



# ATHLETICS CANADA

## ROAD RACE MEASUREMENT CERTIFICATE

### Race Information

Name of the course \_\_\_\_\_  
Certificate number \_\_\_\_\_ Distance \_\_\_\_\_ Race date \_\_\_\_\_  
City \_\_\_\_\_ Province \_\_\_\_\_  
Race contact name \_\_\_\_\_ Race contact email \_\_\_\_\_

### Course Information

Start elevation \_\_\_\_\_ Finish elevation \_\_\_\_\_  
Elevation change \_\_\_\_\_ Percent separation \_\_\_\_\_

### Measurer Information

Measurer name \_\_\_\_\_  
Measurement date \_\_\_\_\_ Expiry date \_\_\_\_\_

### Official Notice

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the **Road Running Technical Council**. If any changes are made to the course, this certification becomes void, and the course must then be recertified.

### Validation of Course

In the event a **National Open Record** is set on this course, or at the discretion of **Athletics Canada**, a validation remeasurement may be required to be performed by a qualified measurer. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

### As Nationally Certified by

\_\_\_\_\_  
Signature of certifier  \_\_\_\_\_  
Date \_\_\_\_\_

Any inquiries regarding this certificate should be directed to [coursemeasurement@athletics.ca](mailto:coursemeasurement@athletics.ca)



John Rd

John Rd

Resthaven Dr

Wilson Rd

7m low  
measured Full Road  
along John, Wilson & Mills Rds

**FM**  
**LM**  
First / Last Mile:  
opp. #10412 Wilson driveway  
3.7m N of power pole

**7** **1**  
1K / 7K: #1825 John Rd.  
~6.2m E of driveway  
4.3m W of power pole

John Road 342.412m Calibration  
BC-2018-001-BDC

North Saanich  
Middle School  
race venue

McDonald Park Rd

Athletics Canada Certified  
**BC-2018-002a-BDC**  
Certification Expires Dec. 31/2027



Munro Rd

7m  
**2** **6**  
2K / 8K: #10465 Wilson  
6.8m S of NE corner post  
& of power pole on W

**Harriers**  
**Pioneer 8K**  
North Saanich BC

Measured: 2017 October 31  
& adjusted: 2019 December 1  
by Gary Duncan  
Altitude: Start / Finish: 13m  
Turnaround: 15m  
High: 27m, Low: 7m  
Separation: 0m

inbound runners have  
inside priority  
along Mills & Wilson Rds

3K / 5K: #1640 Mills  
11.7m W of power pole at Littlewood  
14.8m E of blue Municipal Hall 100m ahead sign

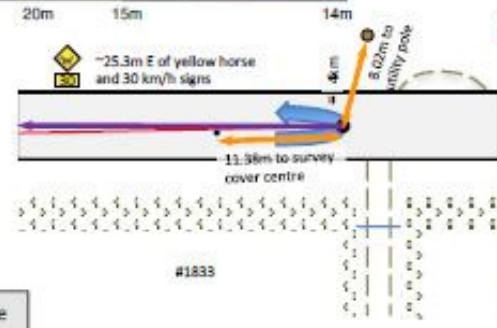
Littlewood Rd

measured  
Right of  
Centre  
mid-course  
along  
Littlewood &  
Glamorgan  
Rds

outbound right of centre  
transition mid-road  
inline with stop sign on W

Glamorgan Rd

**4**  
4K: N edge  
1.0m after (W of) turnaround



**Turnaround:**  
On Glamorgan Rd ~2m  
before (W of) power  
pole on N opposite gated  
access through hedge to  
fields of #1833; 11.38m  
E of survey cover centre  
mid-road; marked with  
nail & washer mid-road  
3.0m from each edge

Rest area & info centre

**Start / Finish:**  
#10382 Pat Bay Hwy;  
Within rest area crosswalk to  
Info Centre; aligned with fire  
hydrant on raised median;  
marked with nail & washer  
4.000m from base of steps;  
0.46m into crosswalk from S  
edge; 5.85m from E curb;



McDonald Park Rd

Wilson Rd

Mills Rd

22m 25m 24m

YYJ airport