



Athletics Canada/Run Canada Measurement Certificate

Name of the course Avenue Arnaud 400 m Cal. Course Distance 400 m
Location (city) Sept-Iles (province) Québec
Type of course: road race calibration ☒ track Configuration: Point to Point
Type of surface: paved ☒ dirt _____ gravel _____ grass _____ track _____
Elevation (meters above sea level) 3 m
Straight line distance between start & finish 400 m Drop 0 m/km Separation 100 %
Measured by (name, address, phone & e-mail) Gilles Cormier 241 Parent Nord, Rimouski,
Québec, G5L 6P2 and Simon Bouchard 146 De Quen, Sept-Iles, QC
Contact (name, address & phone) _____

Measuring Methods: steel tape ☒ electronic distance meter
Number of measurements of entire course: two Date(s) when course measured: July 20, 2009
Course paperwork submission date: Nov. 24, 2009
Replaces: _____ (if applicable) Certification code: _____

QC-2009-137-BDC

Be It Officially Noted That

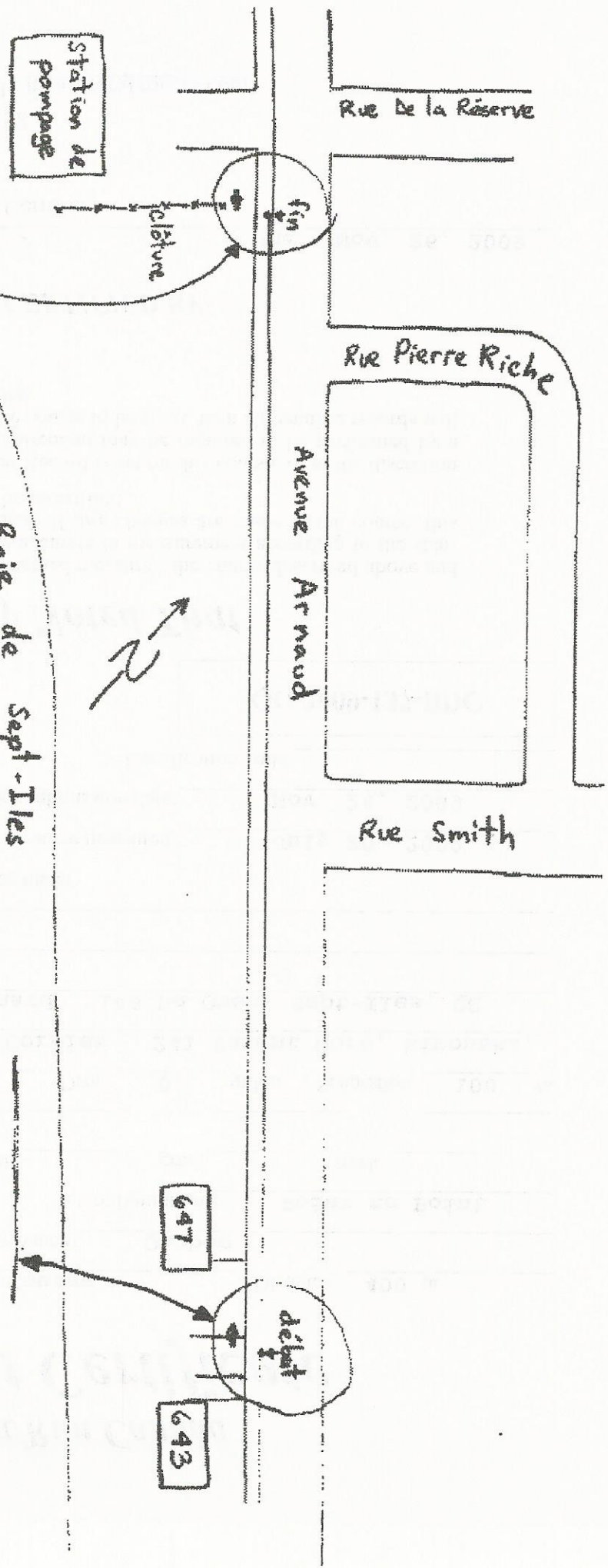
Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If *any* changes are made to the course, this certification becomes void, and the course must then be recertified.

Validation of Course — In the event a National Open Record is set on this course, or at the discretion of Athletics Canada/Run Canada, a validation remeasurement may be required to be performed by a qualified measurer. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

AS NATIONALLY CERTIFIED BY:

Bernard Conway Date: Nov. 26, 2009
Bernard Conway - Athletics Canada/Run Canada National Certifier
- IAAF/AIMS Grade A Measurer
- USATF/RRTC Final Signatory

67 Southwood Crescent, London, Ontario, Canada, N6J 1S8
Phone: 519-641-6889 (H) Fax: 519-641-6889 E-mail: measurer@rogers.com



QC-2009-137-BDC

Baie de Sept-Iles

1,121 mètres
Bordure de béton
Borne-fontaine
à 2,960 mètres

Avenue Arnaud
Clou à béton
ligne de rive (clous)
voie cyclable
bordure de béton
2,728 mètres
Borne-fontaine
à 3,260 mètres

Parcours de calibration de 400 mètres

Avenue Arnaud, Sept-Iles QC

mesuré le 19 juillet 2008

Alle C...

échelle : aucune