



Athletics Canada/Run Canada Measurement Certificate

Name of the course Endurance 5K Distance 5 km
Location (city) Waterloo (province) Ontario
Type of course: road race ☒ calibration ☐ track ☐ Configuration: Loop
Type of surface: paved 100 % dirt % gravel % grass % track %
Elevation (meters above sea level) Start 346 m Finish 346 m Highest 356 m Lowest 333 m
Straight line distance between start & finish 0 Drop 0 m/km Separation 0 %
Measured by (name, address, phone & e-mail) Keith Secor 32 Calvert Close
Kitchener, Ontario, N2R 1A2 519-748-5489
Race contact (name, address & phone) Lloyd Schmidt 2 Weberlyn Crescent
Conestogo, Ontario, N0B 1N0 519-664-1331
Measuring Methods: bicycle ☒ steel tape ☐ electronic distance meter ☐
Number of measurements of entire course: 2 Date(s) when course measured: March 24, 2010
Race date: Course paperwork submission date: April 6, 2010
Replaces: ON-2006-057-BDC (if applicable) Certification code: ON-2010-010-BDC

Notice to Race Director
Use this Certification Code in *all* public
announcements relating to your race.

Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If *any* changes are made to the course, this certification becomes void, and the course must then be recertified.

Validation of Course — In the event a National Open Record is set on this course, or at the discretion of Athletics Canada/Run Canada, a validation remeasurement may be required to be performed by a qualified measurer. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

This certification expires on December 31 in the year 2020

AS NATIONALLY CERTIFIED BY:

Bernard Conway Date: April 7, 2010
Bernard Conway - Athletics Canada/Run Canada National Certifier
- IAAF/AIMS Grade A Measurer
- USATF/RRTC Final Signatory

67 Southwood Crescent, London, Ontario, Canada, N6J 1S8

Phone: 519-641-6889 (H) Fax: 519-641-6889 E-mail: measurer@rogers.com

Endurance 5k - Columbia Lake Health Club.

Runners run Bike Lane (BL)
Bike Path (BP)
Curb Side (CS)
(within 30cm of curb)

ON-2010-010-BDC

