



Athletics Canada/Run Canada Measurement Certificate

Name of the course Times Colonist TC10K Distance 10 km
Location (city) Victoria (province) British Columbia
Type of course: road race ☒ calibration ☐ track ☐ Configuration: Loop
Type of surface: paved 100 % dirt % gravel % grass % track %
Elevation (meters above sea level) Start 4 m Finish 4 m Highest 25 m Lowest 3 m
Straight line distance between start & finish 95 m Drop 0 m/km Separation 0.95 %
Measured by (name, address, phone & e-mail) Gary Duncan 3860 Ascot Drive
Victoria, BC, V8P 3S1 250-721-8673
Race contact (name, address & phone) Jacqui Sanderson 100 - 4636 Elk Lake Drive
Victoria, BC, V9G 1Z9 250-744-5538
Measuring Methods: bicycle ☒ steel tape ☐ electronic distance meter ☐
Number of measurements of entire course: 3 Date(s) when course measured: Feb. 12, 19, 20/2011
Race date: May 1/2011 Course paperwork submission date: April 27/2011
Places: BC-2007-127-BDC (if applicable) Certification code: BC-2011-017-BDC

Notice to Race Director
Use this Certification Code in *all* public
announcements relating to your race.

Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If *any* changes are made to the course, this certification becomes void, and the course must then be recertified.

Validation of Course — In the event a National Open Record is set on this course, or at the discretion of Athletics Canada/Run Canada, a validation remeasurement may be required to be performed by a qualified measurer. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

This certification expires on December 31 in the year 2021

AS NATIONALLY CERTIFIED BY:

Bernard Conway
Bernard Conway - Athletics Canada/Run Canada National Certifier
- IAAF/AIMS Grade A Measurer
- USATF/RRTC Final Signatory

Date: April 28/2011

67 Southwood Crescent, London, Ontario, Canada, N6J 1S8

Phone: 519-641-6889 (H) Fax: 519-641-6889 E-mail: measurer@rogers.com

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Times Colonist TC10K - Athletics Canada Certified: BC-2011-017-BDC

Start & Finish Detail

Finish Line

inline with centre of lamp post (4th W of Government St.) and opposite *Sir James Douglas* obelisk; marked with a nail & washer 0.3m from N curb

Lamp Post 4th from Government St

Masonry Nail w/ washer

22.7m

Old RV "10K" Caps

Start Line

6.1m N of centre of lamp post (1st N of Belleville St.); 7.9m N of manhole centre; 13.7m N along curb from grate; marked with a nail & washer 1.85m from N curb

21.1m

7.9m

Lamp Post

Manhole Cover

Drain Grate

Starting on the south end of the Causeway the course heads north on Government and Wharf; east on Johnson; south and east on Vancouver, Richardson, Moss, May, and Memorial; westerly on Dallas; then north and east on Erie, St. Lawrence, Kingston, Montreal, Quebec, Pendray and Belleville to a finish in front of the Provincial Legislature.

Times Colonist TC10K Victoria BC, Canada

Measured: 2011 Feb. 19 & 20
by Gary Duncan
Altitude: Start: 4m, Finish: 4m
High: 25m, Low: 3m
Separation: 95m



Runners have use of the full width of all roads and the course is measured along the shortest possible path keeping at least 0.3m from curbs.

Coning or other restricting devices are not strictly required but are recommended on the curbs at inside corners where runners might shortcut across the sidewalks, especially at the re-engineered Memorial and Dallas intersection.