



# Athletics Canada/Run Canada Measurement Certificate

Name of the course Reach The Beach Distance 5 km  
Location (city) Port Stanley (province) Ontario  
Type of course: road race ☒ calibration ☐ track ☐ Configuration: Out/Back  
Type of surface: paved ☐ % dirt ☐ % gravel ☐ % grass ☐ % track ☐ %  
Elevation (meters above sea level) Start 175 m Finish 175 m Highest 191 m Lowest 175 m  
Straight line distance between start & finish 0 Drop 0 m/km Separation 0 %  
Measured by (name, address, phone & e-mail) Bernard Conway 67 Southwood Crescent  
London, Ontario, N6J 1S8 519-641-6889  
Race contact (name, address & phone) Tracy Hillman 5 Queen Mary Crescent  
London, Ontario, N6H 4B5 519-673-8834  
Measuring Methods: bicycle ☒ steel tape ☐ electronic distance meter ☐  
Number of measurements of entire course: 2 Date(s) when course measured: May 20/2011  
Race date: Aug. 12/2011 Course paperwork submission date: May 23/2011  
Replaces: \_\_\_\_\_ (if applicable) Certification code: ON-2011-041-BDC

Notice to Race Director  
Use this Certification Code in *all* public  
announcements relating to your race.

## Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If *any* changes are made to the course, this certification becomes void, and the course must then be recertified.

**Validation of Course** — In the event a National Open Record is set on this course, or at the discretion of Athletics Canada/Run Canada, a validation remeasurement may be required to be performed by a qualified measurer. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

*This certification expires on December 31 in the year 2021*

**AS NATIONALLY CERTIFIED BY:**

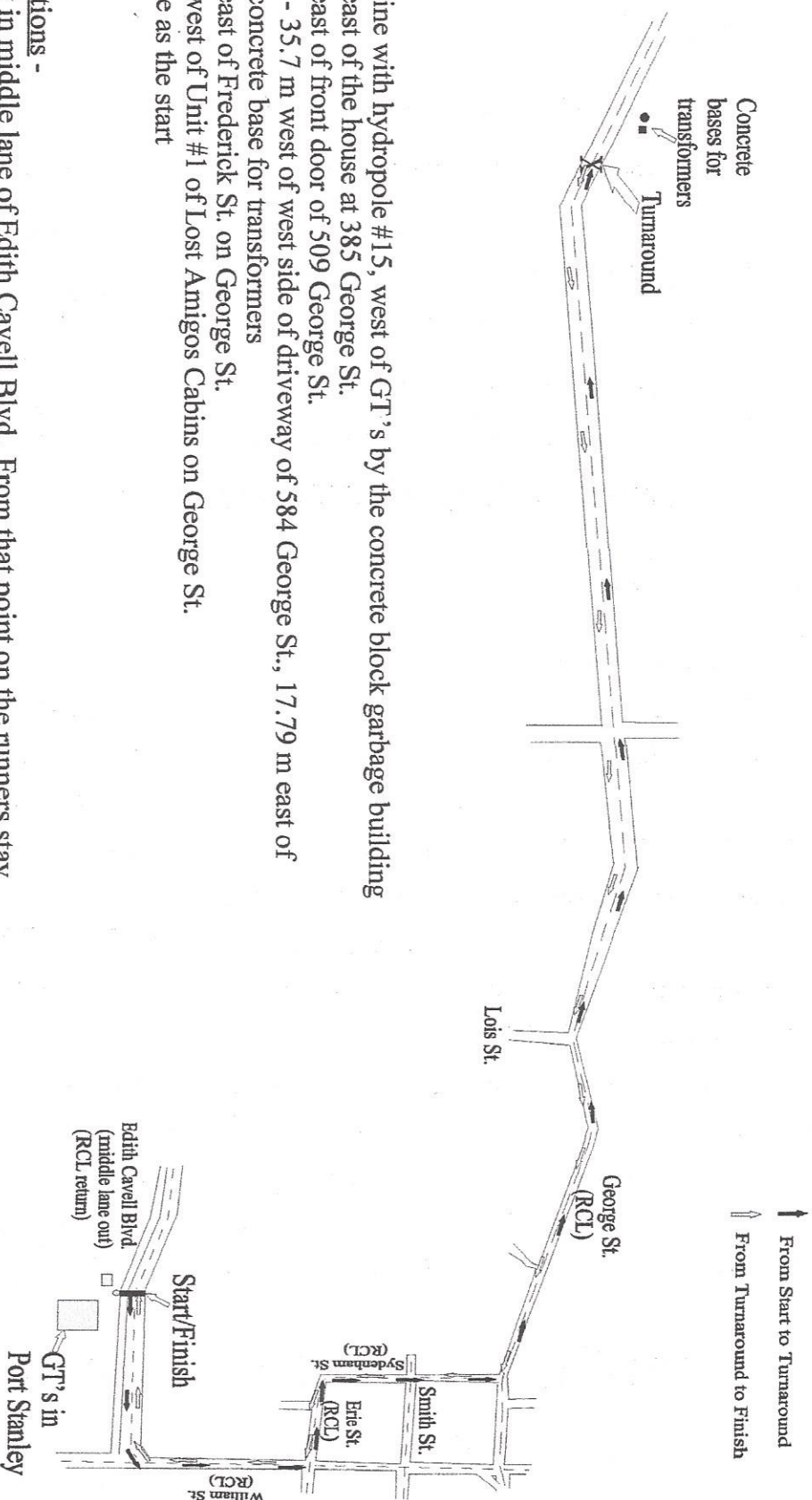
Bernard Conway  
Bernard Conway - Athletics Canada/Run Canada National Certifier  
- IAAF/AIMS Grade A Measurer  
- USATF/RRTC Final Signatory

Date: May 24/2011

67 Southwood Crescent, London, Ontario, Canada, N6J 1S8

Phone: 519-641-6889 (H) Fax: 519-641-6889 E-mail: [measurer@rogers.com](mailto:measurer@rogers.com)

# Reach The Beach 5 km



Start - is in line with hydro pole #15, west of GT's by the concrete block garbage building

1 km - 1 m east of the house at 385 George St.

2 km - 3 m east of front door of 509 George St.

Turnaround - 35.7 m west of west side of driveway of 584 George St., 17.79 m east of rectangular concrete base for transformers

3 km - 9 m east of Frederick St. on George St.

4 km - 2 m west of Unit #1 of Lost Amigos Cabins on George St.

Finish - same as the start

## Lane Restrictions -

Runners stay in middle lane of Edith Cavell Blvd. From that point on the runners stay in the right curb lane of all other streets. Left turns start at the end of the painted stop of one street and finish by the start of the yellow dividing line on the new street.

ON-2011-041-BDC