Athletics Canada/Run Canada

Measurement Certificate

Name of the course	Maski Courons	International 5k	Distance	5 km
	Mandeville			
Type of course: road ra	ce X calibration	track Configura	tion:	Loop
	100_ % dirt			
Elevation (meters above s	ea level) Start 145 m	Finish 145 m Hi	ghest I	Lowest
Straight line distance bety	veen start & finish <50	Om Drop C	m/km Sepa	ration <1 %
	ess, phone & e-mail)Ch			
	salle, QC, M8R 3M1			
	ess & phone) Raymon			
	brielle, St. Cabri			
	cycle X steel tape			
	of entire course: 2 Da			009
	Course			
Replaces:	(if applicable)		fication code: QC-	
			Use this Certification	ace Director on Code in <i>all</i> public slating to your race.
	Be It Offi	cially Noted T	That	
dards adopted	nination of data provided by tached is hereby certified as r by the Road Running Techn comes void, and the course m	he above named measurer, easonably accurate in meas	the course described	the oten
Validation of (Course — In the event a Nati	onal Open Record is set on	this course, or at the	discretion

qualified measurer. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

This certification expires on December 31 in the year 2019

	1 ()	2756 PROTECTION				
	Glinas onevos	-		Date	July 15, 20	000
Damand Carre	19		nere de la composição 	Daic.	UULY 15, 20	109

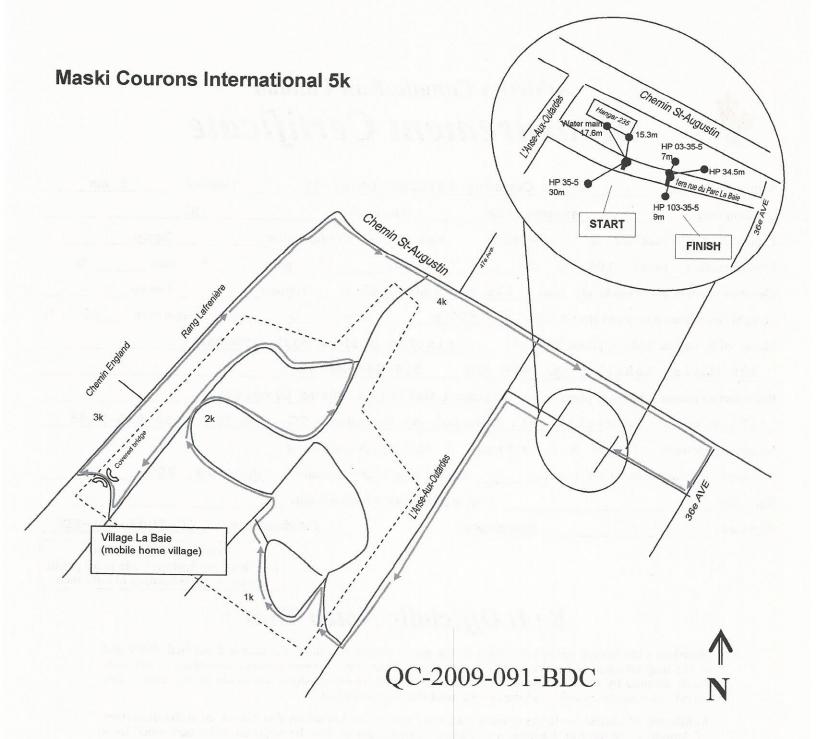
AS NATIONALLY CERTIFIED BY:

hard Conway - Athletics Canada/Run Canada National Certifier

- IAAF/AIMS Grade A Measurer - USATF/RRTC Final Signatory

67 Southwood Crescent, London, Ontario, Canada, N6J 1S8

Phone: 519-641-6889 (H) Fax: 519-641-6889 E-mail: measurer@rogers.com



Notes:

Measured by Mark McGowan & Christine Bush June 13, 2009

Course is run entirely on paved city street surface. Runner's have run of the road from Start to exit point of Village la Baie on Rang Lafrenière where it is coned off to keep runners on right hand shoulder of road for the rest of the race.

1k-8.7m from lot VF7 marker & 8.3m from lot VE11 marker in Village la Baie property.

2k - 23.8m east of stop sign at intersection of VA / VB road in Village la Baie property.

3k - Just west of corner of Rang Lafreniere & Chemin England, 18.8m from hydro pole #84.

4k - In front of #907 Chemin St. Augustin, 16.84m southwest of hydro pole Z4C4M.