To the second

Athletics Canada/Run Canada Measurement Certificate

| Name of the course | Rota | ary 5 km Run | | _ Distance | 5 | km |
|-------------------------------|---------------------|---------------------|-------------------|----------------|---|-----------------------|
| Location (city) | Surrey | (provin | ce) | вс | | |
| Type of course: road race | X calibration | track | Configuration:_ | | Loop | |
| Type of surface: paved | 88% dirt | % gravel | % grass_ | % | track 12 | % |
| Elevation (meters above sea | level) Start 108 | m Finish 10 | B m Highest_ | 118 m | _Lowest | 90 m |
| Straight line distance betwee | en start & finish | 24.5 m | Drop0 | m/km Se | paration | 0.5 % |
| Measured by (name, address | , phone & e-mail) _ | Paul Adams | #55-678 C | itadel I | rive | |
| Port Coquitlam, | BC, V3C 6M7 | 604-945-46 | 04 | | | |
| Race contact (name, address | & phone)De | e Makepeace | PO Box 4 | 5511 | V | |
| Sunnyside RPO, | Surrey, BC, V | 4A 9N3 | | | | |
| Measuring Methods: bicyc | cle X steel tape | e electronic | distance meter | | | |
| Number of measurements of | entire course: 2 | _ Date(s) when cou | rse measured: A | pr. 16, | 2010 | and the second second |
| Race date: | Co | ourse paperwork sul | omission date: Ap | r. 20, 2 | 2010 | |
| Replaces: | (if applica | able) | Certification | n code: BC | 2-2010-0 | 33-BDC |
| | | | | this Certifica | Race Direct ation Code in relating to y | n <i>all</i> public |
| | Be It O | fficially N | loted Tha | t | | |

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If *any* changes are made to the course, this certification becomes void, and the course must then be recertified.

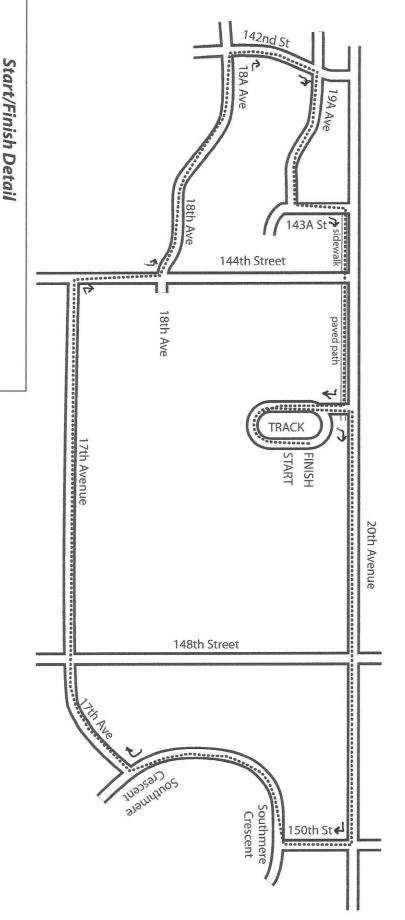
Validation of Course — In the event a National Open Record is set on this course, or at the discretion of Athletics Canada/Run Canada, a validation remeasurement may be required to be performed by a qualified measurer. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

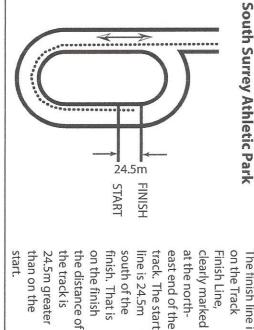
| This certification expires on December 31 in the year | 2020 | |
|---|-------|-------------|
| AS NATIONALLY CERTIFIED BY: | Date: | May 2, 2010 |
| Bernard Conway - Athletics Canada/Run Canada/National Certifier - IAAF/AIMS Grade A Measurer - USATF/RRTC Final Signatory | | |

67 Southwood Crescent, London, Ontario, Canada, N6J 1S8

Phone: 519-641-6889 (H) Fax: 519-641-6889 E-mail: measurer@rogers.com







The finish line is on the Track Finish Line,

Notes

- 1. The route must be laid out in accordance with this map for the certification to be valid.

 2. Burners have full use of all readways: in the shortest
- 2. Runners have full use of all roadways; ie the shortest possible route was measured.3. On 20th Avenue from 143A Street to 144th Street runners
- stay on the sidewalk.
 4. On 20th Avenue from 144th Street to the turnoff to the track runners stay on the paved path.

→ Z