



# Athletics Canada/Run Canada Measurement Certificate

Name of the course Course Fort Chambly 10k Distance 10 km  
Location (city) Chambly (province) Québec  
Type of course: road race ☒ calibration track Configuration: Loop  
Type of surface: paved 95 % dirt 5 % gravel \_\_\_\_\_ % grass \_\_\_\_\_ % track \_\_\_\_\_ %  
Elevation (meters above sea level) Start 15 m Finish 15 m Highest 21 m Lowest 4 m  
Straight line distance between start & finish 7 m Drop 0 m/km Separation 0.07 %  
Measured by (name, address, phone & e-mail) Christine Bush & Mark McGowan  
130 Maria, Lasalle, QC, H8R 3M1 514-365-2274  
Race contact (name, address & phone) Louis Turcotte 1135 ch. De la Paix  
Sainte Sanveuer, J0R 1R2 450-227-3578  
Measuring Methods: bicycle ☒ steel tape electronic distance meter  
Number of measurements of entire course: 2 Date(s) when course measured: April 21/2010  
Race date: May 9/2010 Course paperwork submission date: April 26/2010  
Replaces: \_\_\_\_\_ (if applicable) Certification code: QC-2010-029-BDC

Notice to Race Director  
Use this Certification Code in *all* public  
announcements relating to your race.

## Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If *any* changes are made to the course, this certification becomes void, and the course must then be recertified.

**Validation of Course** — In the event a National Open Record is set on this course, or at the discretion of Athletics Canada/Run Canada, a validation remeasurement may be required to be performed by a qualified measurer. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

*This certification expires on December 31 in the year 2020*

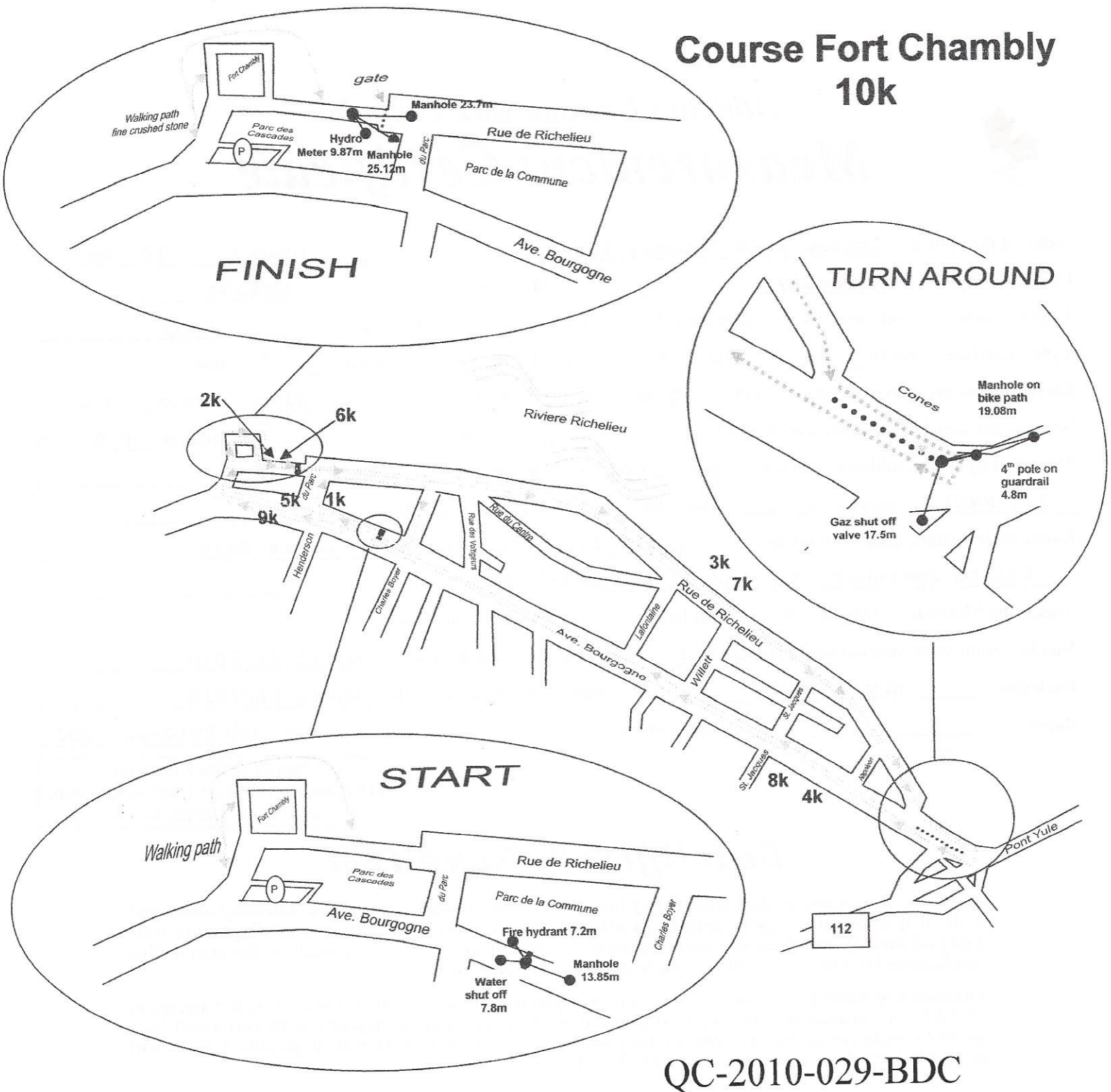
**AS NATIONALLY CERTIFIED BY:**

Bernard Conway  
Bernard Conway - Athletics Canada/Run Canada National Certifier  
- IAAF/AIMS Grade A Measurer  
- USATF/RRTC Final Signatory

Date: April 28/2010

67 Southwood Crescent, London, Ontario, Canada, N6J 1S8  
Phone: 519-641-6889 (H) Fax: 519-641-6889 E-mail: [measurer@rogers.com](mailto:measurer@rogers.com)

# Course Fort Chambly 10k



QC-2010-029-BDC

Notes:

Measured by Mark McGowan & Christine Bush April 11, 2010

Course is run on paved surface, with aprx. 500m on graded foot path. Runners have run of the road on Rue Richelieu and will be restricted to half the road of Ave. Bourgogne which will be coned and have volunteers out to keep them on right hand side.

- 1k – West of corner of du Parc & Ave. Bourgogne, 6.46m east of manhole on north side of Ave. Bourgogne
- 2k – On gravel walking path near finish area in Parc des Cascades, 15.5m west of manhole
- 3k – On Rue Richelieu, 11.8 m northeast of hydro pole #00458
- 4k – 2.2m from lamppost and 13.5m northeast of manhole on north side of ave. Bourgogne
- 5k – 30.3m west of firehydrant on south side of Ave. Bourgogne & 6.7m from manhole on corner of du Parc & Bourgogne
- 6k – On gravel walking path near finish area in Parc des Cascades, 8.1m from cement pad in grass to the southeast
- 7k – 10.3m to the of Hydro Pole #00458 on the north side of the street.
- 8k – 24.5m northeast of lamppost on north side of street & 35.6m northeast of manhole on north side of street past 4k mark
- 9k – 4.5m west of manhole on south side of street, in front of church

