



Athletics Canada/Run Canada Measurement Certificate

Name of the course The Dairy Capital 10 km Run Distance 10 km
Location (city) Woodstock (province) Ontario
Type of course: road race ☒ calibration track Configuration: Loop (2 laps)
Type of surface: paved 100 % dirt _____ % gravel _____ % grass _____ % track _____ %
Elevation (meters above sea level) Start 287 m Finish 287 m Highest 293 m Lowest 283 m
Straight line distance between start & finish 260 m Drop 0 m/km Separation 2.6 %
Measured by (name, address, phone & e-mail) Bernard Conway 67 Southwood Crescent
London, Ontario, N6J 1S8 519-641-6889
Race contact (name, address & phone) Mike Robinson 339 Graham St.
Woodstock, Ontario, N4S 6L2 519-421-9857
Measuring Methods: bicycle ☒ steel tape electronic distance meter
Number of measurements of entire course: 2 Date(s) when course measured: April 21, 2010
Race date: May 24, 2010 Course paperwork submission date: April 20, 2010
Replaces: ON-2009-019-BDC (if applicable) Certification code: ON-2010-020-BDC

Notice to Race Director
Use this Certification Code in *all* public
announcements relating to your race.

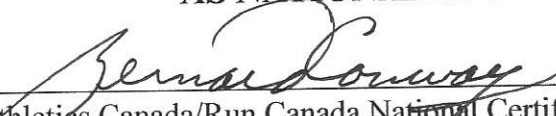
Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If *any* changes are made to the course, this certification becomes void, and the course must then be recertified.

Validation of Course — In the event a National Open Record is set on this course, or at the discretion of Athletics Canada/Run Canada, a validation remeasurement may be required to be performed by a qualified measurer. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

This certification expires on December 31 in the year 2020

AS NATIONALLY CERTIFIED BY:


Bernard Conway - Athletics Canada/Run Canada National Certifier
- IAAF/AIMS Grade A Measurer
- USATF/RRTC Final Signatory

Date: April 21, 2010

67 Southwood Crescent, London, Ontario, Canada, N6J 1S8

Phone: 519-641-6889 (H) Fax: 519-641-6889 E-mail: measurer@rogers.com

The Dairy Capital 10 km Run

Start – even with the west side of the west stone entrance to Southside Park on Goeghegan's Way, 32.2 m east of the east side of Southside Park Workshop.

1 km – 4 m west of house at 135 Dover St.

2 km – 45 m south of the south curb of Pavay St. on Fyfe Av.

3 km – 57 m south of the covered pavilion by the lake south of the bridge in Southside Park.

4 km – 2 m north of the north curb of Hay St. on Butler St.

5 km – 92.7 m east of the concrete block washroom on Goeghegan's Way near the south fence of the Ball Diamond.

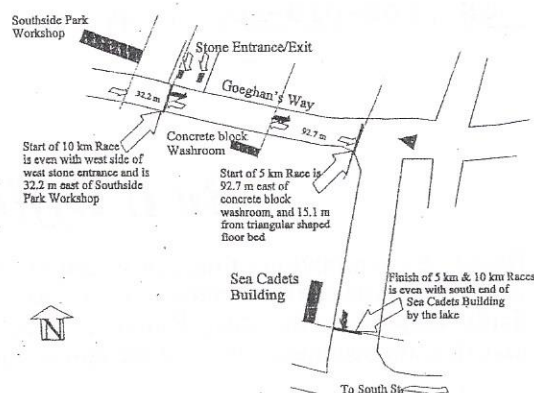
6 km – 5 m south of the north side of the house at 103 Dover St.

7 km – 6 m south of the north end of the building at 200 Fyfe Av. (Unit #1).

8 km – 0.5 m west of the bridge in Southside Park.

9 km – 47 m north of the north curb of Kendall Av. on Butler St.

10 km Finish – is even with the west end of the Sea Cadets Building in Southside Park to the west of the Ball Diamond.



ON-2010-020-BDC