



Athletics Canada/Run Canada
Measurement Certificate

Name of the course World Alzheimers Day - Run for Heroes Marathon Distance 42.195 km
Location (city) Amherstburg (province) Ontario
Type of course: road race ☒ calibration track Configuration: Loop
Type of surface: paved 100 % dirt _____ % gravel _____ % grass _____ % track _____ %
Elevation (meters above sea level) Start 181 m Finish 181 m Highest 181 m Lowest 173 m
Straight line distance between start & finish 0 Drop 0 m/km Separation 0 %
Measured by (name, address, phone & e-mail) Bernard Conway 67 Southwood Cres., London
Colin Young, Andrew Gruening, David Low (all from Amherstburg)
Race contact (name, address & phone) Chris Uszynski 430 Lakewood Beach Drive
Amherstburg, Ontario, N9V 2V8 519-980-5440
Measuring Methods: bicycle ☒ steel tape electronic distance meter
Number of measurements of entire course: 2 Date(s) when course measured: July 17/2011
Race date: Sept. 25/2011 Course paperwork submission date: July 26/2011
Replaces: _____ (if applicable) Certification code: ON-2011-114-BDC

Notice to Race Director
Use this Certification Code in *all* public
announcements relating to your race.

Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If *any* changes are made to the course, this certification becomes void, and the course must then be recertified.

Validation of Course — In the event a National Open Record is set on this course, or at the discretion of Athletics Canada/Run Canada, a validation remeasurement may be required to be performed by a qualified measurer. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

This certification expires on December 31 in the year 2021

AS NATIONALLY CERTIFIED BY:

Bernard Conway Date: March 24/2012
Bernard Conway - Athletics Canada/Run Canada National Certifier
- IAAF/AIMS Grade A Measurer
- USATF/RRTC Final Signatory

67 Southwood Crescent, London, Ontario, Canada, N6J 1S8
Phone: 519-641-6889 (H) Fax: 519-641-6889 E-mail: measurer@rogers.com

World Alzheimer's Day - Run for Heroes -Marathon

RCL - right curb lane
LCL - left curb lane
NBL - north-bound lane
EBL - east-bound lane

↓ Start to Turnaround
↑ Turnaround to Finish

Start - 33.6 m west of the first lamp post east of Meloche on south side of the main road to/from UCCU

- 1 km - 5.5 m north of sign for 3436 Creek Rd.
- 2 km - 38 m north of sign for 3561 Creek Rd.
- 3 km - 9 m south of sign for 3671 Creek Rd.
- 4 km - 18 m west of sign for 3370 County Road 20
- 5 km - 11 m west of sign for 2710 County Road 20
- 6 km - 24 m east of red barn on County Road 20
- 7 km - 3 m west of sign for 1414 County Road 20
- 8 km - 10 m north of sign for 1163 County Road 20
- 9 km - 7 m north of sign for 899 County Road 20
- 10 km - 7 m south of sign for 663 Dalhousie
- 11 km - 29 m south of entrance/exit to Coast Guard on Dalhousie
- 12 km - opposite front door of 172 Dalhousie
- 13 km - even with south side of 28 Front Rd.
- 14 km - 22 m south of sign "Amherstburg Land Holdings" on Front Rd.
- 15 km - 17 m south of sign for 547 Front Rd.
- 16 km - even with north side of Kingsbridge Drive on Front Rd.
- 17 km - 10 m north of sign for 1037 Front Rd.
- 18 km - 58 m north of sign for 1285 Front Rd.
- 19 km - 6 m south of sign "Bridge Ices" on Front Rd.
- 20 km - 9 m south of sign for 2077 Front Rd.
- 21 km - 71 m north of sign for 2077 Front Rd.
- 22 km - 3 m north of sign "Essex Road 3" on Front Rd before turn onto Malden
- 23 km - 2 m east of sign for 9498 Malden Rd.
- Turnaround - 4.43 m west of sign for 9420 Malden Rd.
- 24 km - 4 m east of sign for 9523 Malden Rd.
- 25 km - 38 m west of sign for 2305 Front Rd.
- 26 km - 19 m east of sign for 2041 Front Rd.
- 27 km - 35 m south of north side of concrete abutment of bridge on Front Rd.
- 28 km - 40 m east of sign for Wineries in front of Marina on Front Rd.
- 29 km - opposite sign for 1280/1286 Front Rd.
- 30 km - 6 m south of sign for 1015 Front Rd.
- 31 km - 3 m north of sign for 757 Front Rd.
- 32 km - 27 m south of sign for 501 Front Rd.
- 33 km - 12 m south of sign for 240 Front Rd.
- 34 km - 7 m east of Becket Variety on Alma St.
- 35 km - 16 m north of Fryer St. on Alma St.
- 36 km - 21 m south of north side of cemetery on Alma St.
- 37 km - 2 m north of sign for 3157 Meloche Rd.
- 38 km - 25 m east of Bratt Drive on Simcoe St.
- 39 km - 8 m north of front door of Ecole Sainte Jean Baptiste on Fryer St.
- 40 km - opposite driveway of 620 Fryer St.
- 41 km - opposite sign "DANGER Blasting No Trespassing" on Lowes Side Rd.
- 42 km - 20 m south of firehydrant on Meloche Road south of access road to UCCU

Finish - Same as start

