



# Athletics Canada/Run Canada Measurement Certificate

Name of the course 10 km de la Course Pierrefonds Open Distance 10 km  
Location (city) Pierrefonds (province) QC  
Type of course: road race  calibration track Configuration: Loop (2 laps)  
Type of surface: paved 100 % dirt \_\_\_\_\_ % gravel \_\_\_\_\_ % grass \_\_\_\_\_ % track \_\_\_\_\_ %  
Elevation (meters above sea level) Start 57 m Finish 57 m Highest \_\_\_\_\_ Lowest \_\_\_\_\_  
Straight line distance between start & finish 120 m Drop 0 m/km Separation 1.2 %  
Measured by (name, address, phone & e-mail) Laurent Lacroix 131 Sunnyside Blvd.  
Winnipeg, Manitoba, R3J 3M1 and Michel Brochu  
Race contact (name, address & phone) Michel Brochu 11911 Poincaré  
Montréal, QC, H3L 3L6 514-956-7966  
Measuring Methods: bicycle  steel tape electronic distance meter  
Number of measurements of entire course: 2 Date(s) when course measured: July 25, 2009  
Race date: \_\_\_\_\_ Course paperwork submission date: Aug. 4, 2009  
Replaces: \_\_\_\_\_ (if applicable) Certification code: QC-2009-099-BDC

Notice to Race Director  
Use this Certification Code in *all* public  
announcements relating to your race.

## Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If *any* changes are made to the course, this certification becomes void, and the course must then be recertified.

*Validation of Course* — In the event a National Open Record is set on this course, or at the discretion of Athletics Canada/Run Canada, a validation remeasurement may be required to be performed by a qualified measurer. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

*This certification expires on December 31 in the year 2019*

AS NATIONALLY CERTIFIED BY:

Bernard Conway  
Bernard Conway — Athletics Canada/Run Canada National Certifier

Date: Aug. 7, 2009

- IAAF/AIMS Grade A Measurer  
- USATF/RRTC Final Signatory

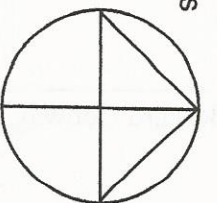
67 Southwood Crescent, London, Ontario, Canada, N6J 1S8

Phone: 519-641-6889 (H) Fax: 519-641-6889 E-mail: [measurer@rogers.com](mailto:measurer@rogers.com)

# 10 km de la Course Pierrefonds Open

## Pierrefonds, QC

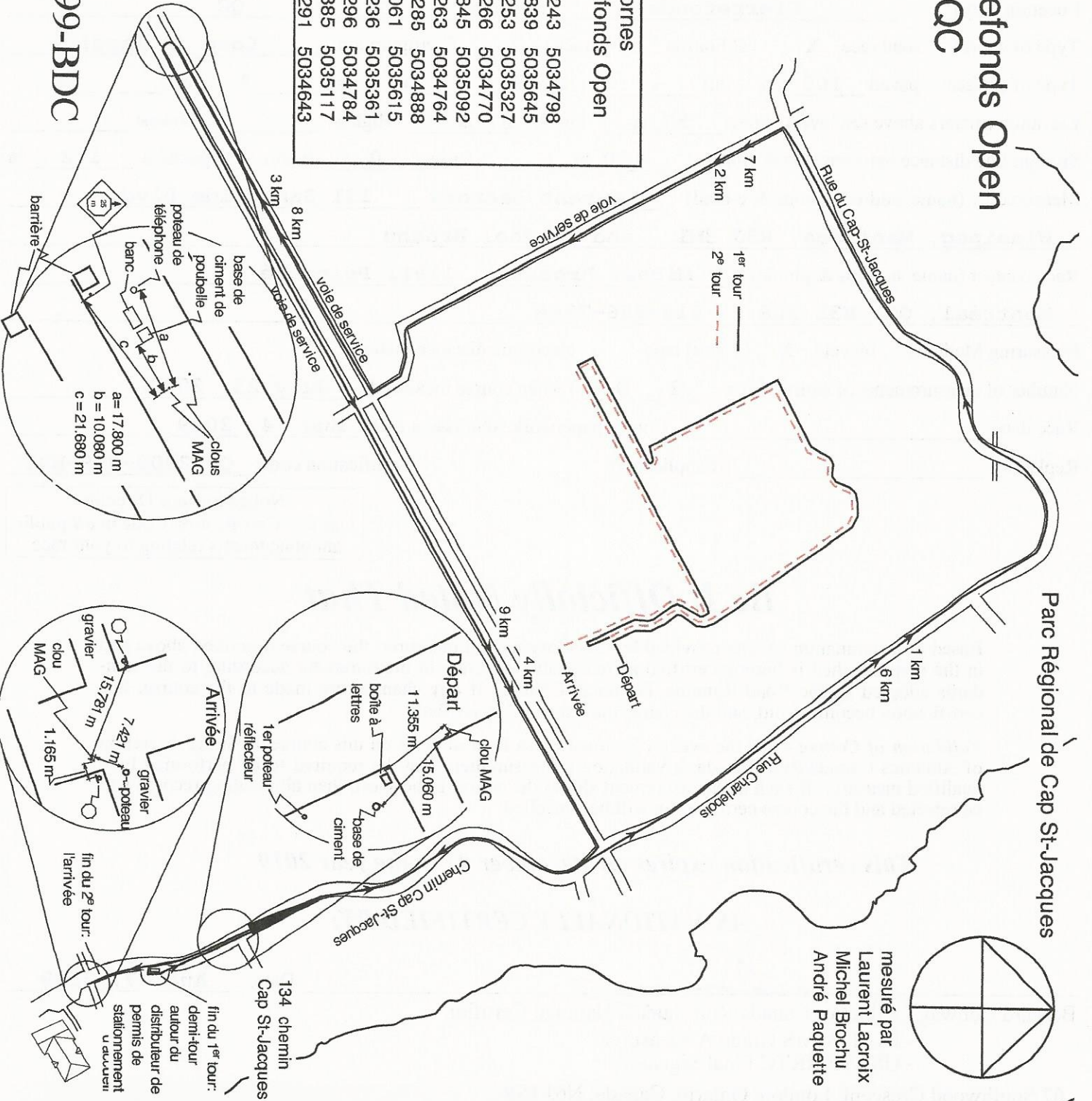
Parc Régional de Cap St-Jacques



mesuré par  
Laurent Lacroix  
Michel Brochu  
André Paquette

**Lecture GPS des bornes de la Course Pierrefonds Open**

Départ:	18T	0584243	5034798
1 km:	18T	0583839	5035645
2 km:	18T	0583253	5035327
3 km:	18T	0583266	5034770
4 km:	18T	0583845	5035092
5 km:	18T	0584263	5034764
Demi-tour:	18T	0584285	5034888
6 km:	18T	0583061	5035615
7 km:	18T	0583236	5035361
8 km:	18T	0583296	5034784
9 km:	18T	0583885	5035117
Arrivée:	18T	0584291	5034643



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