



Athletics Canada/Run Canada
Measurement Certificate

Name of the course Downtown Dash 10K Distance 10 km
Location (city) Burlington (province) Ontario
Type of course: road race ☒ calibration track Configuration: Loop (2 laps)
Type of surface: paved 100 % dirt _____ % gravel _____ % grass _____ % track _____ %
Elevation (meters above sea level) Start 81 m Finish 77 m Highest 87 m Lowest 74 m
Straight line distance between start & finish 290 m Drop 0.4 m/km Separation 3 %
Measured by (name, address, phone & e-mail) Joe Hewitt 37 Fairwood Place West
Burlington, ON, L7T 1E4 905-333-0652
Race contact (name, address & phone) Kelly Arnott 561 Blant St., PO Box 85030
Burlington, ON, L7R 4K3 905-639-8053
Measuring Methods: bicycle ☒ steel tape electronic distance meter
Number of measurements of entire course: 2 Date(s) when course measured: April 11/2011
Race date: July 14/2011 Course paperwork submission date: May 6/2011
Replaces: _____ (if applicable) Certification code: ON-2011-024-BDC

Notice to Race Director
Use this Certification Code in *all* public
announcements relating to your race.

Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If *any* changes are made to the course, this certification becomes void, and the course must then be recertified.

Validation of Course — In the event a National Open Record is set on this course, or at the discretion of Athletics Canada/Run Canada, a validation remeasurement may be required to be performed by a qualified measurer. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

This certification expires on December 31 in the year 2021

AS NATIONALLY CERTIFIED BY:

Bernard Conway
Bernard Conway - Athletics Canada/Run Canada National Certifier
- IAAF/AIMS Grade A Measurer
- USATF/RRTC Final Signatory

Date: May 7/2011

67 Southwood Crescent, London, Ontario, Canada, N6J 1S8

Phone: 519-641-6889 (H) Fax: 519-641-6889 E-mail: measurer@rogers.com

DOWNTOWN DASH 10K BURLINGTON, ON

- 0-START-PEARL, North side of Maria - see detail.
- 1-Lakeshore Rd & Burlington Ave, westside of intersection at sewer grate
- 2-Maple Ave, 2m south of south wall of Maple Crossing Plaza
- 3-1246 Hammond Rd - west side of driveway
- 4-Caroline St. & Burlington Ave - 2m east of sewer grate at SE corner
- 5-PEARL ST (same as SK start line)
- 6-1363 Lakeshore Rd, E side of opt.
- 7-611 Maple Ave. N. side of driveway
- 8-Lambhead & ~~Richmond~~, in line with N. edge of sidewalk, SW corner.
- 9-1434 Caroline St. In line with front door
- 10.FINISH-Pearl St. - See detail.
(same finish as SK)

*RUNNERS COMPLETE 2 LAPS
OF THE ROUTE

ON-2011-024-BDC

