



# Athletics Canada/Run Canada Measurement Certificate

Name of the course Vancouver Sun Run Distance 10 km  
Location (city) Vancouver (province) BC  
Type of course: road race ☒ calibration ☐ track ☐ Configuration: Partial Loop  
Type of surface: paved 100 % dirt      % gravel      % grass      % track      %  
Elevation (meters above sea level) Start 32 m Finish 7 m Highest 35 m Lowest 7 m  
Straight line distance between start & finish 1.3 k Drop 2.5 m/km Separation 13 %  
Measured by (name, address, phone & e-mail) Paul Adams #55 - 678 Citadel Drive  
Port Coquitlam, BC Geoffrey Buttner, Kevin Thomson, Daryl Doyle  
Race contact (name, address & phone) Tim Hopkins 2841 Alamein Street  
Vancouver, BC, V6L 1S4 604-264-6161  
Measuring Methods: bicycle ☒ steel tape ☐ electronic distance meter ☐  
Number of measurements of entire course: 4 Date(s) when course measured: March 21, 2010  
Race date: May 9, 2010 Course paperwork submission date: April 3, 2010  
Replaces:      (if applicable) Certification code: BC-2010-007-BDC

Notice to Race Director  
Use this Certification Code in *all* public  
announcements relating to your race.


## Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If *any* changes are made to the course, this certification becomes void, and the course must then be recertified.

**Validation of Course** — In the event a National Open Record is set on this course, or at the discretion of Athletics Canada/Run Canada, a validation remeasurement may be required to be performed by a qualified measurer. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

***This certification expires on December 31 in the year 2020***

**AS NATIONALLY CERTIFIED BY:**

  
Bernard Conway - Athletics Canada/Run Canada National Certifier  
- IAAF/AIMS Grade A Measurer  
- USATF/RRTC Final Signatory

Date: April 3, 2010

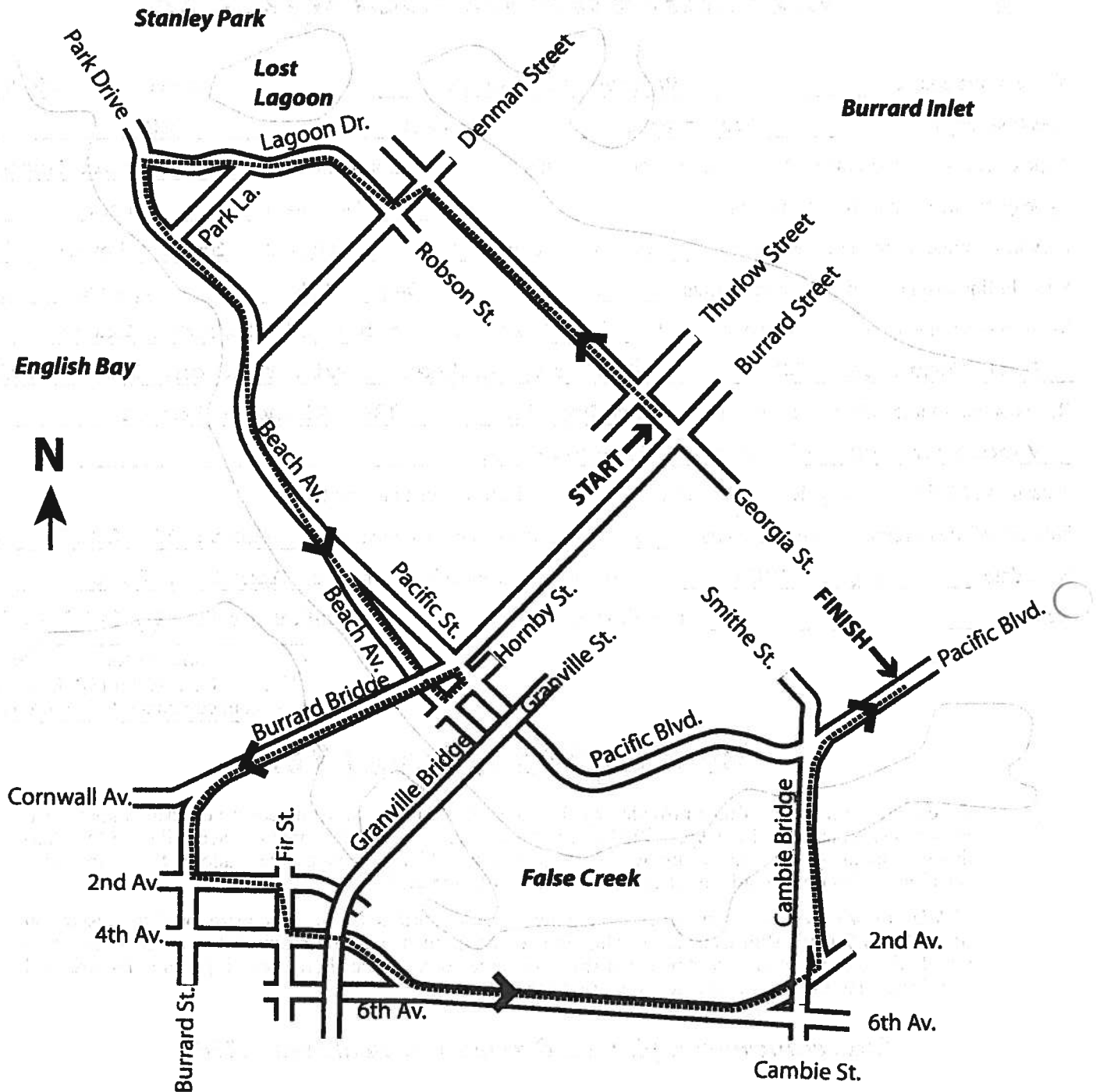
67 Southwood Crescent, London, Ontario, Canada, N6J 1S8

Phone: 519-641-6889 (H) Fax: 519-641-6889 E-mail: [measurer@rogers.com](mailto:measurer@rogers.com)

# Vancouver Sun Run 2010

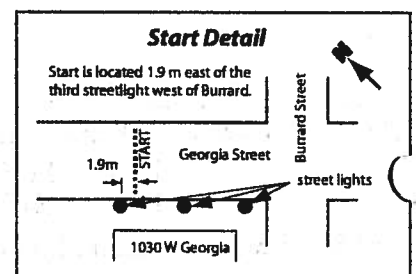
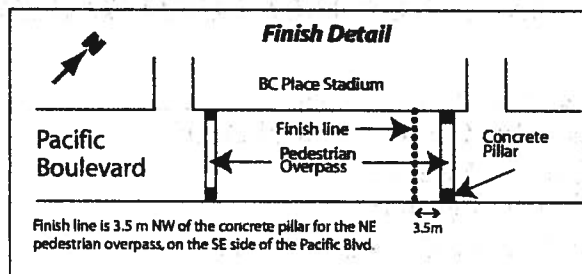
**Run Canada Certified: BC-2010-007-BDC**

Measured by: Paul Adams, Grade "A" and  
Geoffrey Buttner, Kevin Thomson and Daryl Doyle; Grade "C"



## Notes:

This event is a very large 10km run with close to 60,000 participants. Throughout the course runners are allowed full use of both sides of the roadway. The shortest possible route was measured. In the 2006 certification runners were restricted to the north side of the road between 4th Avenue and 6th Avenue, but in 2010 this restriction was removed.



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