



# Athletics Canada/Run Canada Measurement Certificate

Name of the course Maski Courons International 10k Distance 10 km  
Location (city) Mandeville (province) QC  
Type of course: road race ☒ calibration track Configuration: Loop  
Type of surface: paved 100 % dirt \_\_\_\_\_ % gravel \_\_\_\_\_ % grass \_\_\_\_\_ % track \_\_\_\_\_ %  
Elevation (meters above sea level) Start 145 m Finish 145 m Highest \_\_\_\_\_ Lowest \_\_\_\_\_  
Straight line distance between start & finish <50 m Drop 0 m/km Separation <0.5 %  
Measured by (name, address, phone & e-mail) Christine Bush & Mark McGowan  
130 Maria, Lasalle, QC, M8R 3M1 514-365-2274  
Race contact (name, address & phone) Raymond Mallette (Race Director)  
151 Rue St. Gabrielle, St. Cabriel de Brandon, QC, J0K 2N0 450-835-2105  
Measuring Methods: bicycle ☒ steel tape electronic distance meter  
Number of measurements of entire course: 2 Date(s) when course measured: June 13, 2009  
Race date: \_\_\_\_\_ Course paperwork submission date: \_\_\_\_\_  
Replaces: \_\_\_\_\_ (if applicable) Certification code: QC-2009-092-BDC

Notice to Race Director  
Use this Certification Code in *all* public  
announcements relating to your race.

## Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If *any* changes are made to the course, this certification becomes void, and the course must then be recertified.

**Validation of Course** — In the event a National Open Record is set on this course, or at the discretion of Athletics Canada/Run Canada, a validation remeasurement may be required to be performed by a qualified measurer. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

*This certification expires on December 31 in the year 2019*

**AS NATIONALLY CERTIFIED BY:**

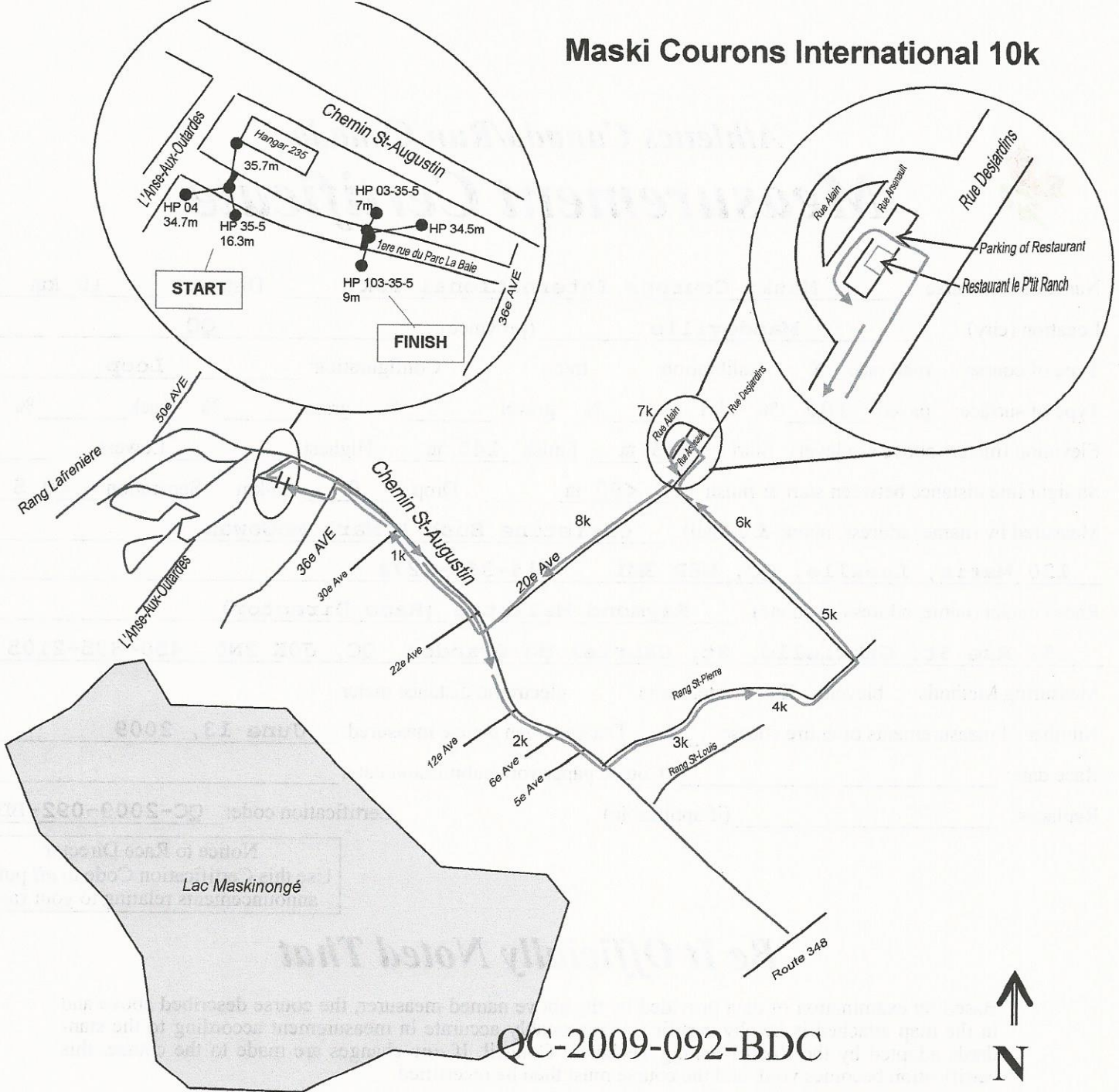
Bernard Conway  
Bernard Conway - Athletics Canada/Run Canada National Certifier  
- IAAF/AIMS Grade A Measurer  
- USATF/RRTC Final Signatory

Date: July 15, 2009

67 Southwood Crescent, London, Ontario, Canada, N6J 1S8

Phone: 519-641-6889 (H) Fax: 519-641-6889 E-mail: [measurer@rogers.com](mailto:measurer@rogers.com)

# Maski Courons International 10k



QC-2009-092-BDC

## Notes:

Measured by Mark McGowan & Christine Bush June 13, 2009

Course is run entirely on paved city street surface. Course is run on the right hand side of the road and is coned the entire distance to keep runners on ride hand side of road.

- 1k – After 30<sup>e</sup> Ave. between #610 & # 530 St. Augustin, 15.7m across street from hydro pole #4
- 2k – In between 244 & 240 St. Augustin
- 3k – After #251 St. Augustin, 19.9m of hydro pole #72
- 4k – On top of hill on Rang St. Pierre, 29.3m from hydro pole #82
- 5k – On 21<sup>e</sup> Ave. 10m north east of 80km/h yellow road sign
- 6k – On south east corner of property #251 – 21<sup>e</sup> Ave.
- 7k – At the exit of rear of parking lot of Restaurant P'tit Ranch on corner wear it intersects with Rue Arsenault.
- 8k – On the downhill of 20<sup>e</sup> Ave. 8 post before end of guard rail.
- 9k – At corner of 22<sup>e</sup> Ave. & St. Augustin, 23m from Bell Canada brown box