



Athletics Canada/Run Canada
Measurement Certificate

Name of the course World Alzheimers Day - Run for Heroes 10 km Distance 10.1565 km
Location (city) Amherstburg (province) Ontario
Type of course: road race ☒ calibration ☐ track ☐ Configuration: Out/Back
Type of surface: paved 100 % dirt 0 % gravel 0 % grass 0 % track 0 %
Elevation (meters above sea level) Start 181 m Finish 181 m Highest 181 m Lowest 173 m
Straight line distance between start & finish 0 Drop 0 m/km Separation 0 %
Measured by (name, address, phone & e-mail) Bernard Conway 67 Southwood Cres., London
Colin Young, Andrew Gruening, David Low (all from Amherstburg)
Race contact (name, address & phone) Chris Uszynski 430 Lakewood Beach Drive
Amherstburg, Ontario, N9V 2V8 519-980-5440
Measuring Methods: bicycle ☒ steel tape ☐ electronic distance meter ☐
Number of measurements of entire course: 2 Date(s) when course measured: July 17/2011
Race date: Sept. 25/2011 Course paperwork submission date: July 26/2011
Replaces: _____ (if applicable) Certification code: ON-2011-111-BDC

Notice to Race Director
Use this Certification Code in *all* public
announcements relating to your race.

Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If *any* changes are made to the course, this certification becomes void, and the course must then be recertified.

Validation of Course — In the event a National Open Record is set on this course, or at the discretion of Athletics Canada/Run Canada, a validation remeasurement may be required to be performed by a qualified measurer. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

This certification expires on December 31 in the year 2021

AS NATIONALLY CERTIFIED BY:

Bernard Conway
Bernard Conway - Athletics Canada/Run Canada National Certifier
- IAAF/AIMS Grade A Measurer
- USATF/RRTC Final Signatory

Date: March 24/2012

67 Southwood Crescent, London, Ontario, Canada, N6J 1S8

Phone: 519-641-6889 (H) Fax: 519-641-6889 E-mail: measurer@rogers.com

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