



Athletics Canada/Run Canada Measurement Certificate

Name of the course Shawnigan-Kinsol Half Marathon Distance 21.0975 km
Location (city) Shawnigan (province) British Columbia
Type of course: road race ☒ calibration track Configuration: Loop
Type of surface: paved 50 % dirt 50 % gravel _____ % grass _____ % track _____ %
Elevation (meters above sea level) Start 160 m Finish 160 m Highest 180 m Lowest 125 m
Straight line distance between start & finish 0 m Drop 0 m/km Separation 0 %
Measured by (name, address, phone & e-mail) Gary Duncan 3860 Ascot Drive
Victoria, BC, V8P 3S1 250-721-2912
Race contact (name, address & phone) Kelly Schellenberg 10881 Stuart Road
Ladysmith, BC, V9G 1Z9 250-245-4886
Measuring Methods: bicycle ☒ steel tape electronic distance meter
Number of measurements of entire course: 2 Date(s) when course measured: Aug. 31/2011
Race date: Oct. 31/2011 Course paperwork submission date: Oct. 25/2011
Replaces: _____ (if applicable) Certification code: BC-2011-103-BDC

Notice to Race Director
Use this Certification Code in *all* public
announcements relating to your race.

Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If *any* changes are made to the course, this certification becomes void, and the course must then be recertified.

Validation of Course — In the event a National Open Record is set on this course, or at the discretion of Athletics Canada/Run Canada, a validation remeasurement may be required to be performed by a qualified measurer. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

This certification expires on December 31 in the year 2021

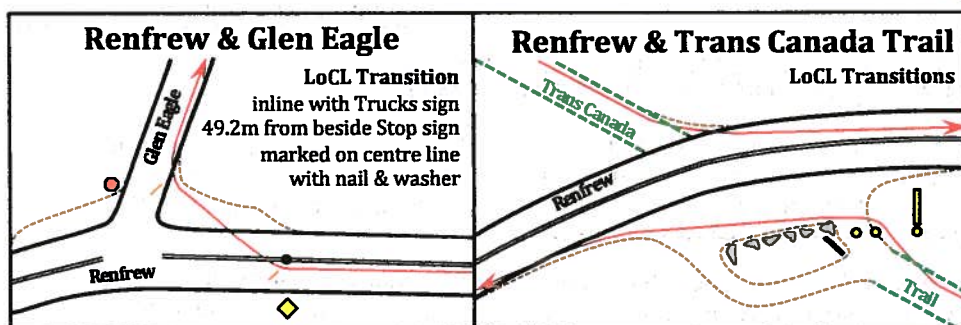
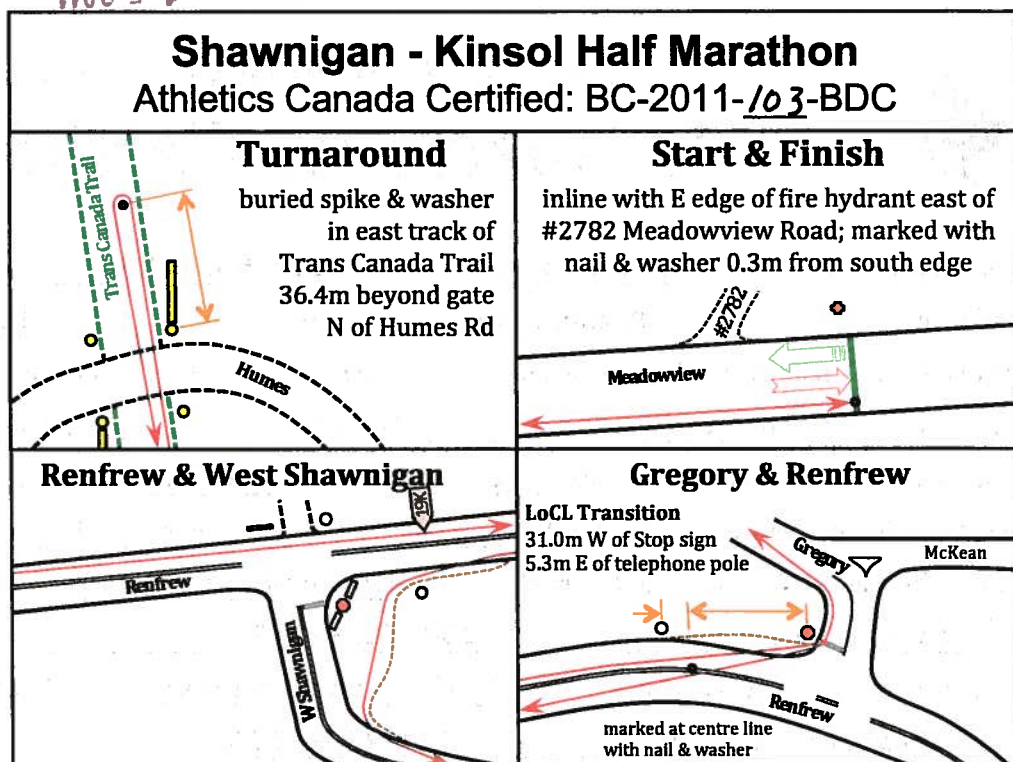
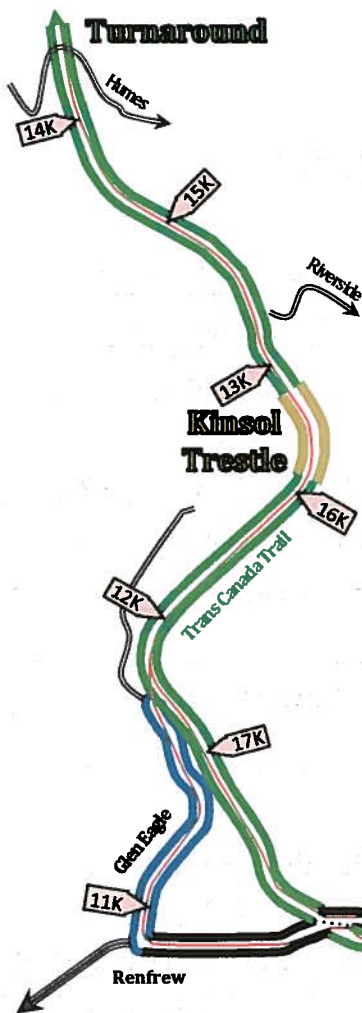
AS NATIONALLY CERTIFIED BY:

Bernard Conway Date: Nov. 8/2011
Bernard Conway - Athletics Canada/Run Canada National Certifier
- IAAF/AIMS Grade A Measurer
- USATF/RRTC Final Signatory

67 Southwood Crescent, London, Ontario, Canada, N6J 1S8

Phone: 519-641-6889 (H) Fax: 519-641-6889 E-mail: measurer@rogers.com

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Athletes are instructed Left of Centre Line (LoCL), i.e. against traffic, on the major roads Renfrew & West Shawnigan; have full use of the **minor roads** Meadowview, Gregory, Rebecca & Glen Eagle; and on the **Trans Canada Trail**. Cones to mark LoCL transitions. The course is measured along the shortest path keeping at least 0.3m from centre line and runnable edges with open gates along the trail.

Shawnigan-Kinsol Half Marathon Shawnigan Lake BC

Measured: 2011 July 31

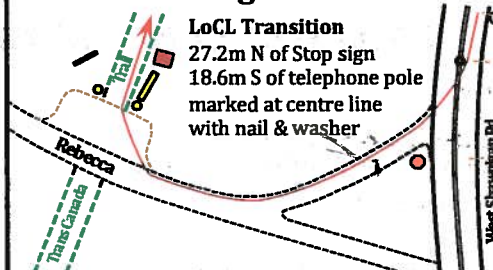
by Gary Duncan

Altitude: Start & Finish: 160m

High: 180m, Low: 125m

Separation: 0m

West Shawnigan & Rebecca



250-721-2912

gary.duncan@telus.net

Gary Duncan, AIMS/IAAF "B" Measurer