To be

Athletics Canada/Run Canada Measurement Certificate

Name of the course	The Dairy C	apital 5 km	Run	Distance	5	km
Location (city)					rio	
Type of course: road race						
Type of surface: paved 10	0% dirt	_% gravel	% gra	ss%	track	%
Elevation (meters above sea lev						
Straight line distance between s	tart & finish	130 m	Drop0	m/km Se	paration _	2.6 %
Measured by (name, address, phone & e-mail) Bernard Conway 67 Southwood Crescent						cent
London, Ontario, 1						
Race contact (name, address & phone) Mike Robinson 339 Graham St.						
Woodstock, Ontar						
Measuring Methods: bicycle X steel tape electronic distance meter						
Number of measurements of entire course: 2 Date(s) when course measured: April 21, 2010						
Race date: May 24,						
Replaces: ON-2009-018				ation code: Ol	N-2010-	019-BDC
				Notice t Use this Certific announcement	o Race Direction Code s relating to	in all public

Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If *any* changes are made to the course, this certification becomes void, and the course must then be recertified.

Validation of Course — In the event a National Open Record is set on this course, or at the discretion of Athletics Canada/Run Canada, a validation remeasurement may be required to be performed by a qualified measurer. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

This certification expires on December 31 in the year 2020

AS NATIONALLY CERTIFIED BY:

Date: April 21, 2010

Bernard Conway - Athletics Canada/Run Canada National Certifier

- IAAF/AIMS Grade A Measurer

- USATF/RRTC Final Signatory

67 Southwood Crescent, London, Ontario, Canada, N6J 1S8

Phone: 519-641-6889 (H) Fax: 519-641-6889 E-mail: measurer@rogers.com

The Dairy Capital 5 km Run

Start – 92.7 m east of the concrete block washroom on Goeghegan's Way near the south fence of the Ball Diamond.

1 km - 5 m south of the north side of the house at 103 Dover St.

2 km - 6 m south of the north end of the building at 200 Fyfe Av. (Unit #1).

3 km - 0.5 m west of the bridge in Southside Park.

4 km - 47 m north of the north curb of Kendall Av. on Butler St.

5 km Finish – is even with the west end of the Sea Cadets Building in Southside Park to the west of the Ball Diamond.



