measurements of entire course: 2 Date(s) when course measured: July 3/2012
Race date: Aug. 18/2012 Course paperwork submission date: Aug. 6/2012
Replaces: (if applicable) Certification code: BC-2012-097-BDC

Notice to Race Director
Use this Certification Code in *all* public
announcements relating to your race.

Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If *any* changes are made to the course, this certification becomes void, and the course must then be recertified.

Validation of Course — In the event a National Open Record is set on this course, or at the discretion of Athletics Canada/Run Canada, a validation remeasurement may be required to be performed by a qualified measurer. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

This certification expires on December 31 in the year 2021

AS NATIONALLY CERTIFIED BY:

Bernard Conway
Bernard Conway - Athletics Canada/Run Canada National Certifier
- IAAF/AIMS Grade A Measurer
- USATF/RRTC Final Signatory

Date: Aug. 7/2012

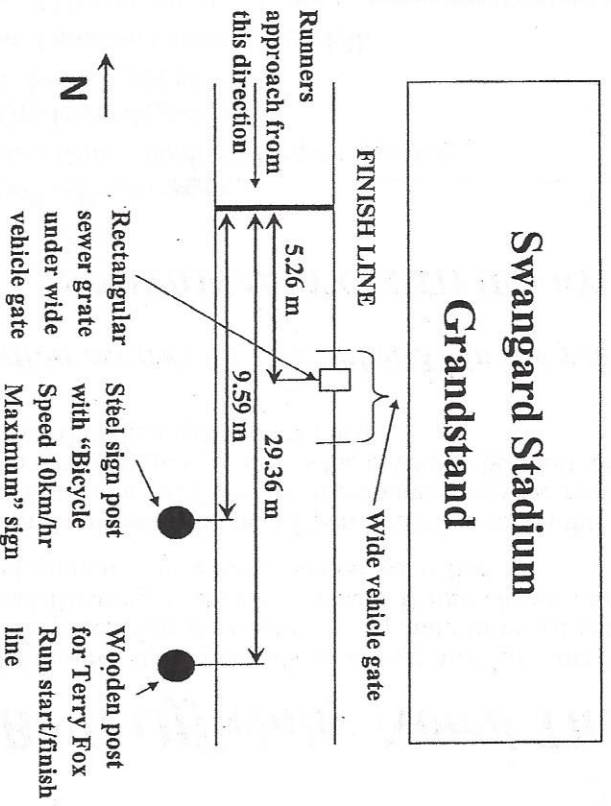
67 Southwood Crescent, London, Ontario, Canada, N6J 1S8

Phone: 519-641-6889 (H) Fax: 519-641-6889 E-mail: measurer@rogers.com

BC Senior Games Central Park 10 km Run Race

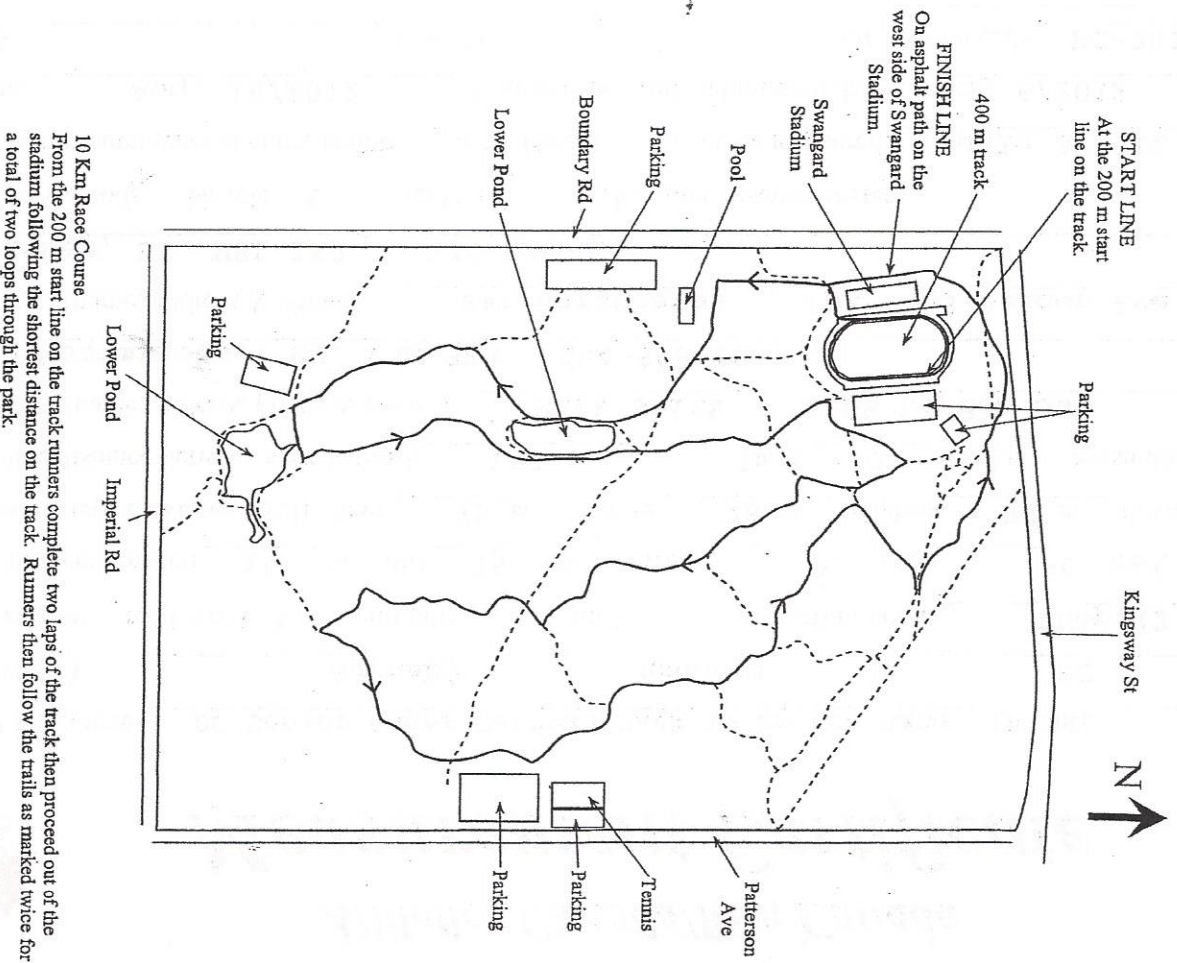
BC-2012-097-BDC

Map 2. Finish Line for Central Park 10 km Race, Burnaby, BC



The finish line for the Central Park 10 km race for the 2012 BC Senior Track and Field Games is located in the northwest corner of the park on an asphalt trail along the west-side of the Swangard Stadium grandstand.

Map 1. Central Park 10 km Run Route



10 Km Race Course
From the 200 m start line on the track runners complete two laps of the track then proceed out of the stadium following the shortest distance on the track. Runners then follow the trails as marked twice for a total of two loops through the park.