Athletics Canada/Run Canada

Measurement Certificate

Name of the course	Woody's 10 1	km Race Red	Deer	Distance	10 km
Type of course: road race X					
Type of surface: paved100					
Elevation (meters above sea level)					
Straight line distance between star					
Measured by (name, address, phor					
Red Deer, AB, T4N 5			14 500-320000000000000000000000000000000000	and the second s	And and other
Race contact (name, address & ph					- demonstration (1) 7
Red Deer, AB					
Measuring Methods: bicycle	K steel tape	electronic di	istance meter		Marie Company
Number of measurements of entire	course: 2 D	Pate(s) when cours	se measured:	April 23,	2011
Race date: May 22, 20					
Replaces:					-2011-045-BDC
				se this Certifica	Race Director tion Code in <i>all</i> public relating to your race.
Based on examination of	Be It Off		oted Th	at	

named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If any changes are made to the course, this certification becomes void, and the course must then be recertified.

Validation of Course - In the event a National Open Record is set on this course, or at the discretion of Athletics Canada/Run Canada, a validation remeasurement may be required to be performed by a qualified measurer. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

This certification expires on December 31 in the year 2020

AS NATIONALLY CERTIFIED BY	Y:				
Dernais onway	Date:	May	30.	2011	
Bernard Conway - Athletics Canada/Run Canada National Certifier	2200 0000000000				

- IAAF/AIMS Grade A Measurer

- USATF/RRTC Final Signatory

67 Southwood Crescent, London, Ontario, Canada, N6J 1S8

Phone: 519-641-6889 (H) Fax: 519-641-6889 E-mail: measurer@rogers.com

WOODY'S IOK RACE RED Route Description Start 16 m 510 m m West on 55th St - ROC Right on 45 th Ave - LOC Turn Left Waskasoo Crescent - ER Road to pathway -ER Pathway to Taylor Bridge - LOC Under Taylor Bridge Turn left up to Taylor bridge Sidewalk Taylor Bridge - ROC Turn Left to Bower Ponds - LOC Pathway under Taylor Bridge - LOC Pathway - ROC Pathway under 67th St Bridge - ROC Riverside Dr - Cross only Over 67th St Bridge. Sidewalk - ROC Turn Left off Bridge - LOC Pathway - LOC Right 45th Ave 67 FINST 45th Ave to 67A St - ROC Turn around on 67A ST 67A St to 45th Ave -ROC Pathway - Kerrywood Nature Centre. - ROC Pathway to 55th St - ROC 55th St - RCL 42a Ave - ER Finish. RCL- right curb lane ROC - right of centre LOC - Left curb lane LCL - Left curb lane ER - Entire Road 424 FX

From Start line on 55th Street at 42a Ave to finish line on 42a Ave near access to Lindsay Thurber High School, all corners coned and marshalled.

55 HIS

All split locations are marked with a pk nail and washer, painted and referenced to a permanent object.

Course measurers: Robert Furness and Evan Harbinson 403 343 0496 Course measured : April 22 2011

AB-2011-045-BDC