



Athletics Canada/Run Canada
Measurement Certificate

Name of the course Run For Retina Half Marathon Distance 21.0975 km
Location (city) London (province) Ontario
Type of course: road race ☒ calibration track Configuration: Out/Back
Type of surface: paved 100 % dirt _____ % gravel _____ % grass _____ % track _____ %
Elevation (meters above sea level) Start 232 m Finish 232 m Highest 243 m Lowest 232 m
Straight line distance between start & finish 0 m Drop 0 m/km Separation 0 %
Measured by (name, address, phone & e-mail) Bernard Conway 67 Southwood Crescent
London, Ontario, N6J 1S8 519-641-6889
Race contact (name, address & phone) Kim Spriet 205 Green Hedge Lane
London, Ontario, N6H 5A7 519-657-6289
Measuring Methods: bicycle ☒ steel tape electronic distance meter
Number of measurements of entire course: 2 Date(s) when course measured: Aug. 31 & Sept. 1/2011
Race date: April 8/2012 Course paperwork submission date: Sept. 5/2011
Replaces: ON-2011-010-BDC (if applicable) Certification code: ON-2011-090-BDC

Notice to Race Director
Use this Certification Code in *all* public
announcements relating to your race.


Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If *any* changes are made to the course, this certification becomes void, and the course must then be recertified.

Validation of Course — In the event a National Open Record is set on this course, or at the discretion of Athletics Canada/Run Canada, a validation remeasurement may be required to be performed by a qualified measurer. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

This certification expires on December 31 in the year 2021

AS NATIONALLY CERTIFIED BY:


Bernard Conway - Athletics Canada/Run Canada National Certifier
- IAAF/AIMS Grade A Measurer
- USATF/RRTC Final Signatory

Date: Sept. 6/2011

67 Southwood Crescent, London, Ontario, Canada, N6J 1S8

Phone: 519-641-6889 (H) Fax: 519-641-6889 E-mail: measurer@rogers.com

Run For Retina Half Marathon

Start/Finish – is even with the second lamppost south of the John Labatt Stage on bikepath leading to stage.

1 km – 37 m south of south end of older carpark south of Ann St. on bikepath.

2 km – 26 m east of blue metal sign at east end of the Gibbons Park pool.

Turnaround – 30.14 m west of the blue metal sign at the east end of Gibbons Park Pool.

3 km – 23 m south of Ann St. entrance to bikepath.

4 km – 22 m south of first lamppost north of Queen St. bridge opposite playground equipment.

5 km – 42 m west of west side of the Wharnccliffe St. Bridge on bikepath by Children's Museum.

6 km – 24 m west of where Coves Trail joins road through Greenway Park.

7 km – 111 m west of west side of the main building of Sewage Treatment Building (with chimney).

8 km – 52 m west of the west end of the concrete breakwater by Woodland Cemetery on Greenway Park Road.

9 km – 73 m east of wooden post fence east of bridge to PUC Golf Course on bikepath.

10 km – opposite the first bench east of Springbank Park on bikepath west of the 2 gnarled willows.

11 km – 84 m east of train station at Storybook Gardens on lower road.

12 km – 31 m west of west end of parking lot by dam, 11 m east of drain in parking lot.

13 km – 29 m east of the west side of St. George's Community Centre building.

14 km – 2 m west of east end of blue building east of entrance to Storybook, east of small wooden building.

15 km – 11 m east of the bench between the 2 gnarled willows on the bikepath east of Springbank Park.

16 km – 48 m west of the caution sign in triangular area where bikepath from Parks and Rec and Springbank Gardens joins the main road to Springbank Park.

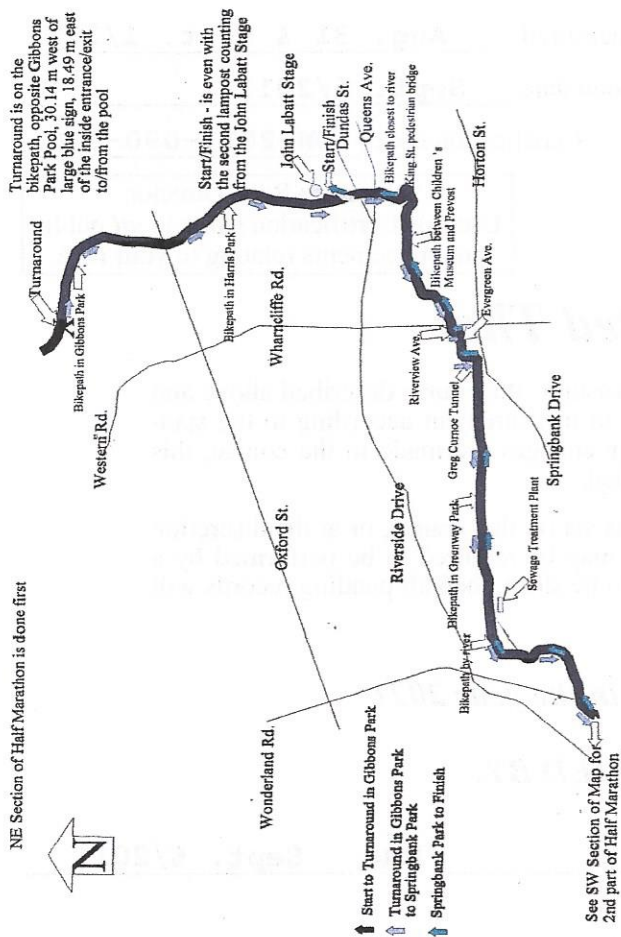
17 km – 22 m west of the east end of concrete breakwater near Woodland Cemetery on road through Greenway Park.

18 km – on the bikepath, 8 m west of the east side of the Sewage Treatment Plant's main building (with chimney).

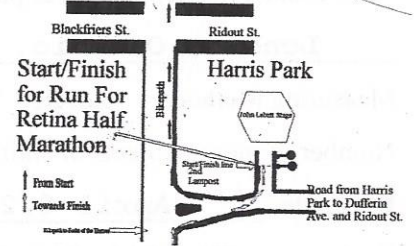
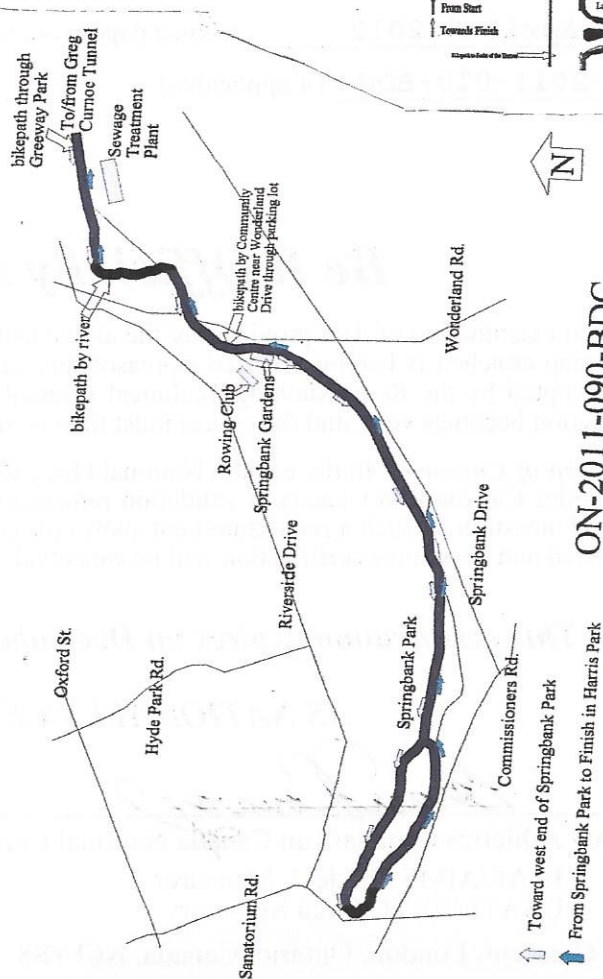
19 km – on the bikepath 26 m west of the "Naturalization" sign at the east end of Greenway Park.

20 km – 54 m east of the Wharnccliffe Rd. Bridge on the bikepath.

21 km – on the bikepath leading to the John Labatt Stage in Harris Park, 97.5 m from the finish.



SW Section of Half Marathon



ON-2011-090-BDC