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Athletics Canada/Run Canada Measurement Certificate

Name of the course	Springbank H	alf Marathon	Distance	21.0975	km
Location (city)	London	(province)	Ontar	io (manu)(
Type of course: road	drace X calibration	track Configura	ition:	Loop	ed a
Type of surface: pav	ed 100 % dirt %	gravel%	grass%	track9	6
Elevation (meters above	ve sea level) Start 240 m	Finish 240 m Hi	ghest 240 m	Lowest 228	m
Straight line distance b	petween start & finish	Drop	m/km Se	paration 0	%
Measured by (name, a	ddress, phone & e-mail)Be	rnard Conway	67 Southwood	l Crescent	
London, Ont	ario, N6J 1S8 519-	641-6889			
02-40	ddress & phone) Paul R		rs' Choice		
207 Dundas	St., London, Ontario	o, N6J 1G4 51	.9-672-5928		
Measuring Methods:	bicycle X steel tape	electronic distance mete	er		
Number of measureme	ents of entire course: 2 Date	e(s) when course measured	l: Aug. 23	2011	
	ot. 11/2011 Course p				
	08-045-BDC (if applicable)				BDC
e gradad per la				Race Director	

Notice to Race Director
Use this Certification Code in *all* public announcements relating to your race.

Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If *any* changes are made to the course, this certification becomes void, and the course must then be recertified.

Validation of Course — In the event a National Open Record is set on this course, or at the discretion of Athletics Canada/Run Canada, a validation remeasurement may be required to be performed by a qualified measurer. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

This certification expires on December 31 in the year 2021

AS	NA	TIO	NAI	LLY	CERTIF	FIED	BY:
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Server Date: Aug. 30/2011

Bernard Conway - Athletics Canada/Run Canada/National Certifier

- IAAF/AIMS Grade A Measurer

- USATF/RRTC Final Signatory

67 Southwood Crescent, London, Ontario, Canada, N6J 1S8

Phone: 519-641-6889 (H) Fax: 519-641-6889 E-mail: measurer@rogers.com

Springbank Half Marathon Course (East Start)

Start - is 20.20 m east of the east wall of the Stone House. Runners head west and clockwise around loop.

1 km - at the north-west end of Springbank Park, 4 m south of drain south of the bikepath to/from Boler Rd.

5 km - 13 m east of the observation area with the wooden fence on the lower road near the east end of Storybook Gardens.

8 km - 38 m north of the north end of the new washrooms in Saturn Park on the bikepath.

10 km - 21 m north of the Greg Curnoe Tunnel under the CN tracks.

12 km - 0.5 m north of the flag at the Forks of the Thames near the splash pad.

<u>Turnaround</u> - on the bikepath in the park with the John Labatt Stage, 10.60 m north of the first bench north of the 3rd lamp post north of the Queens St. Bridge, or 17.47 m north of 3rd lamp post.

15 km - 11 m east of the east goal post of the soccer field closest to Saturn Park.

18 km - 38 m west of where Wonderland Gardens bikepath enters Springbank Park.

20 km - 50 m east of the yellow post near the access to Boler Rd. Bridge at the northwest corner of Springbank Park.

