



Athletics Canada/Run Canada Measurement Certificate

Name of the course Remember Run 2010 8k Distance 8 km
Location (city) Cambridge (province) Ontario
Type of course: road race ☒ calibration track Configuration: Loop
Type of surface: paved 81 % dirt 19 % gravel _____ % grass _____ % track _____ %
Elevation (meters above sea level) Start 284 m Finish 284 m Highest 286 m Lowest 269 m
Straight line distance between start & finish 0 m Drop 0 m/km Separation 0 %
Measured by (name, address, phone & e-mail) Keith Secor 32 Calvert Close
Kitchener, Ontario, N2R 1A2 519-748-5489
Race contact (name, address & phone) Lloyd Schmidt 2 Weberlyn Crescent
Conestogo, Ontario, N0B 1N0 519-664-1331
Measuring Methods: bicycle ☒ steel tape electronic distance meter
Number of measurements of entire course: 2 Date(s) when course measured: Sept. 22/2010
Race date: Nov. 6/2010 Course paperwork submission date: Oct. 12/2010
Replaces: _____ (if applicable) Certification code: ON-2010-101-BDC

Notice to Race Director
Use this Certification Code in *all* public
announcements relating to your race.

Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If *any* changes are made to the course, this certification becomes void, and the course must then be recertified.

Validation of Course — In the event a National Open Record is set on this course, or at the discretion of Athletics Canada/Run Canada, a validation remeasurement may be required to be performed by a qualified measurer. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

This certification expires on December 31 in the year 2020

AS NATIONALLY CERTIFIED BY:

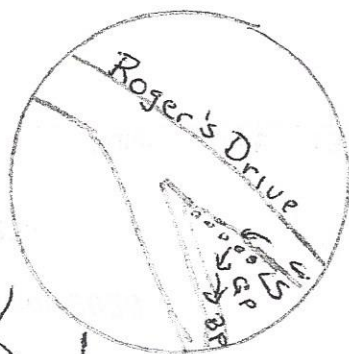
Bernard Conway Date: Oct. 13/2010
Bernard Conway - Athletics Canada/Run Canada National Certifier
- IAAF/AIMS Grade A Measurer
- USATF/RRTC Final Signatory

67 Southwood Crescent, London, Ontario, Canada, N6J 1S8

Phone: 519-641-6889 (H) Fax: 519-641-6889 E-mail: measurer@rogers.com

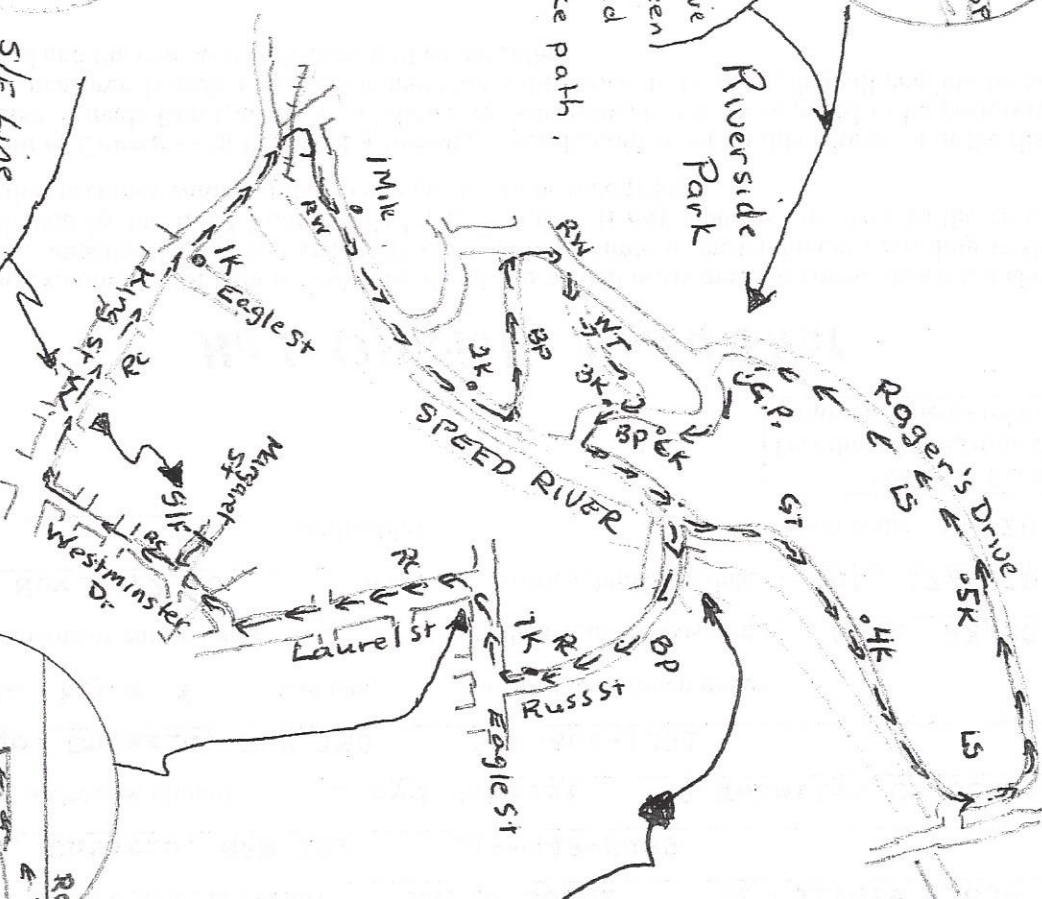
Remember Run 2010 - 8K

ON-2010-101-BDC

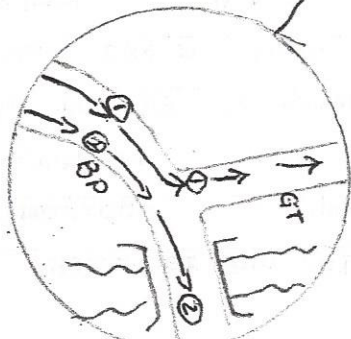


Runners proceed from left side of Roger's Drive go onto the grass between the 2nd and 3rd rock and continue onto the bike path.

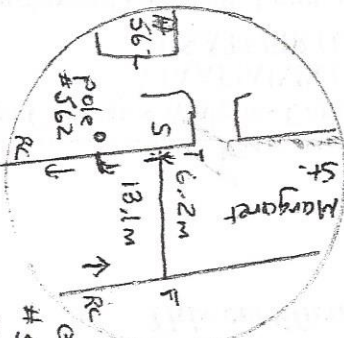
Riverside Park



- RC - right curb side
- RN - gravel roadway
- BP - paved bike path
- WT - woodchip trail
- GT - grass trail
- GP - grass path (under bridge)
- LS - left side of road



- On first loop, runners will go on grass trail before the bridge, on second loop runners will proceed over bridge



Runners go from right curb of Eagle St, cross over to the left side of left turn lane then to right curb on Laurel St.