



# Athletics Canada/Run Canada Measurement Certificate

Name of the course Forzani Mother's Day 10km Distance 10 km  
Location (city) Calgary (province) Alberta  
Type of course: road race ☒ calibration track Configuration: Loop  
Type of surface: paved 100 % dirt \_\_\_\_\_ % gravel \_\_\_\_\_ % grass \_\_\_\_\_ % track \_\_\_\_\_ %  
Elevation (meters above sea level) Start 1060 m Finish 1059 m Highest 1078 m Lowest 1051 m  
Straight line distance between start & finish 148 m Drop 0.1 m/km Separation 1.5 %  
Measured by (name, address, phone & e-mail) Marcel LaMontagne 1827 Bay Shore Road SW  
Calgary, AB, T2V 3M2 403-874-1185 and Bill Wylie  
Race contact (name, address & phone) Todd Birss 1817 Crowchild Trail NW  
Calgary, AB, T2M 4R6 403-284-7959  
Measuring Methods: bicycle ☒ steel tape electronic distance meter  
Number of measurements of entire course: 2 Date(s) when course measured: April 8/2012  
Race date: May 13/2012 Course paperwork submission date: April 19/2012  
Replaces: AB-2007-021-BDC (if applicable) Certification code: AB-2012-020-BDC

Notice to Race Director  
Use this Certification Code in *all* public  
announcements relating to your race.

## Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If *any* changes are made to the course, this certification becomes void, and the course must then be recertified.

**Validation of Course** — In the event a National Open Record is set on this course, or at the discretion of Athletics Canada/Run Canada, a validation remeasurement may be required to be performed by a qualified measurer. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

*This certification expires on December 31 in the year 2021*

AS NATIONALLY CERTIFIED BY:

Bernard Conway  
Bernard Conway - Athletics Canada/Run Canada National Certifier  
- IAAF/AIMS Grade A Measurer  
- USATF/RRTC Final Signatory

Date: April 23/2012

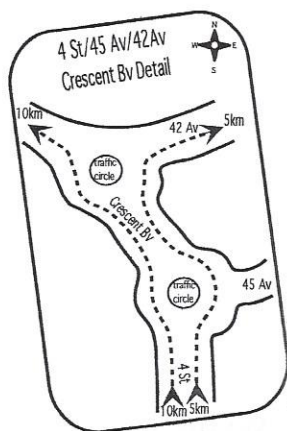
67 Southwood Crescent, London, Ontario, Canada, N6J 1S8

Phone: 519-641-6889 (H) Fax: 519-641-6889 E-mail: [measurer@rogers.com](mailto:measurer@rogers.com)





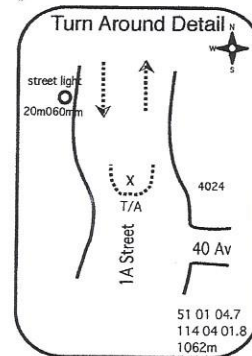
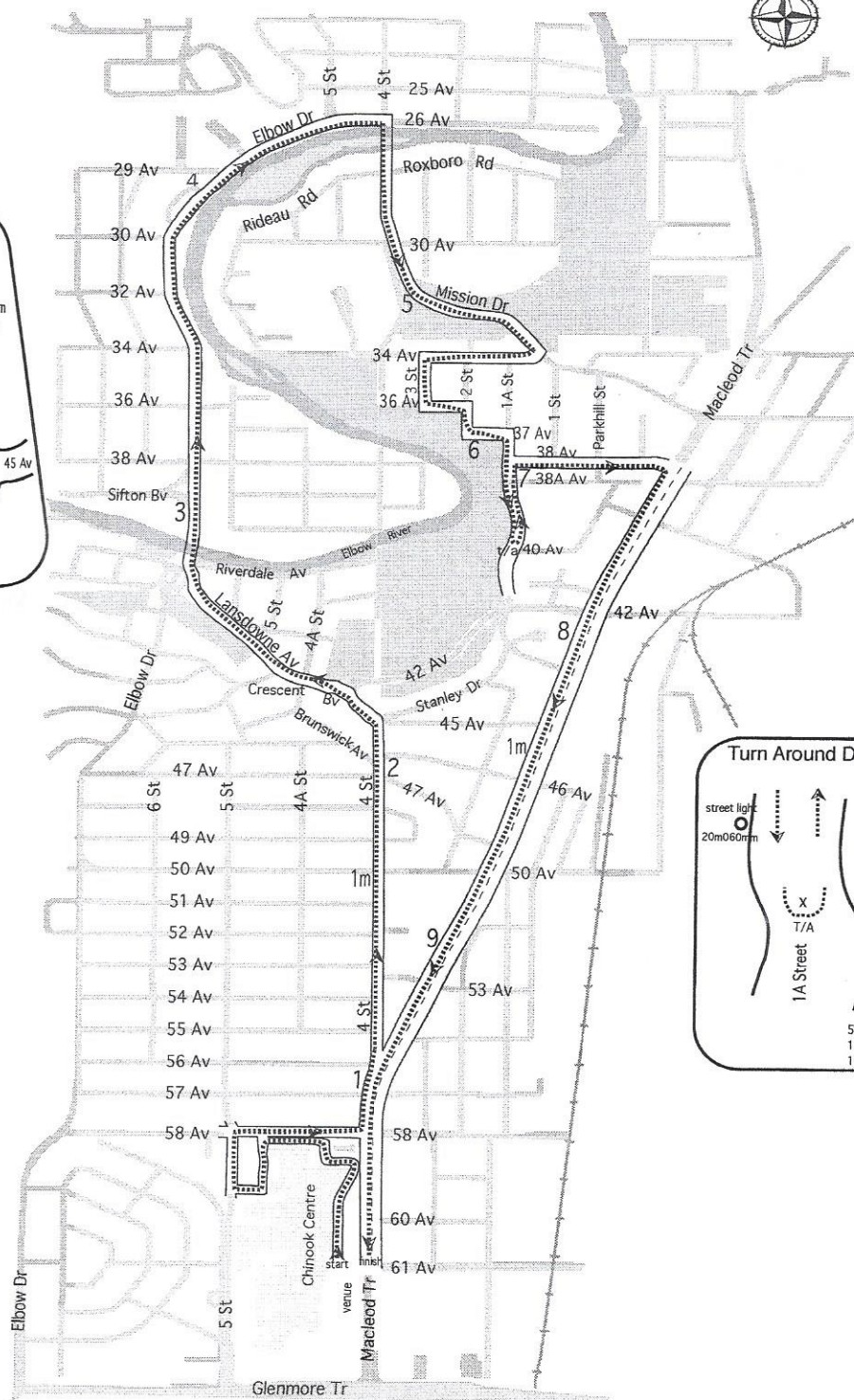
AB-2012-020-BDC



Chinook Centre - Start  
Chinook Centre Loop - ER  
5 Street - ROC  
58 Ave - ER  
Macleod Trail - LCL  
4 Street - ROC  
Crescent Blvd - LOC  
Lansdowne Ave - ROC  
Elbow Dr - ROC  
4 Street - ROC  
Mission Rd - ROC  
34 Ave - ROC  
3 Street - ROC  
36 Ave - ROC  
2 Street - ROC  
37 Ave - ROC  
1A Street - ROC  
Turn Around  
1A Street - ROC  
38 Ave - ROC  
Macleod Tr - LCL  
finish

ER - Entire Road  
ROC - Right of Centre  
RCL - Right Curb Lane  
LOC - Left of Centre  
LCL - Left Curb Lane

start Chinook Centre \* 61 Av  
50 59 52.4 114 04 21.9 1060m  
km 1 51 00 04.6 114 04 32.1 1066m  
mi 1 51 00 16.7 114 04 17.1 1060m  
km 2 51 00 29.2 114 04 17.1 1068m  
km 3 51 00 56.0 114 04 34.9 1063m  
km 4 51 01 26.8 114 04 41.3 1054m  
km 5 51 01 43.8 114 04 17.8 1051m  
km 6 51 01 23.6 114 04 09.4 1073m  
T/A 51 01 04.7 114 04 01.8 1062m  
km 7 51 01 11.2 114 04 01.9 1067m  
km 8 51 00 55.0 114 03 53.8 1051m  
mi 1 51 00 42.8 114 03 59.4 1051m  
km 9 51 00 24.6 114 04 09.1 1056m  
finish Chinook Centre \* Macleod Tr/61 Av  
50 59 52.7 114 04 18.4 1059m



All split locations (each km, mile out/remains)  
are marked with a mag nail, painted, photo taken,  
GPS referenced and measured to a permanent object.

From start line at Chinook Centre to the finish line on Macleod Trail all corners are to be coned and marshalled.

This course is measured to the guidelines defined by governing bodies Athletics Canada, AIMS and IAAF.

Course Measurer: Marcel LaMontagne 403.874.1185  
Bill Wylie 403.542.8010

Course Measured: April 8, 2012

