To Co

Athletics Canada/Run Canada Measurement Certificate

Name of the course	19.916 m Cal.	Course	Distance 349.916 m	
Location (city) Kamloops				
Type of course: road race calibration X				
Type of surface: paved X dirt				
Elevation (meters above sea level) 344 m				
Straight line distance between start & finish 349			m/km Separation 100 %	
Measured by (name, address, phone & e-mail)				
Port Coquitlam, BC, V3C 6M7	90(248) (000740-48 2190 W000994-170 UAWW-60-170 S188 477 W000		Wayne Richardson	
Contact (name, address & phone)				
ORD IS NOW SELVED A DESCRIPTION				
Measuring Methods: steel tape X electron	onic distance meter			
Number of measurements of entire course:two _ D		neasured:	Dec. 17, 2009	
			Jan. 12, 2010	
Replaces: (if applicable			on code:	
			BC-2010-003-BDC	

Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If *any* changes are made to the course, this certification becomes void, and the course must then be recertified.

Validation of Course — In the event a National Open Record is set on this course, or at the discretion of Athletics Canada/Run Canada, a validation remeasurement may be required to be performed by a qualified measurer. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

AS NATIONALLY CERTIFIED BY:

- Sempre onway	Date:	Jan.	12,	2010	
Parnard Convey Attacking County D. C. 1971: 10 10					-

Bernard Conway - Athletics Canada/Run Canada National Certifier

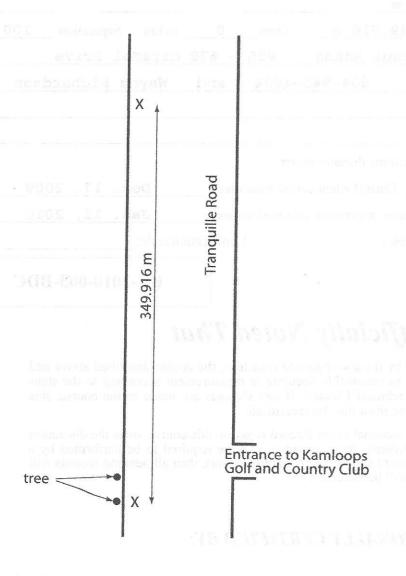
- IAAF/AIMS Grade A Measurer

- USATF/RRTC Final Signatory

67 Southwood Crescent, London, Ontario, Canada, N6J 1S8

Phone: 519-641-6889 (H) Fax: 519-641-6889 E-mail: measurer@rogers.com

Tranquille Road Calibration Kamloops, BC Certificate: BC-2010-003-BDC



The Tranquille Road Calibration course is located in Kamloops on Tranquille Road.

The West Pin is located at the start line to the World Masters Half Marathon. It is exactly in line with the 2nd tree west of the entrance to the Kamloops Golf and Country Club; the first tree is across the streetfrom the west edge of the entrance.

The East Pin is located 349.916 m north of the West Pin. There is no convenient landmark at this site. The best way to locate the pin is to use a GPS device which will locate the pin within 5m or measure from the north pin with an approximate calibration constant for the bike.

Both pins are about 0.1m from the edge of the pavement and are marked with a nail.