



Athletics Canada/Run Canada Measurement Certificate

Name of the course Defi Sportif Wheelchair 10k Distance 10 km
Location (city) Ile Notre Dame, Montreal (province) Québec
Type of course: road race ☒ calibration track Configuration: Loop
Type of surface: paved 100 % dirt _____ % gravel _____ % grass _____ % track _____ %
Elevation (meters above sea level) Start 15 m Finish 15 m Highest 15 m Lowest 15 m
Straight line distance between start & finish 1.3 km Drop 0 m/km Separation 13 %
Measured by (name, address, phone & e-mail) Christine Bush and Mark McGowan
130 Maria, Lasalle, QC, H8R 3M1 514-365-2274
Race contact (name, address & phone) _____

Measuring Methods: bicycle ☒ steel tape electronic distance meter
Number of measurements of entire course: 2 Date(s) when course measured: April 24/2011
Race date: May 1/2011 Course paperwork submission date: May 6/2011
Replaces: _____ (if applicable) Certification code: QC-2011-022-BDC

Notice to Race Director
Use this Certification Code in *all* public
announcements relating to your race.

Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If *any* changes are made to the course, this certification becomes void, and the course must then be recertified.

Validation of Course — In the event a National Open Record is set on this course, or at the discretion of Athletics Canada/Run Canada, a validation remeasurement may be required to be performed by a qualified measurer. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

This certification expires on December 31 in the year 2020

AS NATIONALLY CERTIFIED BY:

Bernard Conway Date: May 6/2011
Bernard Conway - Athletics Canada/Run Canada National Certifier
- IAAF/AIMS Grade A Measurer
- USATF/RRTC Final Signatory

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Phone: 519-641-6889 (H) Fax: 519-641-6889 E-mail: measurer@rogers.com

DEFI SPORTIF Wheelchair 10k

Notes: Measured by Mark McGowan & Christine Bush April 24, 2011

Course is run on entirely on paved surface of the Gilles Villeneuve race track on Ile Notre Dame in Montreal, QC.

Athletes loop course aprx. 2.3 times. Athletes are restricted to the inside 2/3 of the racetrack by cones for the entire course. One exception is an S curve section which organizers cone to give athletes a straight line across a paved section outside track limits. (see map)

The track is closed to vehicles but 1/3 is open to cyclists on day of race.

Intermediate km's cannot be marked because of restrictions imposed by Parc Jean Drapeau who manage the race track. Also there are limited permanent fixtures (manholes, lampposts etc) to locate km's.

Start and Finish lines do not have nails but referenced with permanent fixtures only due to race track regulations.

