



Athletics Canada/Run Canada
Measurement Certificate

Name of the course Winnipeg Ten + Ten 10km Distance 10 km
Location (city) Winnipeg (province) Manitoba
Type of course: road race ☒ calibration track Configuration: Loop
Type of surface: paved 100 % dirt _____ % gravel _____ % grass _____ % track _____ %
Elevation (meters above sea level) Start 228 m Finish 228 m Highest 230 m Lowest 228 m
Straight line distance between start & finish 0 m Drop 0 m/km Separation 0 %
Measured by (name, address, phone & e-mail) Marcel LaMontagne 1827 Bay Shore Rd. SW
Calgary, AB, T2V 3M2 & Laurent Lacroix 131 Sunnyside Blvd., Winnipeg, MB
Race contact (name, address & phone) Tom Keogh 13916 Buena Vista Rd., Edmonton, AB
T5R 5S1 780-504-0005 tom.keogh@21one.ca
Measuring Methods: bicycle ☒ steel tape electronic distance meter
Number of measurements of entire course: 2 Date(s) when course measured: 25/07/2010 & 01/08-2010
Race date: Sept. 12/2010 Course paperwork submission date: Aug. 8/2010
Replaces: _____ (if applicable) Certification code: MB-2010-084-BDC

Notice to Race Director
Use this Certification Code in *all* public
announcements relating to your race.

Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If *any* changes are made to the course, this certification becomes void, and the course must then be recertified.

Validation of Course — In the event a National Open Record is set on this course, or at the discretion of Athletics Canada/Run Canada, a validation remeasurement may be required to be performed by a qualified measurer. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

This certification expires on December 31 in the year 2020

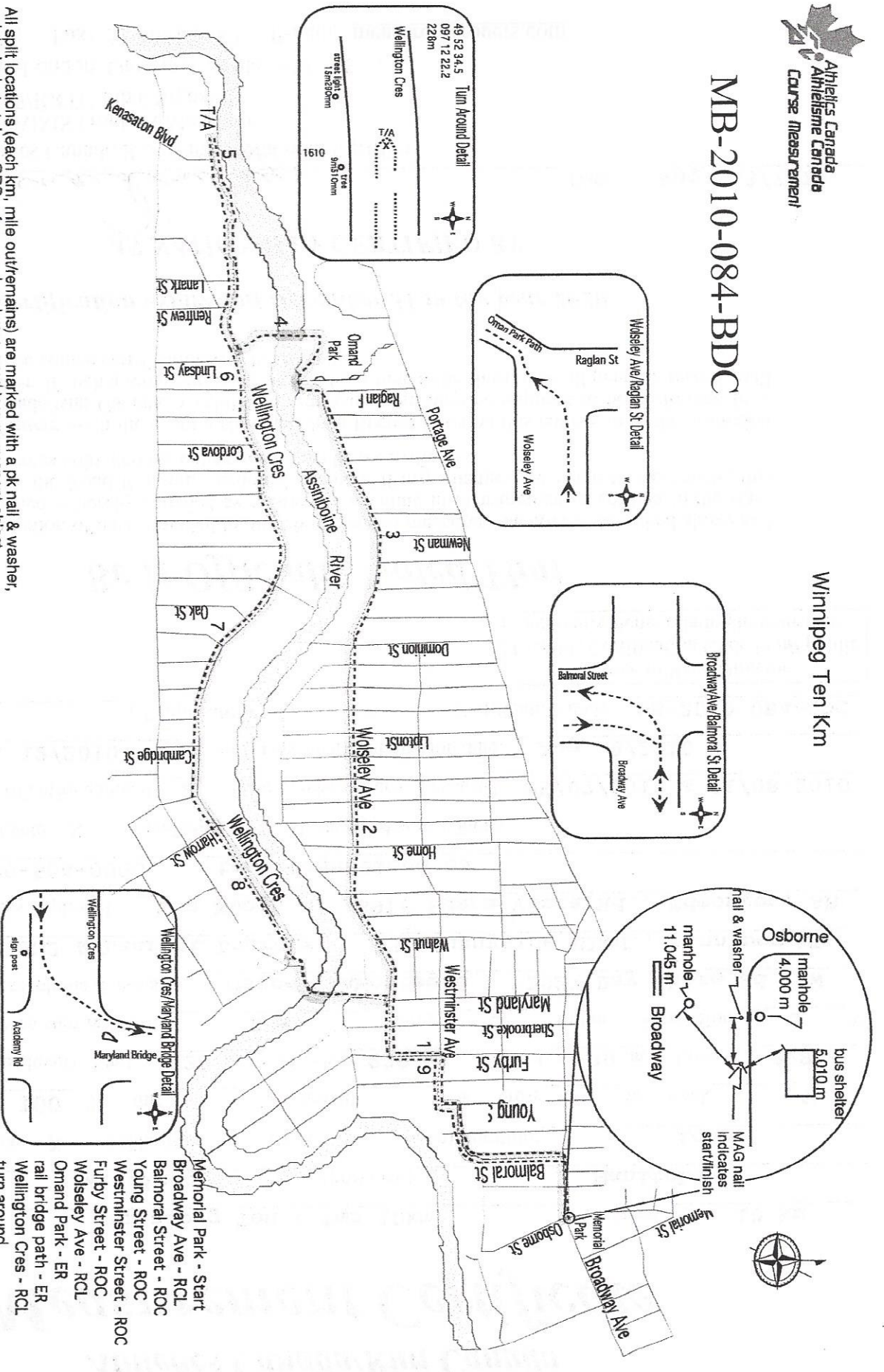
AS NATIONALLY CERTIFIED BY:

Bernard Conway Date: Aug. 13/2010
Bernard Conway, Athletics Canada/Run Canada National Certifier
- IAAF/AIMS Grade A Measurer
- USATF/RRTC Final Signatory

67 Southwood Crescent, London, Ontario, Canada, N6J 1S8
Phone: 519-641-6889 (H) Fax: 519-641-6889 E-mail: measurer@rogers.com

MB-2010-084-BDC

Winnipeg Ten Km



All split locations (each km, mile out/remains) are marked with a pk nail & washer, painted, photo taken, GPS referenced and measured to a permanent object.
 From start line at Memorial Park at Broadway Ave & Osbourne Street to finish line at same location all corners are to be coned and marshalled.

This course is measured to the guidelines defined by governing bodies Athletics Canada, AIMS and IAAF.

Course Measurers: Laurent Lacroix 204.832.2301, Marcel LaMontagne 403.874.1185

Course Measured: July 25, 2010

August 1, 2010

- RCL - Right Curb Lane
- ROC - Right of Centre
- LCL - Left Curb Lane
- LOC - Left of Centre
- ER - Entire Road