



Athletics Canada/Run Canada
Measurement Certificate

Name of the course Colleen Lantz Memorial Run 4 Youth Distance 10 km
Location (city) Neustadt (province) Ontario
Type of course: road race ☒ calibration track Configuration: Loop
Type of surface: paved 95 % dirt 5 % gravel % grass % track %
Elevation (meters above sea level) Start 298 m Finish 298 m Highest 334 m Lowest 291 m
Straight line distance between start & finish 0 Drop 0 m/km Separation 0 %
Measured by (name, address, phone & e-mail) Bernard Conway 67 Southwood Crescent
London, Ontario, N6J 1S8 519-641-6889
Race contact (name, address & phone) Alicia Lantz 209 Forler St.
Neustadt, Ontario, N0G 2M0 519-799-5423
Measuring Methods: bicycle ☒ steel tape electronic distance meter
Number of measurements of entire course: 2 Date(s) when course measured: May 23/2010
Race date: Aug. 8/2010 Course paperwork submission date: May 29/2010
Replaces: ON-2008-051-BDC (if applicable) Certification code: ON-2010-051-BDC

Notice to Race Director
Use this Certification Code in *all* public
announcements relating to your race.

Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If *any* changes are made to the course, this certification becomes void, and the course must then be recertified.

Validation of Course — In the event a National Open Record is set on this course, or at the discretion of Athletics Canada/Run Canada, a validation remeasurement may be required to be performed by a qualified measurer. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

This certification expires on December 31 in the year 2020

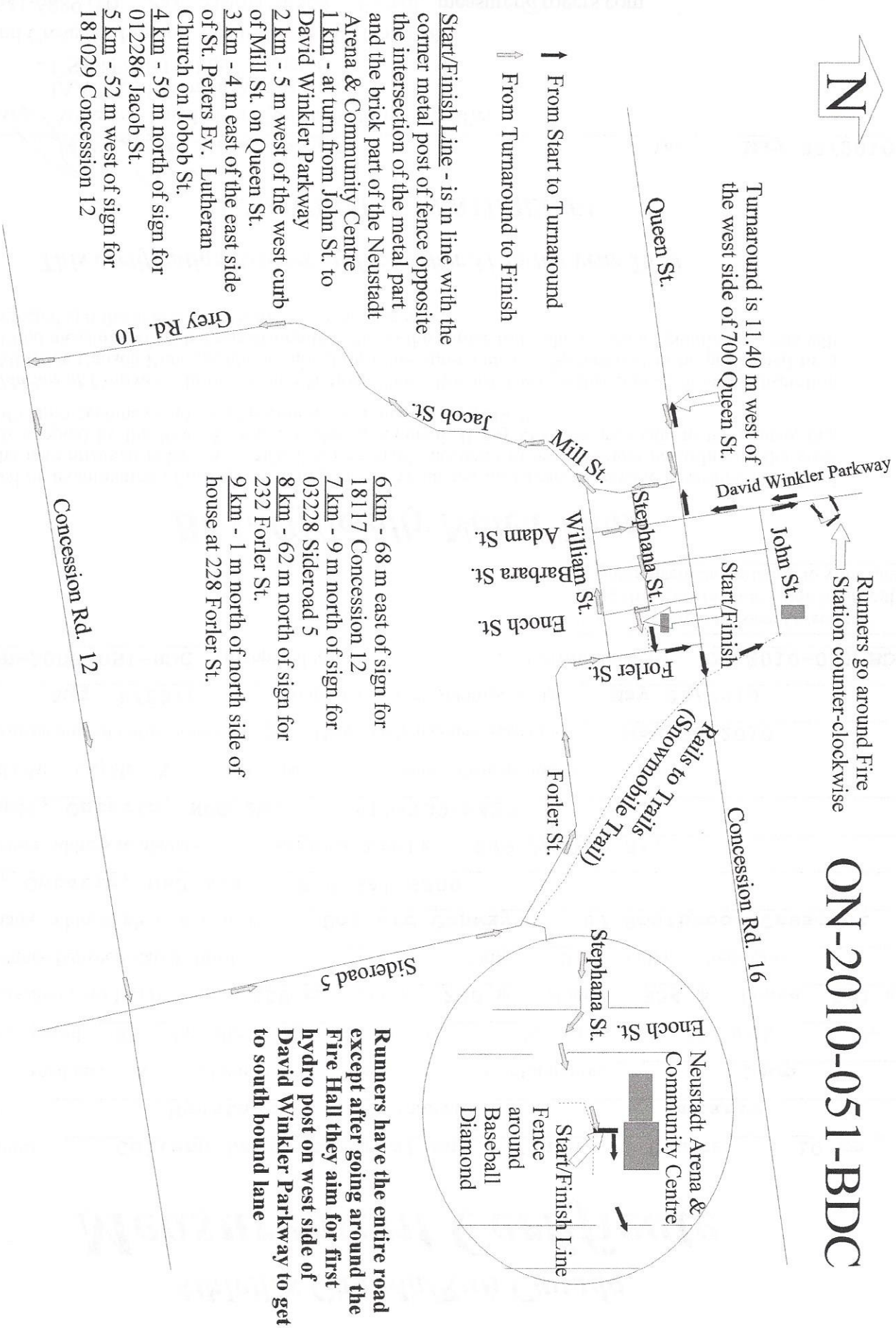
AS NATIONALLY CERTIFIED BY:

Bernard Conway Date: May 30/2010
Bernard Conway Athletics Canada/Run Canada National Certifier
- IAAF/AIMS Grade A Measurer
- USATF/RRTC Final Signatory

67 Southwood Crescent, London, Ontario, Canada, N6J 1S8
Phone: 519-641-6889 (H) Fax: 519-641-6889 E-mail: measurer@rogers.com



ON-2010-051-BDC



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