



Athletics Canada/Run Canada Measurement Certificate

Name of the course World Masters 10 km Race Walk Distance 10 km
Location (city) Kamloops, BC (province) BC
Type of course: road race ☒ calibration ☐ track ☐ Configuration: Loop (8 laps)
Type of surface: paved 100 % dirt % gravel % grass % track %
Elevation (meters above sea level) Start 345 m Finish 343 m Highest 345 m Lowest 343 m
Straight line distance between start & finish 500 m Drop +0.2 m/km Separation 5 %
Measured by (name, address, phone & e-mail) Paul Adams #55-678 Citadel Drive
Port Coquitlam, BC, V3C 6M7 604-945-4604
Race contact (name, address & phone) Wayne Richardson 74-1395 Hillside Drive
Kamloops, BC, V2E 2R7 250-377-4055
Measuring Methods: bicycle ☒ steel tape ☐ electronic distance meter ☐
Number of measurements of entire course: 2 Date(s) when course measured: March 1, 2010
Race date: March 5, 2010 Course paperwork submission date: March 2, 2010
Replaces: (if applicable) Certification code: BC-2010-005-BDC

Notice to Race Director
Use this Certification Code in *all* public
announcements relating to your race.

Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If *any* changes are made to the course, this certification becomes void, and the course must then be recertified.

Validation of Course — In the event a National Open Record is set on this course, or at the discretion of Athletics Canada/Run Canada, a validation remeasurement may be required to be performed by a qualified measurer. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

This certification expires on December 31 in the year 2020

AS NATIONALLY CERTIFIED BY:

Bernard Conway
Bernard Conway - Athletics Canada/Run Canada National Certifier
- IAAF/AIMS Grade A Measurer
- USATF/RRTC Final Signatory

Date: March 3, 2010

67 Southwood Crescent, London, Ontario, Canada, N6J 1S8

Phone: 519-641-6889 (H) Fax: 519-641-6889 E-mail: measurer@rogers.com

World Masters 10km Walk

McArthur Island Park, Kamloops, British Columbia

March 5, 2010

Athletics Canada Certified BC-2010-005-BDC

Notes:

1. This is a one time course to be certified for the single event on March 5, 2010 only.
2. The course across the parking lot follows the shortest possible route.
3. Except for the parking lot the route is on a paved path and curbed roads.
4. The 10km event consists of the following segments:

- start to point A
- 8 complete loops from point A to A
- point A to the finish

