



Athletics Canada/Run Canada Measurement Certificate

Name of the course Parc Oka Chemin de Camping Distance 300 m
Location (city) Oka (province) Quebec
Type of course: road race calibration ☒ track Configuration: Point to Point
Type of surface: paved ☒ dirt _____ gravel _____ grass _____ track _____
Elevation (meters above sea level) 30 m
Straight line distance between start & finish 300 m Drop 0 m/km Separation 100 %
Measured by (name, address, phone & e-mail) Mark McGowan and Christine Bush
1580 Surrey, Dorval, Quebec, H4P 1W3 514-705-2274
Contact (name, address & phone) _____

Measuring Methods: steel tape ☒ electronic distance meter
Number of measurements of entire course: two Date(s) when course measured: Oct. 18/2011
Course paperwork submission date: Jan. 5/2012
Replaces: _____ (if applicable) Certification code: _____

QC-2011-106-BDC

Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If **any** changes are made to the course, this certification becomes void, and the course must then be recertified.

Validation of Course — In the event a National Open Record is set on this course, or at the discretion of Athletics Canada/Run Canada, a validation remeasurement may be required to be performed by a qualified measurer. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

AS NATIONALLY CERTIFIED BY:

Bernard Conway Date: Jan. 10/2012
Bernard Conway - Athletics Canada/Run Canada National Certifier
- IAAF/AIMS Grade A Measurer
- USATF/RRTC Final Signatory

67 Southwood Crescent, London, Ontario, Canada, N6J 1S8

Phone: 519-641-6889 (H) Fax: 519-641-6889 E-mail: measurer@rogers.com

Calibration course
Parc National d'Oka

Lac des Deux Montagnes

Centre de Services
le Littoral

P

Fire hydrant
19.4m

P

Stop sign
18m

MAG nail

Lampost /
transformer
#167/14400
5m

Chemin de la Plage

Chemin de Camping

N

MAG nail

Hydro pole #7
6m

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Hydro pole #8
40m